T1 Visions, LLC

7415 Winwood Way
Downers Grove, IL 60516

May 27, 2016

RECEIVED

MAY 27 2016

HEALTH FACILITIES & SERVICES REVIEW BOARD

VIA EMAIL AND DELIVERY

Ms. Courtney Avery
Illinois Health Facilities and Services Review Board
525 W. Jefferson Street, 2nd Floor
Springfield, IL 62761
courtney.avery@Illinois.gov

Re: Support for Project 15-044, Transformative Health of McHenry - (PSA) Primary Service Area Comparison & Differentiation Analysis

Dear Ms. Avery,

The attached report is being provided in support of Project 15-044, Transformative Health of McHenry. Our organization was contracted by the Applicant to assist in providing the Board an independent, third party factual comparison of the "Project" to existing providers in the PSA.

In addition to the analysis provided, our organization conducted "Mystery Shopper Tours" of all PSA providers including those who have expressed opposition to the Project. All observations made by mystery shoppers have been redacted from our report in an effort to provide a non-prejudicial review of our findings. Narratives of these tours are available upon request.

Thank you for allowing us to provide this information to the Board and express our strong support for Project 15-044.

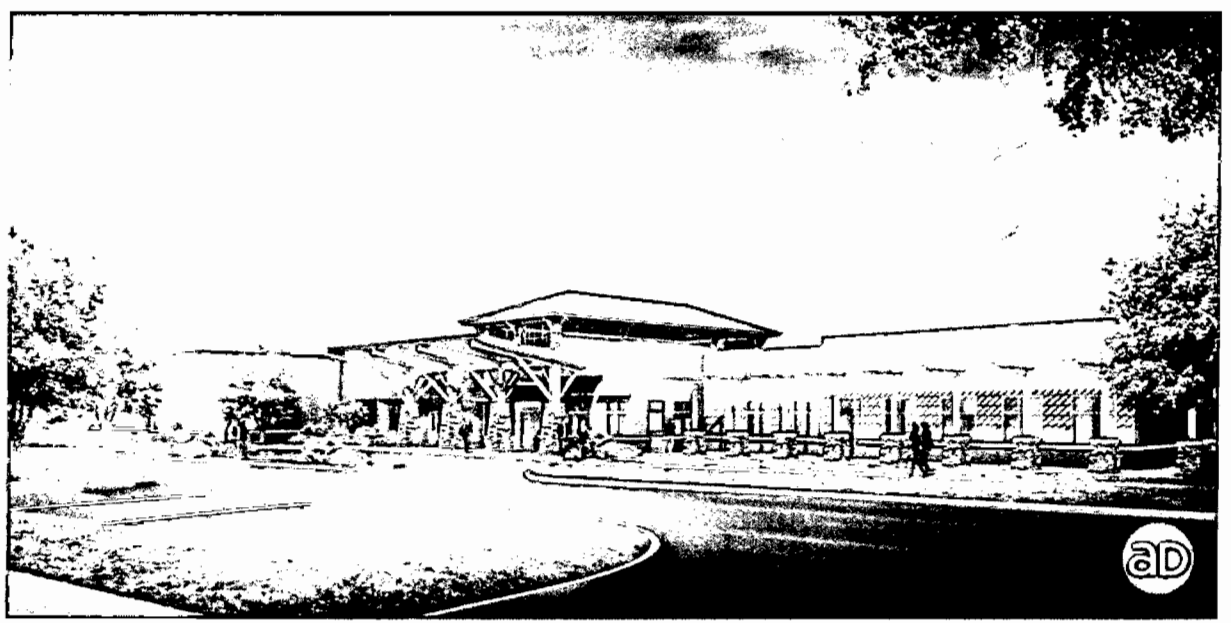
Respectfully,

Tim Wisely

Tim Wisely
Manager
T1 Visions, LLC

Transformative Health of McHenry

Project #15-044 (Proposed)



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Information	Sources
The Proposed Project	TCO JV, LLC
Differentiating Characteristics PSA	TVO JV, LLC
5 Star Ratings	www.medicare.gov/NursingHomeCompare/profile
Health Inspection Citations	www.medicare.gov/NursingHomeCompare/profile
Life Safety Inspection Citations	www.medicare.gov/NursingHomeCompare/profile
Federal Penalties	www.medicare.gov/NursingHomeCompare/profile
Licensed Beds, Beds in Use, Utilization	Long-Term Care Facility Questionnaire for 2014, Illinois Department of Public Health, Health Systems Development, (http://www.hfsrb.Illinois.gov/pdf/LTC%20profiles%202014%20-%20Revised%2010-14-15.pdf)
Facility Size and Age	Illinois Department of Healthcare and Family Services Cost Reports (http://www.Illinois.gov/hfs/MedicalProviders/CostReports/Pages/default.aspx)
Capital Expenditures (5 Years)	Illinois Department of Healthcare and Family Services Cost Reports (http://www.illinois.gov/hfs/MedicalProvider/CostReports/Pages/default.aspx)
Capital Rate Component / Medicaid	Illinois Department of Healthcare and Family Services – Medicaid Rate List as of 4-01-2016.
Medicare Case Studies	Milliman Group
First Impression Report	T1 Visions, LLC
Adjusted Travel Times – 30 Minute Contour	Foley & Associates: www.mapquest.com

Differentiating Characteristics of the Project to the PSA:

	Transformative Health of McHenry	Existing 30-Min. Facilities
ALL Private Rooms	YES	NO
ALL Rooms with Bath/Shower	YES	NO
GSF per Bed	700	309.6 avg.
# Beds	98	123 avg.
Age	NEW	36 yrs. avg.
Double occupancy rooms	NO	YES
Triple Occupancy Rooms	NO	YES
Located on Hospital Grounds	YES	NO
On-Site Lab Services	YES	NO
On-Site Radiology Services	YES	NO
Indoor and Outdoor Therapy Areas	YES	NO
Dedicated Computer Business Room	YES	NO
Piped in medical gas	YES	1 Facility
Piped in Oxygen	YES	NO
Cardiac Monitoring	YES	NO
Dedicated Dialysis Unit	YES	1 Facility
Rehab staffed 7 days/week	YES	5-6 Days
Psychiatrist on Staff	YES	NO
Full-Time Physician Services on site	YES	On Call
Post Discharge follow-up	YES-30-60-90 days	Not Disclosed
Selected Menu Options/Enhanced Dining	YES-Feature + standard menu choices	Not Available

PSA (Opposition) Comparisons:

The existing PSA facility inventory is primarily a combination of old or neglected buildings, semi-private rooms, shared bathrooms and showers, small therapy space, and outdated equipment. The Project differentiates itself from the PSA inventory and providers expressing opposition in multiple ways.

PSA Physical Plant Comparisons to the Project:

- **Private Rooms :** The Project will be 100% all private rooms (98 total). The highest count we could ascertain from the facilities listed in the PSA is 65 total private rooms representing less than 5% of the total licensed and operating beds.

- **GSF/Bed:** The current state minimum standard per bed is 420 GSF/bed. The Project will boast 700GSF/bed while only 2 of the 9 facilities in the PSA meet the current state standard.

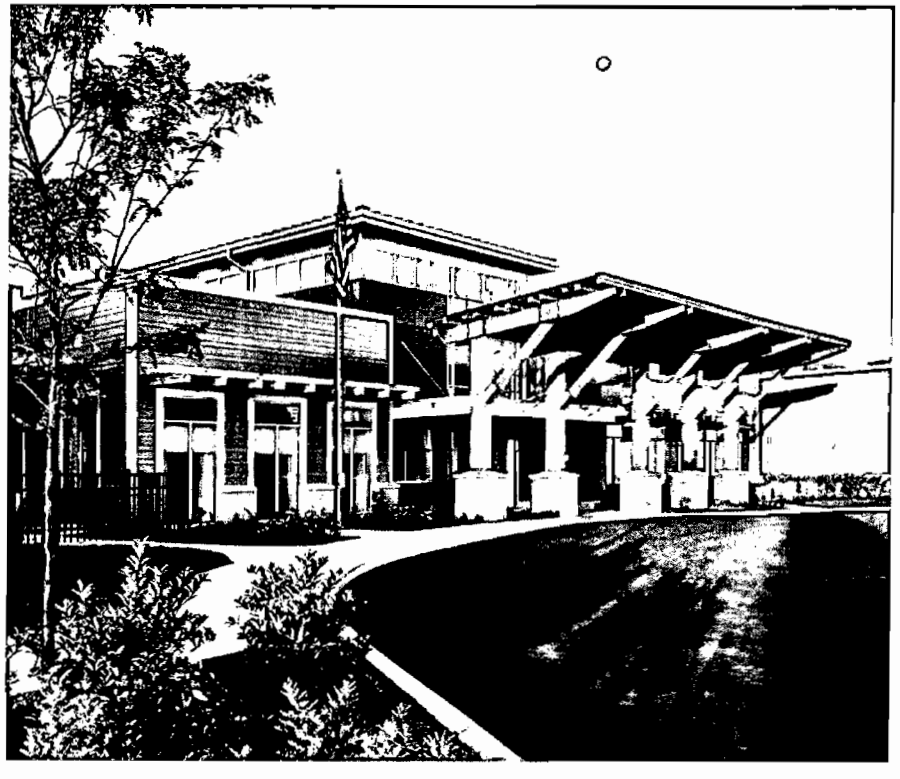
- **Building Age :** The average age of existing and opposing facilities are over 40 years old with 2 of them self reporting that the physical plants are100+ years old. There is only provider in the PSA that is less than 10 years old. (Valley Hi – at 95% Utilization).

