

ILLINOIS DEPARTMENT OF CENTRAL MANAGEMENT SERVICES  
CLASS SPECIFICATION

PHYSICAL THERAPY AIDE SERIES

<u>CLASS TITLE</u>	<u>POSITION CODE</u>
PHYSICAL THERAPY AIDE I	32191
PHYSICAL THERAPY AIDE II	32192
PHYSICAL THERAPY AIDE III	32193
	Effective: 2-1-76
PHYSICAL THERAPY AIDE I	POSITION CODE: 32191

DISTINGUISHING FEATURES OF WORK:

Under immediate supervision, following an initial period of training, assists in the administration of routine forms of subprofessional physical therapy treatment; operates physical therapy equipment; assists in maintaining equipment, materials and treatment facilities; provides physical care and assistance to patients; performs related functions as required or assigned.

ILLUSTRATIVE EXAMPLES OF WORK:

1. Administers or assists in the administration of physical therapy treatment programs as planned by a registered Physical Therapist; administers muscle training, motion exercises and massage; assists patients in the use of training walkers; receives training in and assignment to physical therapy treatments of increasing difficulty; administers routine forms of physical therapy, therapy treatment as prescribed by an attending physician.
2. Lifts or assists nonambulatory patients from wheelchairs to tables or other therapy apparatus; prepares patient and sets up equipment for specified treatment; assists and instructs patients in the use of parallel bars, weights and pulleys; administers whirlpool and tilt-table programs.
3. Cleans and oils braces and walkers, adjusts and makes minor repairs to physical therapy equipment; changes linen on tile-table and other therapy equipment; assists in maintaining clean and orderly treatment area.
4. Observes and records progress of patients receiving physical therapy treatment; maintains related records and reports activities and problems to supervisory personnel.
5. Performs other duties as required or assigned which are reasonably within the scope of the duties enumerated above.

DESIRABLE REQUIREMENTS:

Knowledges, Skills and Abilities

Requires elementary knowledge of precautions to be observed in lifting and moving patients and the ability to make simple adjustments to physical therapy appliances.

Requires ability to acquire and apply skills in the administration of routine forms of subprofessional physical therapy treatment and operation of standard physical therapy equipment.

PHYSICAL THERAPY AIDE II

POSITION CODE: 32192

**DISTINGUISHING FEATURES OF WORK:**

Under direct supervision, serves as an experienced aide in the administration of various forms of physical therapy treatment; assumes responsibility for carrying out assigned treatment programs as planned by a registered Physical Therapist; may assist in the training and supervision of Physical Therapy Aides I.

**ILLUSTRATIVE EXAMPLES OF WORK:**

1. Administers routine and advanced physical therapy treatment programs as planned by a registered Physical Therapist; administers or assists in the administration of various forms of treatment, including ultraviolet ray, infrared, diathermy and massage and related treatments following surgery, accidents or for alleviation of a residual or chronic condition; administers routine forms of treatment as prescribed by a physician.
2. Assumes responsibility for administering planned treatment programs on an assigned unit, ward, cottage or comparable portion of a physical therapy department, or carries out a portion of planned treatment programs in a centralized physical therapy facility at a state school or institution.
3. Administers muscle training and motion exercises, as well as all forms of massage; provides personal care to patients; assists and instructs patients in the use of physical therapy equipment; studies and records progress of patients; maintains records of all treatments administered and results of each.
4. Operates and maintains physical therapy equipment; maintains a clean and orderly treatment area or assists in maintaining central physical therapy facilities; consults supervisor on treatment activities and problems; makes recommendations regarding program practices and procedures.
5. May train and supervise lower level aides and/or ward personnel assisting in physical therapy treatments; may receive instructions and supervision from a Physical Therapy Aide III as authorized by a registered Physical Therapist; cooperates with other personnel in the treatment and rehabilitation of patients.
6. Performs other duties as required or assigned which are reasonably within the scope of the duties enumerated above.

**DESIRABLE REQUIREMENTS:**

Education and Experience

Requires one year of experience in physical therapy aide work and/or training which has provided a working knowledge of the potential hazards involved in physiotherapy treatments, and necessary precautionary methods.

Knowledges, Skills and Abilities

Requires the ability to adjust, operate and make minor repairs to physical therapy equipment.

PHYSICAL THERAPY AIDE III

POSITION CODE: 32193

**DISTINGUISHING FEATURES OF WORK:**

Under general supervision, serves as the senior aide in the supervision and/or administration of physical therapy treatments for a physical therapy department, or major portion thereof, at a state school, hospital or institution; supervises and/or administers a wide variety of physical therapy treatments; exercises and comprehensive treatment programs as planned by a registered Physical Therapist; may assist in the supervision and training of lower level aides and/or other personnel; may serve in a lead worker capacity and/or as assistant to the Physical Therapist.

**ILLUSTRATIVE EXAMPLES OF WORK:**

1. Supervises the administration of planned physical therapy treatments and treatment programs for an assigned area of a state school, hospital or institution; supervises a staff of lower level aides engaged in the administration of various forms of treatment, including ultraviolet ray, infrared, diathermy, massage and related treatments and therapeutic exercises following surgery, accidents or for alleviation of a residual or chronic condition; administers or assists in the administration of the more complex forms of treatment.
2. Assumes responsibility of physical therapy treatment services for a major portion of a physical therapy department at a state hospital; administers planned physical therapy treatments for patients in assigned area; schedules and arranges transportation of patients to and from treatment unit; operates and maintains physical therapy equipment; observes and records patient reactions and progress; maintains necessary records and prepares comprehensive reports of treatment activities; responsible for maintenance of treatment room; requests supplies and equipment; confers with members of various disciplines in developing total nursing care plans for residents/ patients.
3. Serves as assistant to a registered Physical Therapist; supervises and/or monitors the administration of planned physical therapy treatments; oversees and assists lower level aides in the administration of difficult forms of treatment; administers the more complex forms of treatment requiring the operation of specialized physical therapy equipment; advises supervisor as to treatment activities and problems; maintains records and prepares reports for the physical therapy department; assists in carrying out all phases of operations in a physical therapy department as directed by the registered Physical Therapist.
4. Assists in training lower level Physical Therapy Aides and/or other personnel in the personal care and transportation of patients, the administration of treatments and therapeutic exercises, and maintenance of physical therapy equipment; demonstrates learned physical therapy techniques to personnel in community based programs; consults with clinical and other professional staff as required.
5. Performs other duties as required or assigned which are reasonably within the scope of the duties enumerated above.

PHYSICAL THERAPY AIDE III (Continued)

DESIRABLE REQUIREMENTS:

Education and Experience

Requires two years of experience in physical therapy aide work and/or training which has provided extensive knowledge of the potential hazards involved in physiotherapy treatments, and necessary precautionary methods.

Knowledges, Skills and Abilities

Requires working knowledge of medical terminology and the muscular, skeletal and nervous systems.

Requires the ability to adjust, operate and make minor repairs to physical therapy equipment.