16-001

February 29, 2016

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HEALTH FACILITIES &
SERVICES REVIEW BOARD

Illinois Health Facilities and Review Board

Att: Courtney Avery
Administrator

This is another opinion against the demolition of Palos Health and Fitness Center as a part of the proposed redevelopment project. It appears to be a tremendous asset to the health care community as well as paying for itself. It was built for a reason and that reason is justification for its existence.

Why start this whole thing by destroying something? There is much open land adjacent and near the center. The project won't even start right away. Why is it necessary to immediately demolish something that could possibly be integrated into the new facilities and even be complimentary as expanded for therapy purposes.

It reminds me of the rush to buy up farmers' land downstate for the Peotone airport. Destroy first, try to justify it later. Who is it that so badly wants to destroy this excellent facility?

Please reconsider and at least postpone the closing of the facility until it is determined that it really is necessary.

Barbara Allen
11833 Dunree Lane
Orland Park, IL 60467

Barbara Allen

Ann Cashman
18926 Marley Ln
Mokena, IL 60448

February 27, 2016

Ms. Courtney Avery, Administrator
Il. Dept of Public Health
525 W. Jefferson, 2nd Floor
Springfield, Il. 62761

Dear Ms. Avery:

This letter is to appeal to you in regards to the closing of the Palos **Health and Fitness Center in Orland Park.**

As you have probably heard countless times, there is no other facility **comparable to this one. My surgeon and general physician has forbidden all exercise except in the water. I can't tell you how beneficial this has been. Please do everything in your power to keep this facility open. There** are no others anywhere who offer what this one **does. We have no place to go. The alternatives given do not come close. There must be an alternative solution.**

I am a 73 year old widow and this has been a godsend to my physical **and mental well being. I have met several people inn my same circumstances. Thank you for your consideration in this matter. We look forward to a positive outcome.**

Sincerely,

Ann Cashman

Ann Cashman

"OPPOSED TO PALOS HOSPITAL SOUTH CAMPUS EXPANSION"

GLADYS MIKOS
10653 EAGLE RIDGE DR
ORLAND PARK, IL 60467
708 478 0059

FEB. 29, 2016

DEAR MS COURTNEY AVERY

PLEASE DO WHAT IS RIGHT FOR OUR COMMUNITY. I CAN NOT BELIEVE THIS COULD HAPPEN. THERE IS NO PLAUSIBLE REASON FOR THIS. I AM ONLY ONE OF MANY WHO YOU WILL BE TAKING AWAY MY QUALITY OF LIFE. IT IS THE ONLY THING I HAVE TO KEEP ME GOING.

I COME 3 DAYS EACH WEEK FOR 5 OR 6 HOURS. I HAVE ARTHRITIS THERAPY FOR 45 MINS. IN THE POOL TAUGHT BY A CERTIFIED SWIM TEACHER. THEN GENTLE YOGA THIS ALSO A THERAPY CLASS AGAIN 45 MIN WITH A CERTIFIED YOGA TEACHER. NEXT TAI CHI 45 MIN WITH AGAIN A QUALIFIED INSTRUCTOR.

THIS WHAT PCH TALKS ABOUT, ALL IN ONE LOCATION. WE HAVE THAT RIGHT HERE. HOSPITALS & DOCTORS FROM ALL OVER SEND US HERE. MY DR. IS FROM RUSH. THIS IS THE ONLY PLACE PEOPLE CAN COME TO WHEN DRS. TELL YOU THEY HAVE DONE ALL THAT CAN BE DONE. THIS WILL NEVER CHANGE .

PHC WANTS TO PROVIDE TOP OF THE LINE HEALTH CARE OPTIONS . BRING IN SPECIALIST ETC. HEALTH CARE IS CHANGING WHAT THEY ARE PROPOSING WILL ALLOW THEM TO OFFER TOMORROW'S CARE TODAY. ALL IS WELL &GOOD. WE ARE ONLY BEGGING YOU TO HAVE YOUR ENGINEERS AND ARCHITECT SAVE PHFC AND PUT THE UNDER GROUND PARKING LOT ELSE WHERE. WHERE THERE IS A WILL THERE IS A WAY...

PLEASE PEOPLE WHO TALK THE TALK COME WALK THE WALK. COME FOR A WEEK OR TWO. UNLESS YOU TRY THE CLASSES. GO IN THE POOLS. WE HAVE BOTH A LAP POOL AND THERAPY POOL. ALL THE AMENITIES LIFT CHAIR IN BOTH POOLS. ALL SORTS OF EQUIPMENT TO USE TN THE POOL. CLEAN LOCKERS TOWELS , SOAP, SHAMPOO,PLASTIC BAGS FOR THE WET SWIM CLOTHS, BLOW DRYER. DEODERANT ETC. ALL THIS AND MORE. PERSONAL TRAINERS. MASSAGE PARLOR. CAFE. STATE OF THE ART GYM EQUITMENT. INSIDE WALKING TRACK, DAY CARE, PEOPLE WHO TAKE YOUR BLOOD PRESURE. ETC . UNBELIEVE AMENITIES... WE KNOW WHAT THE PROBLEM IS... IT DOES NOT MAKE MONEY THAT IS WHY YOU WILL NOT FIND ANYTHING ANYWHERE CLOSE TO THIS, NO ONE WANTS TO HAVE SUCH A WONDERFUL PLACE AND NOT MAKE MILLONS...IT IS NOT FUNDED, NO INS PAYS NO MEDICARE OR MEDICADE. ALL THAT WENT TO

OUR HOSPITALS AND DOCTORS. NOW WE PAY OUT OF POCKET. IT IS ALL ABOUT MONEY . MONEY TALKS LOUDER THAN WORDS. WE ARE ALL JUST HOPPING AND SAYING PRAYERS THAT YOU CAN SAVE OUR PLACE AND MAYBE IT CAN BE THEIR FOR SOMEONE YOU LOVE, AND THEN YOU WILL UNDERSTAND AND BE ABLE TO LOOK IN THE MIRROW AND SMILE.

THANK YOU FOR READING MY LETTER OF HOPE,

GLADYS MIKOS

Gladys Mikos

DEAR MS. AVERY

this note concerns the soon to be closed Palos health and fitness center.My wife Janet and I, Eric Breunig are both members and work out on the exercise machines as well as take part in the water aerobics classes. We feel that the time we spend here is very benefical and there are a few thousand other people,many of them with lots of mobility problems who partake in the programs which keep them moving,especialy in the heated pools which are designed for people with special problems. In a few months the place will close and be demolished to make room for an outpatient facility. All of the 4000+ members feel that the new facility,which we certainly approve of should be erected at another site in the orland park/Homer glen area. This would make both the Palos/ Loyola Hospital group and all of us old folks happy. Respectfully yours, Janet and Eric

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SERVICE BOARD

Eric Breunig

Janet Breunig