- **Bathrooms and Showers:** The Project will provide each room with a private bath and shower. More than 90% of the facilities listed have community shower facilities with limited room showers and mostly shared bathrooms between rooms and in some cases up to 6 potential patients or residents sharing a single bathroom or toilet facility.

- **Minimum State Standards:** The Project will be the only facility in the PSA to exceed minimum state standards for private rooms, GSF/bed, private showers and baths, therapy/dining and common/activity space. The majority of existing PSA providers meet or have waivers to meet the standards.

- **Capital Expenditures and Capital Rate Component:** 90% of the 30-Minute Contour facilities are below the allowable Capital Rate Ceiling (Valley Hi – Exception).

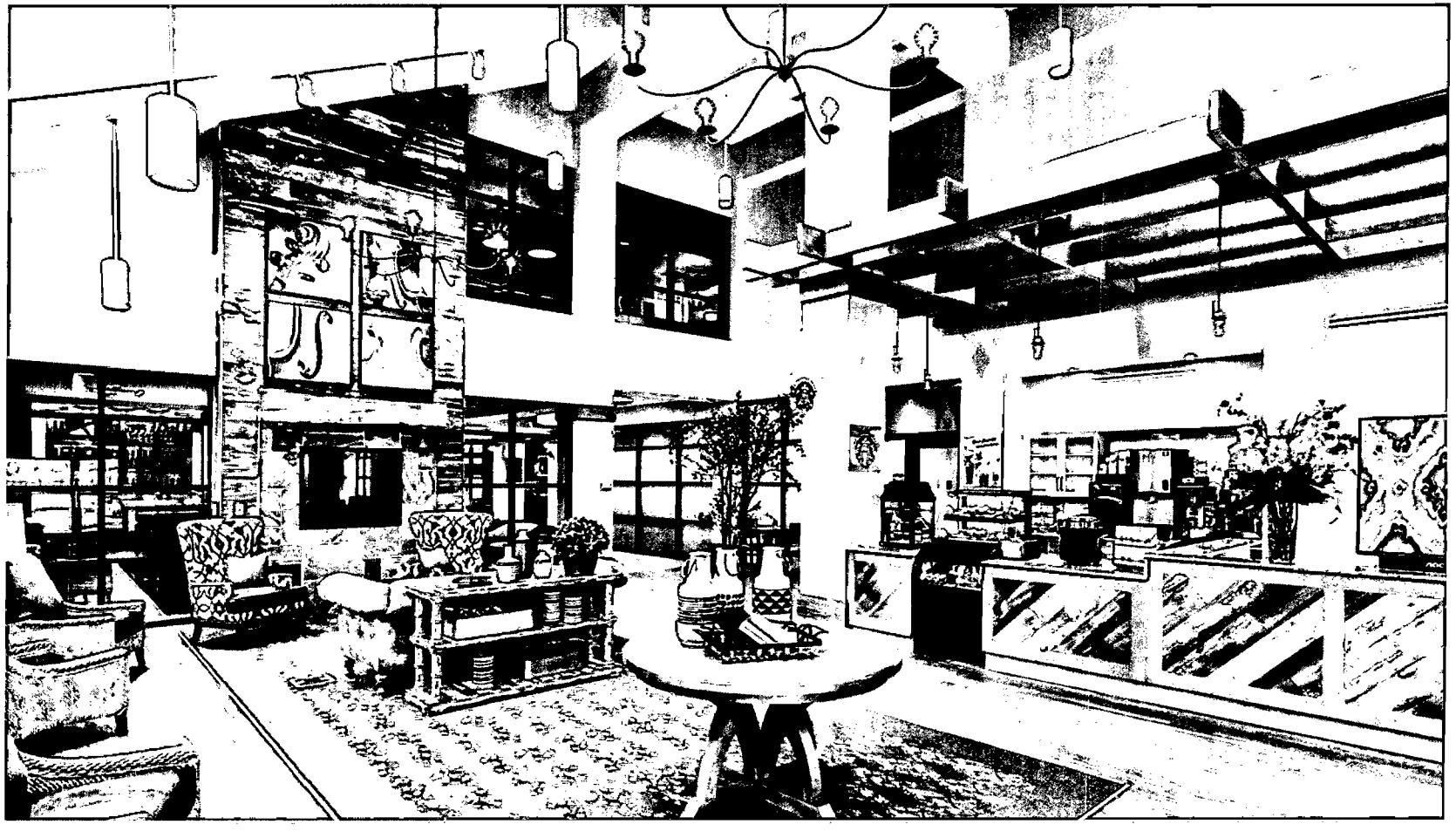
Transformative Health of McHenry (Proposed)
Lawrence Parkway; McHenry Illinois



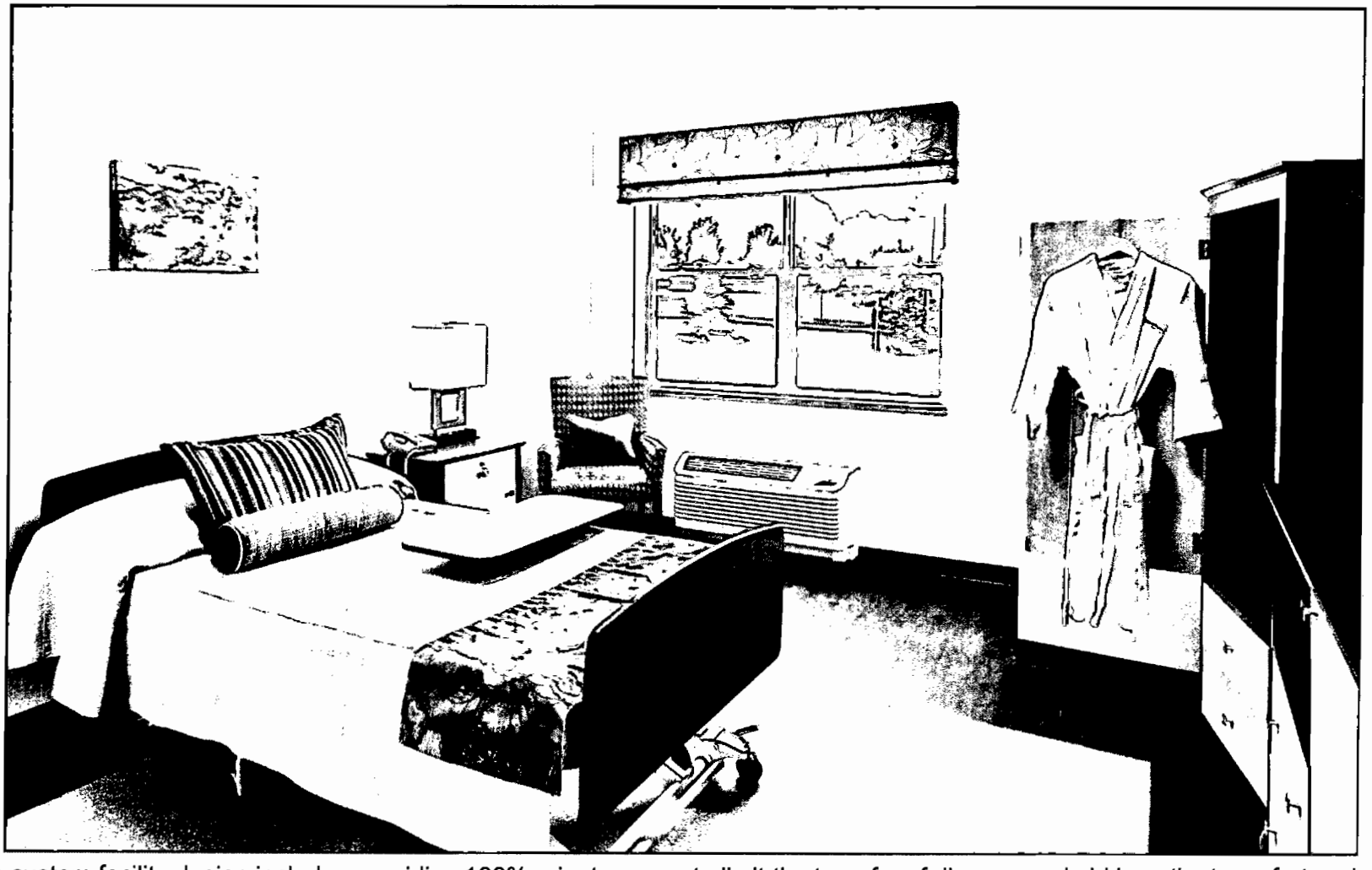
Age of Building:	**NEW**
Estimated CMS Rating:	**5**
Licensed Beds:	**98**
Estimated Beds in Use:	**88**
Estimated Utilization Year 2:	**90%**
Private Rooms/Showers:	**98**
GSF / Bed:	**700**
Capital Expenditure:	**$19.3M**

