

ILLINOIS DEPARTMENT OF CENTRAL MANAGEMENT SERVICES  
CLASS SPECIFICATION

NUTRITIONIST

POSITION CODE: 29820  
Effective: 6-1-00

DISTINGUISHING FEATURES OF WORK:

Under general supervision, provides professional nutrition, dietetic and food service program coordination, evaluation, consultation, technical assistance and in-service training to institutions, facilities or agencies within a specifically assigned geographical area, region or program; performs highly specialized and technical work relating to the agency's nutritional and/or food service programs, such as Maternal and Child Health or Special Supplemental Nutrition Program for Women, Infants and Children (WIC).

ILLUSTRATIVE EXAMPLES OF WORK:

1. Serves as nutrition consultant for a nutrition program in a specific geographical area, region or program.
2. Plans, develops, conducts and evaluates highly specialized and technical nutrition, dietetic or food service programs.
3. Plans, develops and conducts or arranges in-service educational programs in nutrition and food service for professional and allied health staff.
4. Reviews and evaluates the operation and effectiveness of nutrition programs; recommends new policies, standards, methods and procedures to meet program needs.
5. Provides the full range of professional consultation and technical assistance in nutrition, dietetics and food service management to professional and allied health staff, public health and related agencies, other agencies and providers of health care.
6. Interprets nutrition programs and research findings to, and maintains cooperative relations with, civic, educational, governmental, research, not-for-profit and other groups concerned with food and nutrition.
7. Develops and conducts studies and surveys on the relationship of nutrition and/or dietary factors to health and disease.

## NUTRITIONIST (continued)

8. Assists in preparing, reviewing and selecting nutrition and other educational information material pertaining to the program for dissemination to various communications media and/or for use with clinical activities in relation to the program.
9. Performs other duties as required or assigned which are reasonably within the scope of the duties enumerated above.

## DESIRABLE REQUIREMENTS:

Education and Experience

Requires knowledge, skill and mental development equivalent to completion of four years of college, supplemented by a master's degree in nutrition, dietetics or food service management.

Requires possession of a Dietitian license valid in Illinois.

Preferably requires registration by the Commission on Dietetic Registration.

Knowledges, Skills and Abilities

Requires extensive knowledge of nutrition, dietetics and food service management principles.

Requires working knowledge of state and federal nutrition standards, rules and regulations.

Requires working knowledge of the principles and practices of public or business administration.

Requires working knowledge of classroom presentation, teaching methods and techniques.

Requires ability to develop, enforce, conduct and evaluate nutrition or food service programs.

Requires ability to coordinate nutrition and/or food service programs with other operating programs.

Requires ability to evaluate nutrition programs and recommend new policies and standards, and provide technical assistance.

Requires ability to present ideas and concepts in a clear, concise manner.

Requires ability to follow an organized outlined training program.

Requires ability to speak effectively before groups.

Requires ability to communicate effectively, both orally and in writing.

Requires ability to establish and maintain satisfactory working relationships with public and private groups and agencies concerned with nutrition.