Transformative Health of McHenry will provide a post-acute care delivery model that bridges the gap between illness and recovery using state-of-the-art technology and advanced medical practice protocols within a caring and supportive homelike environment that promotes health and healing. The unique physical plant and care model will differentiate THM from all other service providers in the PSA.

Footnote: Photos provided are for like projects completed by the Applicant and are provider here as a point of reference to Project 15-044.

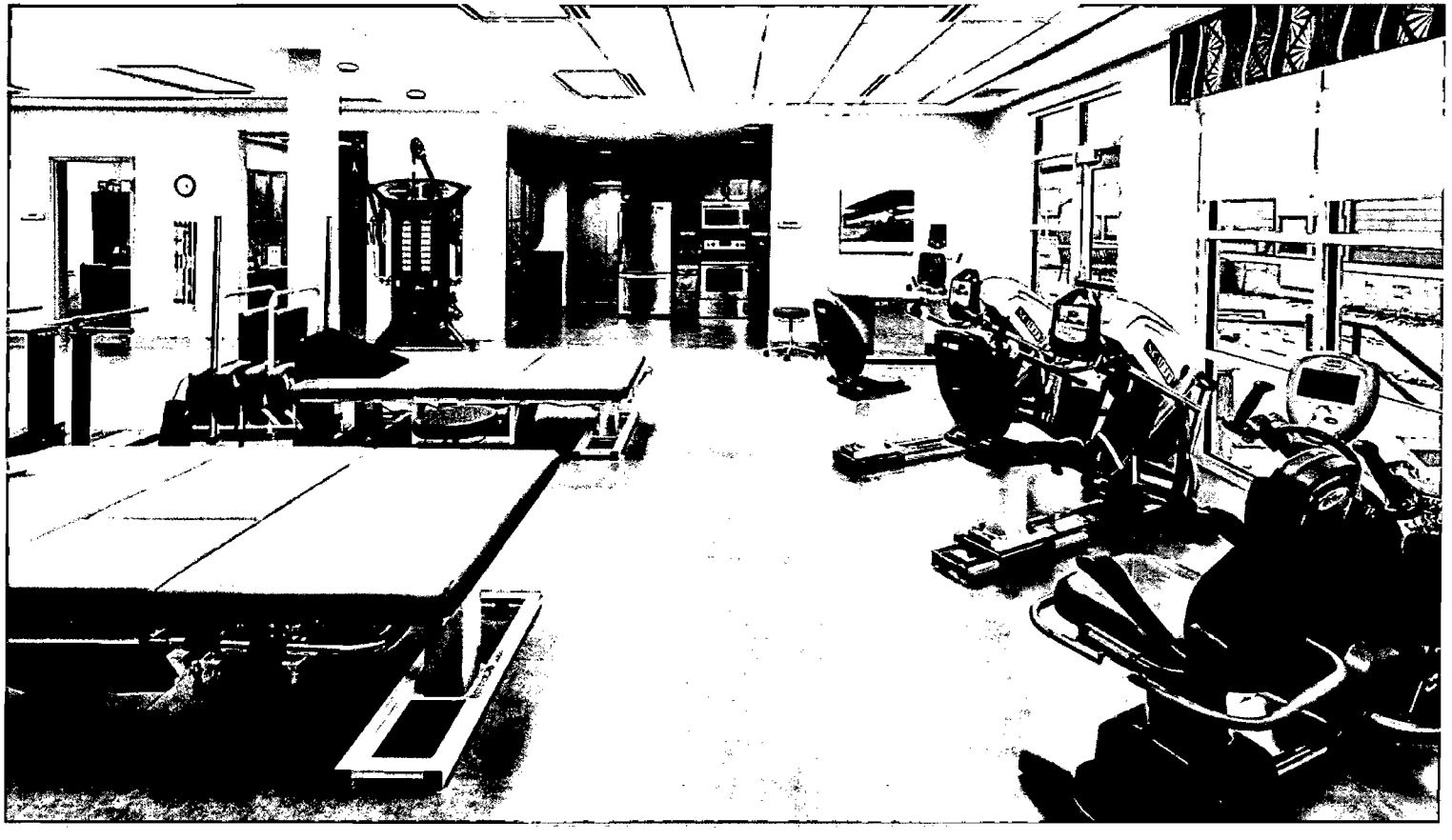


Transformative Health of McHenry will be purpose-built to treat high acuity patients in a short-term and transitional healthcare environment designed with the express purpose of promoting healing and wellness and to get patients or residents functional so they are able to return back to work or home, as quickly as possible.



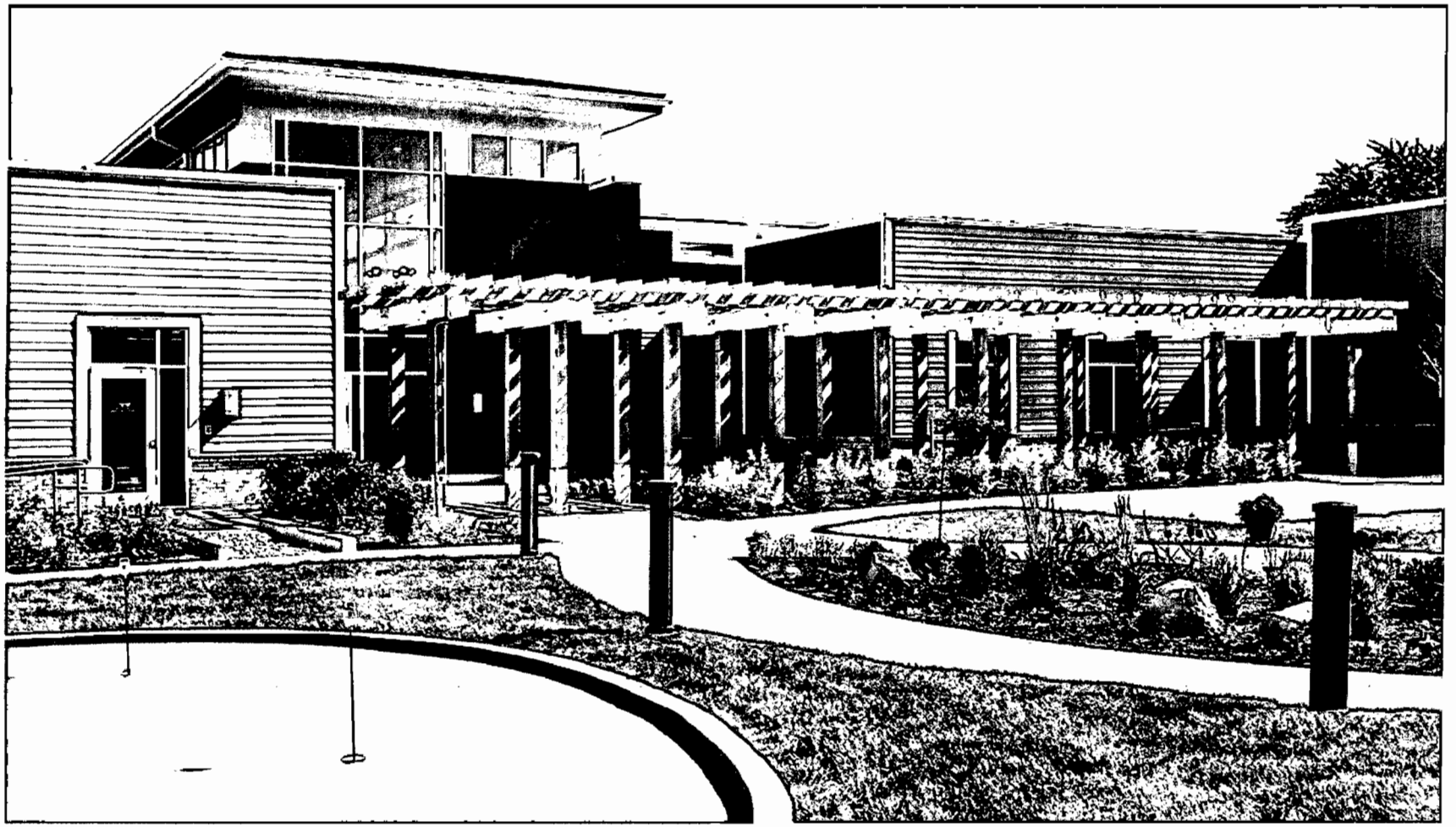
The custom facility design includes providing 100% private rooms to limit the transfer of disease and aid in patient comfort and privacy. Private rooms allow patients to receive the proper amounts of rest needed to recover with total privacy and maintains dignity.

All private rooms include attached bathrooms fully equipped with toilet, sink, and shower to further aid in the prevention of disease, and enhance patient comfort. Private rooms and baths help to protect a patient or resident's statutory privacy rights.

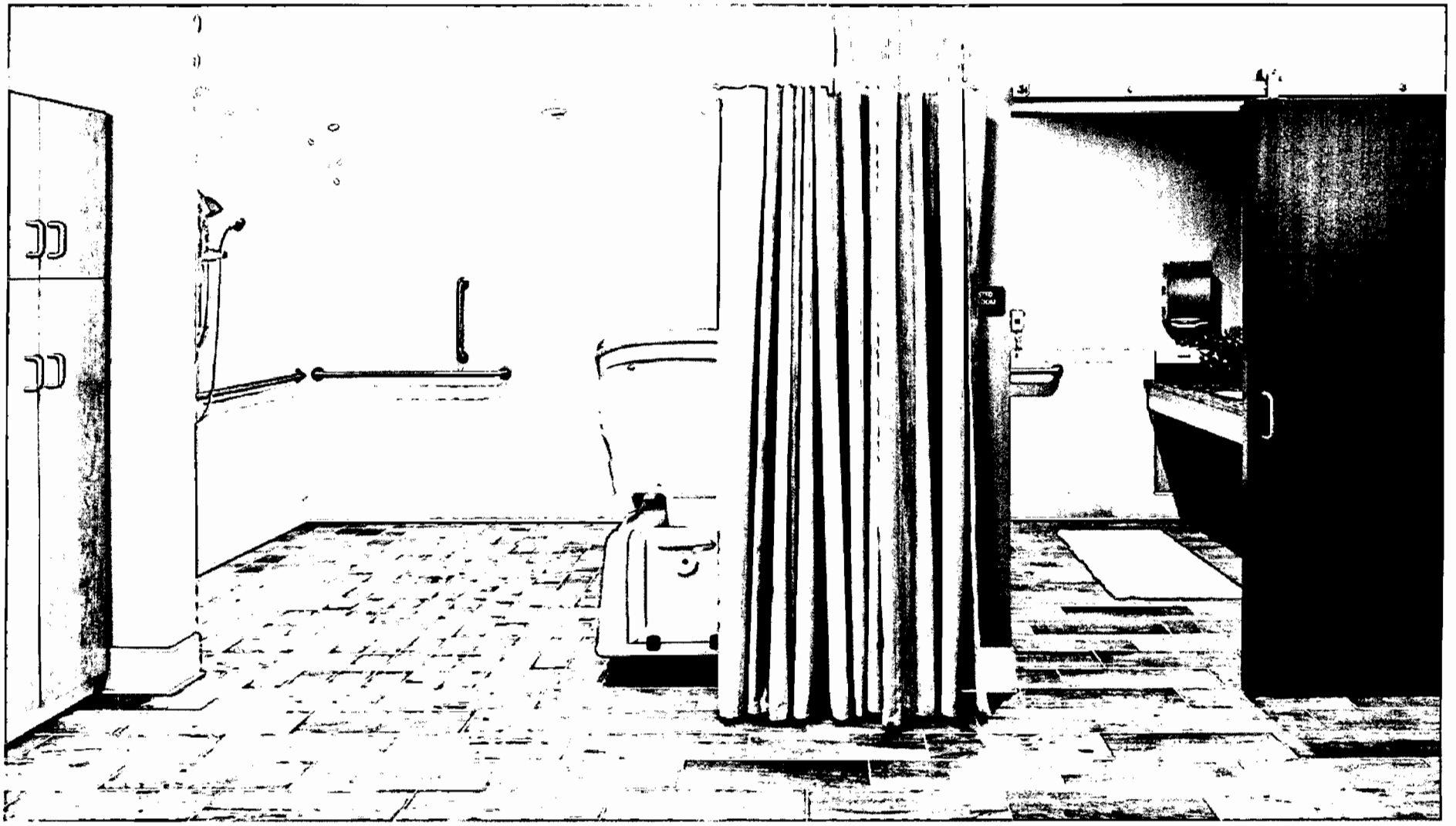


Generously sized indoor and outdoor therapy areas will allow patients to receive the full-range of mobility therapy during rehab to aid in their recovery. Occupational therapy has kitchens and bathrooms built into the therapy gyms to provide patients with practical, hands-on training, thus easing the transition from hospital to home. This enables patients to continue their healing at home and significantly reduce the risk of hospital readmission from an accident.

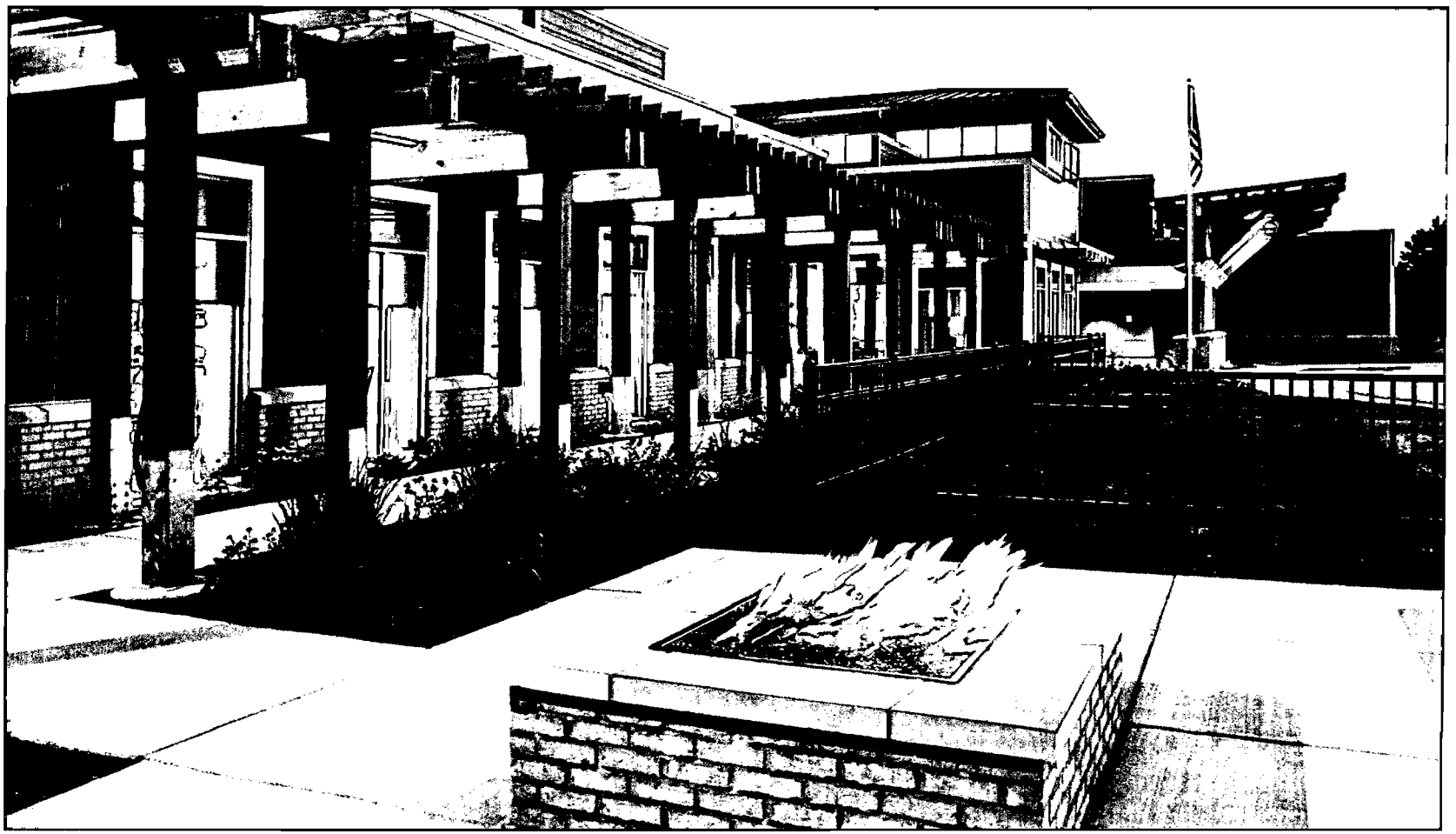
Multiple dining areas with an onsite chef gives patients access to high-quality, made-to-order meals to provide the proper nutrition to facilitate healing. The restaurant-style dining experience also allows family and friends the ability to comfortably eat with the patient, reducing the overall stress level for patient and loved ones.



Transformative Health of McHenry will provide access to outdoor resident and guest areas including a putting green, an outdoor fireplace, and outdoor therapy space.



Signature spa-like amenities include whirlpool baths and massage services all with a dedicated focus on serving the transitional and post-acute care patient.



Transformative Health of McHenry (THM) will provide a post-acute care delivery model that bridges the gap between illness and recovery by using state-of-the-art technology and advanced medical practice protocols within a caring and supportive homelike environment that promotes health and healing.

Project #15-044

30 Minute Contour Comparisons

PSA 5 Star Ratings:

50% percent of the facilities in the PSA have a 5 Star Quality score of 4 or lower and only one provider has a 5 Star score.

88% or all but one had a score of 3 or less on the last Health Inspection reported on the CMS Nursing Home Compare Profile.

Re-hospitalization scores are not public information at this time but are forthcoming and comparisons can be inferred from 5 Star Ratings, which emphasize the need for specialized services like the Project.

	5 Star Ratings			
Facility Name	Overall	Health Inspections	Staffing	Quality Measures
Alden Terrace of McHenry Rehab	3	2	2	5
The Springs at Crystal Lake	4	3	5	3
Crystal Pines Rehab & HCC	2	2	2	2
Fair Oaks Health Care Center	5	3	5	5
Hearthstone Manor	3	2	2	5
Crossroads Care Center Woodstock	1	1	3	1
Wauconda Healthcare & Rehab	5	4	5	5
Valley Hi Nursing Home	4	3	4	2
Ratings:				
5 = Much Above Average				
4 = Above Average				
3 = Average				
2 = Below Average				
1 = Much Below Average				

Source: www.medicare.gov/NursingHomeCompare/profile

IPDH Health Inspection and Life Safety Citations:

50% of the PSA providers exceeded the state average for the last reported health inspection citations while 100% exceeded the state average for Life Safety Citations speaking to the age, condition and safety of the current physical plants in the area.

	IDPH Inspection Citations		
Facility Name	Health Citations	Life Safety Citations	Federal Penalties Last 3 Years
Alden Terrace of McHenry Rehab	8	17	
The Springs at Crystal Lake	5	10	
Crystal Pines Rehab & HCC	13	18	
Fair Oaks Health Care Center	6	9	
Hearthstone Manor	6	8	
Crossroads Care Center Woodstock	15	13	$61,700
Wauconda Healthcare & Rehab	6	9	
Valley Hi Nursing Home	3	10	
Illinois State Average	7.6	6.4	

Source: www.medicare.gov/NursingHomeCompare/profile

Size (GSF/Bed) and Age Chart
30-Minutes Contour Facilities

FACILITY NAME	CITY	# of Licensed Nursing Beds	Building GSF	GSF per Bed	Year Constructed	BLDG Age
Transformative Health of McHenry	**McHenry**	**98**	**68,586**	**700**	**2018**	**New**
Alden Terrace Of McHenry Rehab	McHenry	316	90000	284.8	1979	37
The Springs at Crystal Lake	Crystal Lake	97	33873	349.2	1989	27
Crystal Pines Rehab & HCC	Crystal Lake	114	23000	201.8	1972	44
Fair Oaks Health Care Center	Crystal Lake	51	29962	587.5	* 1990	26
Hearthstone Manor	Woodstock	75	60000	434.8	1950	66
Crossroads Care Center Woodstock	Woodstock	115	29252	254.4	1969	47
Wauconda Healthcare & Rehab	Wauconda	135	36038	266.9	* 1990	26
Valley Hi Nursing Home	Woodstock	128	67754	529.3	2006	10
Hillcrest Retirement Village	Round Lake Beach	144	24277	168.6	1976	40
		1175		341.9		36
Outside of 30-minute Travel Time						
Florence Nursing Home	Marego	56	12500	223.2	1928	88

Oldest Date on Inventory

Sources: Long-Term Care Facility Questionnaire for 2014, Illinois Department of Public Health, Health Systems Development, (http://www.hfsrb.illinois.gov/pdf/LTC%20facility%20Profiles%202014%20-Rvised%2010-14-15.ppdf)
Illinois Department of Healthcare and Family Services Cost Reports (http://www.illinois.gov/hfs/MedicalProviders/CostReports/Pages/default.aspx)

Capital Cost Expenditures
30-Minutes Contour Facilities

	2014 Profile Data		2014 MEDICARE/MEDICAID COST REPORT DATA					
Facility Name	# of Licensed Nursing Beds	BLDG Age	Cost 2010	Cost 2011	Cost 2012	Cost 2013	Cost 2014	Avg. Cost Over 5 Years
Alden Terrace Of McHenry Rehab	316	37	$ 166,673	$ 21,964	$ 76,497	$ 192,633	$ 24,492	$ 96,452
The Springs at Crystal Lake	97	27	$ -	$ 55,162	$ 6,579	$ 34,763	$ 1,257,633	$ 270,827
Crystal Pines Rehab & HCC	114	44	$ -	$ 303	$ 53,861	$ 352,966	$ 26,496	$ 86,725
Fair Oaks Health Care Center	51	26	$ -	$ 7,710	$ 2,321	$ -	$ 38,652	$ 9,737
Crossroads Care Center Woodstock	115	47	$ 46,897	$ 77,188	$ 49,192	$ 218,048	$ 54,120	$ 89,089
Hearthstone Manor	75	66	$ 100,517	$ 13,221	$ 52,622	$ 60,355	$ 1,589,023	$ 363,148
Wauconda Healthcare & Rehab	135	26	$ 12,500	$ -	$ 49,773	$ 78,381	$ 330,900	$ 94,311
Valley Hi Nursing Home	128	10	$ 120,395	$ 92,299	$ 28,004	$ 28,347	$ 63,329	$ 66,475
Hillcrest Retirement Village	144	40	$ 34,981	$ 32,168	$ -	$ 348,435	$ 74,893	$ 98,095
	1175	36	$ 53,551	$ 33,335	$ 35,428	$ 145,992	$ 384,393	$ 130,540
Outside of 30-minute Travel Time								
Florence Nursing Home	56	88	$ 390,994		$ 28,985	$ -	$ -	$ 83,996

Sources: Long-Term Care Facility Questionnaire for 2014, Illinois Department of Public Health, Health Systems Development, (http://www.hfsrb.illinois.gov/pdf/LTC%20facility%20Profiles%202014%20-Rvised%2010-14-15.ppdf)
Illinois Department of Healthcare and Family Services Cost Reports (http://www.illinois.gov/hfs/MedicalProviders/CostReports/Pages/default.aspx)

Capital Rate Component
Medicaid Rates as of 4/1/2016
30-Minute Contour

FACILITY NAME	CITY	Capital	Support	Nursing	Total Rate
Alden Terrace Of McHenry Rehab	McHenry	10.10	43.65	102.15	155.90
The Springs at Crystal Lake	Crystal Lake	15.71	45.20	67.92	128.83
Crystal Pines Rehab & HCC	Crystal Lake	15.09	53.62	95.03	163.74
Fair Oaks Health Care Center	Crystal Lake	15.55	55.98	110.79	182.32
Hearthstone Manor	Woodstock	14.54	55.98	48.10	118.62
Crossroads Care Center Woodstock	Woodstock	11.80	48.90	94.17	154.87
Wauconda Healthcare & Rehab	Wauconda	15.67	50.55	102.23	168.45
Valley Hi Nursing Home	Woodstock	18.18 *	62.41	79.64	160.23
Hillcrest Retirement Village	Round Lake Beach	12.53	46.74	103.01	162.28
Florence Nursing Home	Marego	12.61	49.25	89.04	150.90

* Capital Rate Ceiling

Sources: Illinois Department of Healthcare and Family Services – Medicaid Rate List as of 4-01-2016.

Medicare Transitional Care Facility Case Study Examples:

The results of the following case-study illustrate the estimated positive impact a Transitional Care Facility (TCF) -- like Transformative Health of McHenry -- can have on the average length-of-stay (LOS) and the average payment per Medicare beneficiary cost savings when compared to other skilled nursing providers in a Medicare service area. The following examples show how a specialized TCF can reduce healthcare costs and set itself apart from existing skilled nursing facilities that attempt to provide similar services.

Case Study Example:

Average LOS Reduction and Cost Savings/Medicare Beneficiary by a Transitional Care Facility.

Average LOS and Payment / Medicare Part A Beneficiary

	Average Comparable SNF in MSA	Transitional Care Facility Similar to Project	Estimated % Difference
Average Length of Stay (ALOS)	27.5	18.1 days	34.2%
Average Payment per Medicare Beneficiary	$11,896	$8,746	26.5%

Source: Prepared by Milliman Post Acute Care (PAC) Group in August 2013

Case Study Example:

Diagnosis Specific Cost Savings by a Transitional Care Facility.

Actual results for an existing Transitional Care Facility (TCF) (Like the Project) in an MSA for the 9 most prevalent SNF/Hospital Admission Re-Admission Categories.

Select Medical Conditions By Diagnosis

	MSA	TCF -LOS	MSA Average Cost / Beneficiary	TCF Average Cost / Beneficiary	Total % Estimated Savings
Heart Failure	25.7 days	13.9	$12,533	$6,663	47.0%
COPD	27.1	17.4	$12,800	$7,830	39.0%
Fracture - Hip/Pelvis	43.1	25.8	$21,713	$14,350	34.0%
Total Hip Replacement	24.7	$16	$12,783	$8,645	32.0%

Source: Prepared by Milliman Post Acute Care (PAC) Group in August 2013 – Proprietary. http://us.milliman.com/about/

First Impression Reports

Presented by

T1 Visions, LLC

T1 Visions, LLC is a privately held LLC composed of long term care professionals and consultants who have multiple, combined years of specialized experience in long term care marketing, promotion, positioning and entertainment services.

T1 Visions conducted "Mystery Shopper Tours" of the subject properties listed within this report and within a 30-minute drive time of the Project.

T1 Visions conducted a minimum of two separate and unannounced visits for each subject location in order to provide the reader with a realistic and unbiased, albeit educated *First Impression Report* similar to what a visitor or consumer shopping the subject properties might observe and experience.

All sources of information for the subject properties have been obtained from sources that are free and accessible to the public. Sources are cited on the previous page.

(Disclaimer: The views and opinions expressed herein are those of the T1 Visions, LLC . T1 Visions LLC views and opinions do not necessarily reflect the views and opinions of TCO JV, LLC, or any of TCO JV, LLC's respective subsidiaries, parents or affiliates, and their respective directors, officers, employees, agents, consultants, legal counsel, accountants and other representatives.)

Alden Terrace of McHenry Rehab
803 Royal Drive, McHenry Illinois 60050
www.thealdennetwork.com

Adjusted Travel Time:	5.8
Age of Building:	37 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
3 Bed Wards:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	2

Crossroads Care Center
309 McHenry Ave., Woodstock Illinois 60096
www.crossroadscarecenter.com

Adjusted Travel Time:	17.3
Age of Building:	47 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	6

Crystal Pines Rehab & Health Center
335 N. Illinois St., Crystal Lake Illinois 60014
www.crystalpinesrehabandhealth.com

Adjusted Travel Time:	12.7
Age of Building:	44 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	2

Fair Oaks Rehab & Skilled Nursing Facility
471 W. Terra Cotta Ave. Crystal Lake Illinois 60014
www.fairoakshealthcare.org

Adjusted Travel Time:	15.0
Age of Building:	26 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Private Rooms Reported:	20

Florence Nursing Home
546 East Grant Highway Marengo Illinois 60152
www.fairoakshealthcare.org

Adjusted Travel Time:	39.1
Age of Building:	100 Years *
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	NA

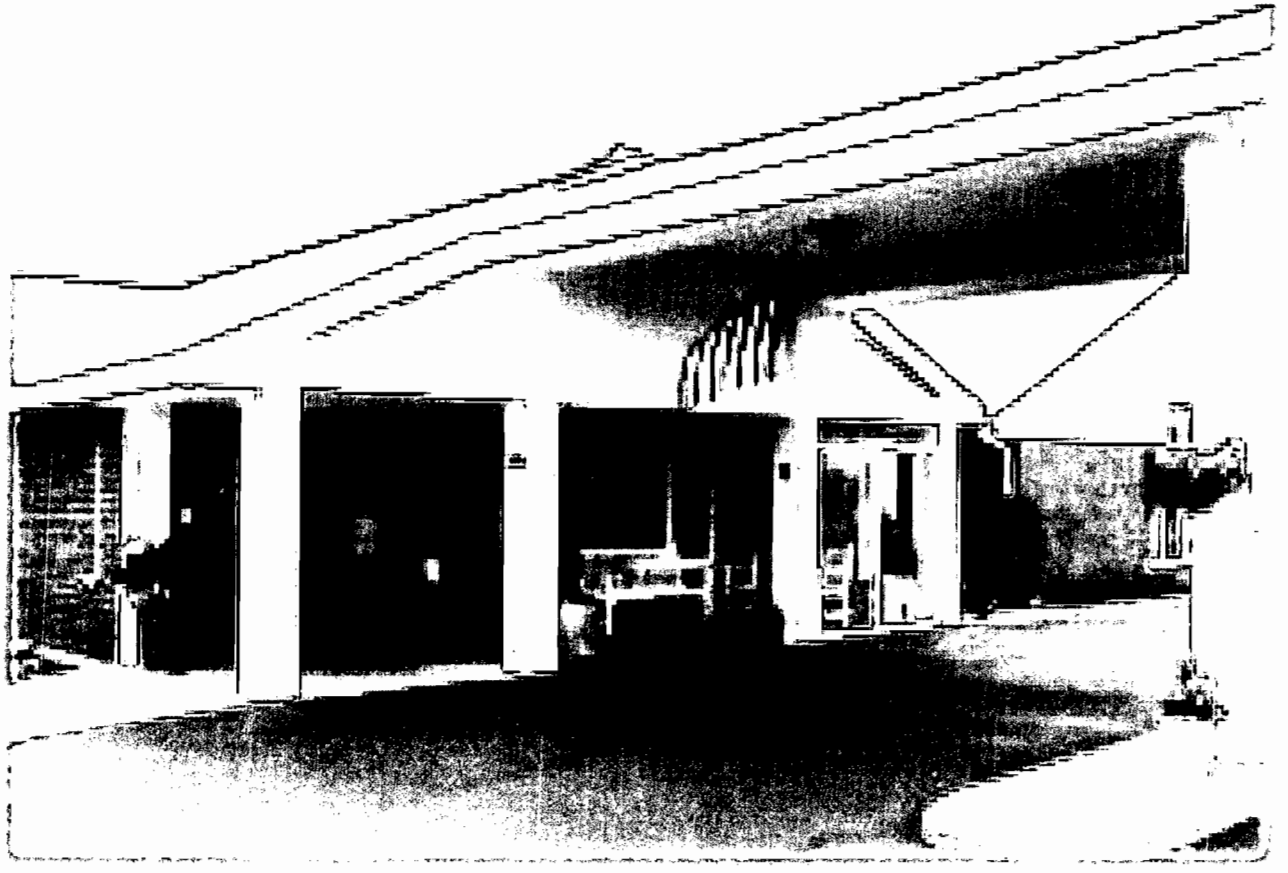
** Oldest Date on State Inventory 1990*

Hearthstone Manor
920 N. Seminary Ave., Woodstock Illinois 60098
www.wclsil.org

Adjusted Travel Time:	18.4
Age of Building:	100 Years *
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	4

** Oldest Date on State Inventory 1990*

The Springs at Crystal Lake
1000 Brighton Lane, Crystal Lake Illinois 60012
www.thespringsrehab.com



Adjusted Travel Time:	8.1
Age of Building:	27 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	NA

Wauconda Healthcare & Rehab
176 Thomas Court, Wauconda Illinois 60084
www.waucondacare.com

Adjusted Travel Time:	19.6
Age of Building:	26 Years
Shared Bedrooms:	Yes
Shared Bathrooms:	Yes
Common Shower Rooms:	Yes
Private Rooms Reported:	15

Adjusted Times for Peak Travel
30-Minute Contour Facilities

30 MIN FACILITIES

FACNAME	ADDRESS	CITY	ZIP	Gen Beds	hsa	Distance	REVISED Peak Traffic Travel Time	REVISED Adjusted Peak Travel Time
Alden Terrace Of McHenry Rehab (1)	803 Front Royal Drive	Mchenry	60050-0000	316	8	3.0	5	5.8
The Springs at Crystal Lake	1000 East Brighton Lane	Crystal Lake	60012-0000	97	8	4.1	7	8.1
Crystal Pines Rehab & HCC	335 Illinois St	Crystal Lake	60014-0000	114	8	6.7	11	12.7
Fair Oaks Health Care Center (3)	W Terra Cotta Ave & Ridge Ave	Crystal Lake	60014-0000	46	8	7.7	13	15.0
Crossroads Care Center Woodstock	309 Mchenry Avenue	Woodstock	60098-0000	115	8	9.2	15	17.3
Hearthstone Manor	920 North Seminary Avenue	Woodstock	60098-0000	75	8	9.5	16	18.4
Wauconda Healthcare & Rehab (4)(4a)	176 Thomas Court	Wauconda	60084-0000	175	8	9.4	17	19.6
Valley Hi Nursing Home	2406 Hartland Road	Woodstock	60098-0000	128	8	15.0	21	24.2
Hillcrest Retirement Village	1740 Circuit Dr	Round Lake Beach	60073-0000	144	8	3.8	25	28.8

Outside of 30-Minute Travel Time

***** **Florence Nursing Home** **Marengo**

(1) Profile & website address is 803 Royal Drive; 2004-2014 Cost Reports list Bldg GSF as 9,000 but correct bldg GSF is 90,000 as per 2000-2003 Cost Reports
(2) 01/13/2013 CLOSURE. License not renewed effective this date; 70 beds removed from inventory
(3) 03/29/2013 Bed Change. Facility added 5 Nursing Care beds. Facility now has 51 Nursing Care beds; Profile address: 471 W. Terra Cotta Avenue
(4) 10/30/2012 12-062 Permit issued to add 40 Nursing Care Beds to existing facility; facility will have 175 beds upon project completion
(4a) 10/08/2014 Relinquishment of project. Removed 40 Nursing Care beds from inventory.

Sources:
Long-Term Care Facility Questionnaire for 2013, Illinois Department of Public Health, Health Systems Development
Long-Term Care Facility Questionnaire for 2014, Illinois Department of Public Health, Health Systems Development
www.mapquest.com

Alden Terrace of McHenry Rehab
803 Royal Drive, McHenry Illinois 60050
www.thealdennetwork.com

YOUR TRIP TO:
803 Royal Dr Mchenry IL 60050-4209

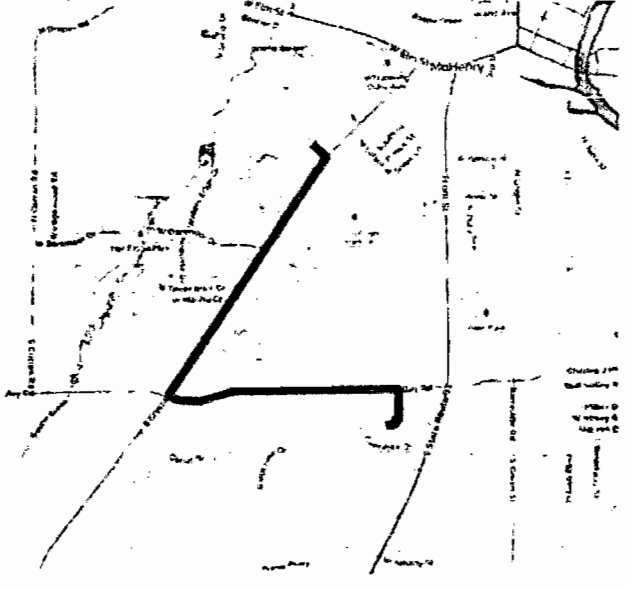
5 MIN | 3.0 MI

Trip time based on traffic conditions as of 4:20 PM on March 4, 2016. Current Traffic: Light

Alden Terrace Of McHenry Rehab

1. Start out going east		
Then 0.05 miles		0.05 total miles
2. Turn left		
Then 0.03 miles		0.08 total miles
3. Turn right		
Then 0.01 miles		0.09 total miles
4. Take the 1st left onto Lawrence Pkwy		
Then 0.16 miles		0.25 total miles
5. Turn left onto Bull Valley Rd		
Then 1.18 miles		1.43 total miles
6. Turn right onto S Crystal Lake Rd S Crystal Lake Rd is 0.5 miles past Kreswood Dr. If you reach Brookwood Ter you've gone about 0.1 miles too far.		
Then 1.48 miles		2.90 total miles
7. Turn left onto Royal Dr Royal Dr is 0.4 miles past Kensington Dr. If you reach N Lilian St you've gone about 0.1 miles too far.		
Then 0.10 miles		3.00 total miles
8. 803 ROYAL DR is on the left If you reach W Northlox Ln you've gone a little too far.		

Use of Directions and Maps is subject to our Terms of Use. We don't guarantee accuracy, road conditions or availability. You assume all risk of use.



The Springs at Crystal Lake
1000 Brighton Lane, Crystal Lake Illinois 60012
www.thespringsrehab.com

YOUR TRIP TO:
1000 E Brighton Ln, Crystal Lake, IL 60012

7 MIN | 4.1 MI

Trip time based on traffic conditions as of 4:36 PM on March 4, 2016. Current Traffic: Moderate

The Springs at Crystal Lake

1.	Start out going east	
	Then 0.05 miles	0.05 total miles
2.	Turn left	
	Then 0.03 miles	0.08 total miles
3.	Turn right	
	Then 0.04 miles	0.11 total miles
4.	Turn left	
	Then 0.02 miles	0.13 total miles
5.	Take the 1st right onto W Medical Center Dr	
	Then 0.17 miles	0.30 total miles
6.	Turn right onto S State Route 31/IL-31	
	Then 3.59 miles	3.89 total miles
7.	Turn left onto E Brighton Ln	
	Then 0.17 miles	4.06 total miles
8.	1000 E BRIGHTON LN is on the left	

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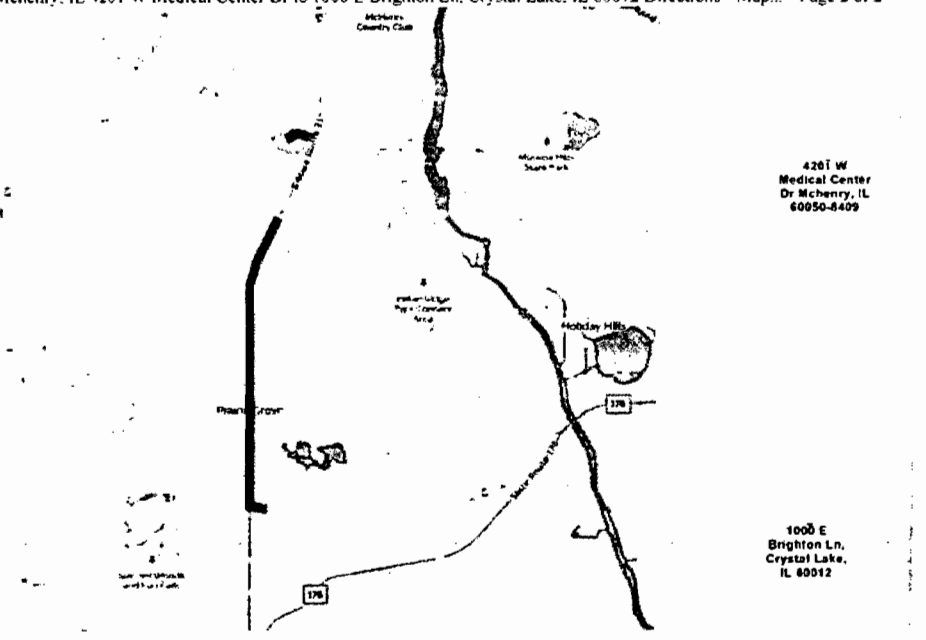

Crystal Pines Rehab & Health Center
335 N. Illinois St., Crystal Lake Illinois 60014
www.crystalpinesrehabandhealth.com

YOUR TRIP TO:
335 Illinois St, Crystal Lake, IL 60014

11 MIN | 6.7 MI

Trip time based on traffic conditions as of 4:27 PM on March 4, 2016. Current Traffic: Light

Crystal Pines Rehab & HCC

1. Start out going east.	Then 0.05 miles	0.05 total miles
2. Turn left.	Then 0.03 miles	0.08 total miles
3. Turn right.	Then 0.04 miles	0.11 total miles
4. Turn left	Then 0.02 miles	0.13 total miles
5. Take the 1st right onto W Medical Center Dr	Then 0.17 miles	0.30 total miles
6. Turn right onto S State Route 31/IL-31.	Then 4.90 miles	5.20 total miles
7. Turn right onto E Terra Cotta Ave/IL-176.	Then 1.39 miles	6.59 total miles
8. Turn right onto Illinois St	Then 0.12 miles	6.72 total miles
9. 335 ILLINOIS ST is on the right		

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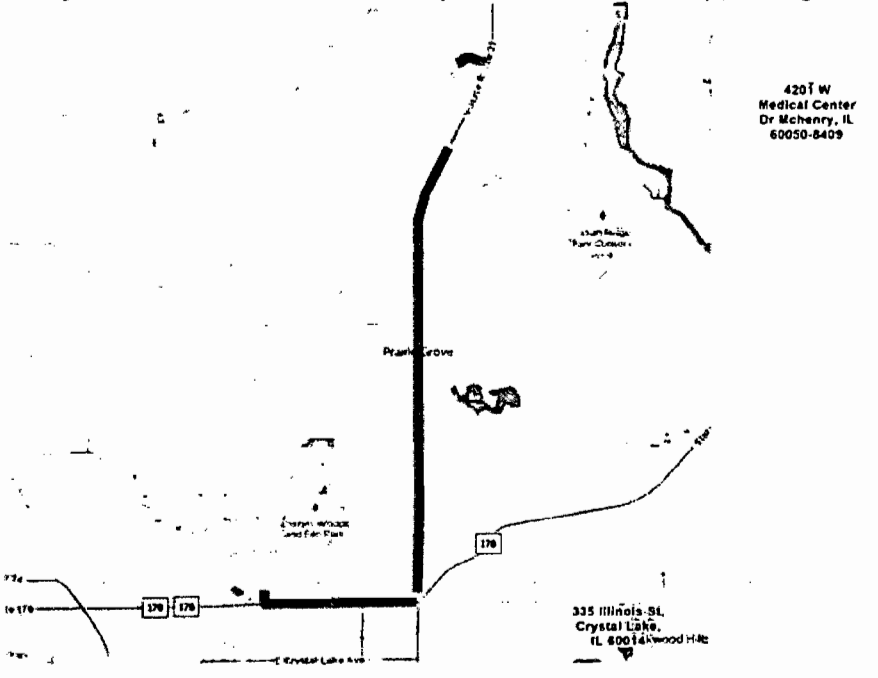

Fair Oaks Rehab & Skilled Nursing Facility
471 W. Terra Cotta Ave. Crystal Lake Illinois 60014
www.fairoakshealthcare.org

YOUR TRIP TO:
Ridge Ave & W Terra Cotta Ave

13 MIN | 7.7 MI

Trip time based on traffic conditions as of 4:30 PM on March 4, 2016. Current Traffic: Light

Fair Oaks Health Care Center

	Start of next leg of route	
1.	Start out going east on W Medical Center Dr toward Lawrence Pkwy	
	Then 0.00 miles	0.00 total miles
2.	Take the 1st left onto Lawrence Pkwy	
	Then 0.14 miles	0.14 total miles
3.	Turn left onto Bull Valley Rd	
	Then 1.20 miles	1.35 total miles
4.	Turn left onto S Crystal Lake Rd	
	Then 2.28 miles	3.63 total miles
5.	S Crystal Lake Rd becomes Walkup Rd	
	Then 3.00 miles	6.63 total miles
6.	Turn right onto W Terra Cotta Ave/IL-176	
	Then 1.05 miles	7.67 total miles
7.	Ridge Ave & W Terra Cotta Ave RIDGE AVE & W TERRA COTTA AVE	

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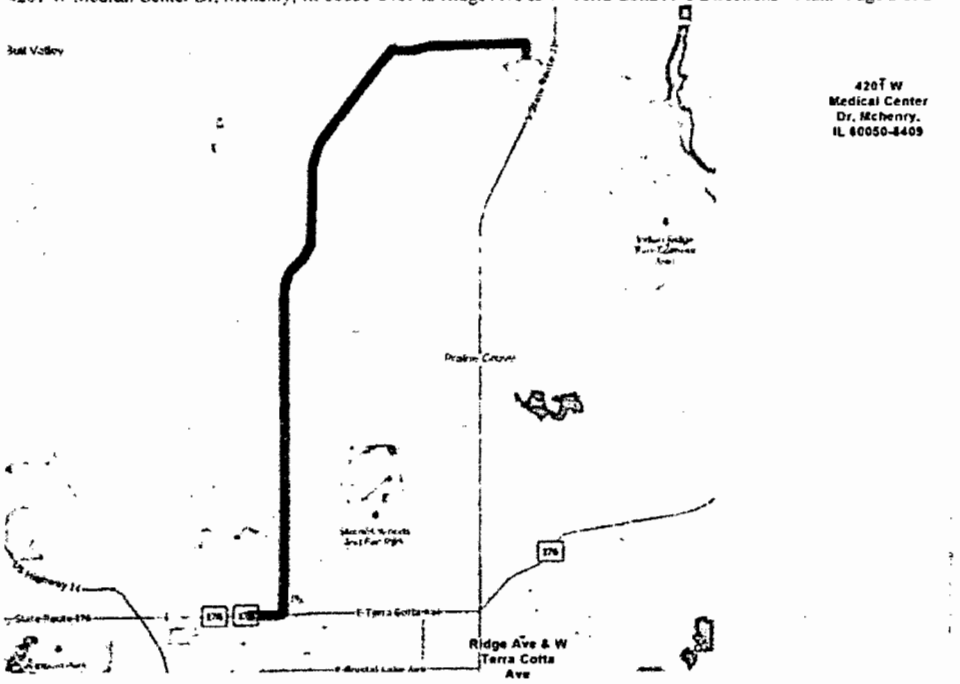

Crossroads Care Center

309 McHenry Ave., Woodstock Illinois 60096

www.crossroadscarecenter.com

YOUR TRIP TO:

309 McHenry Ave Woodstock, IL 60098-2917

15 MIN | 9.2 MI

Trip time based on traffic conditions as of 4:31 PM on March 4, 2016. Current Traffic: Light

Crossroads Care Center Woodstock

1.	Start out going east on W Medical Center Dr toward Lawrence Pkwy Then 0.00 miles	0.00 total miles
2.	Take the 1st left onto Lawrence Pkwy Then 0.14 miles	0.14 total miles
3.	Turn left onto Bull Valley Rd Then 5.27 miles	5.41 total miles
4.	Turn left to stay on Bull Valley Rd Then 2.00 miles	7.41 total miles
5.	Turn right onto Country Club Rd Then 1.10 miles	8.50 total miles
6.	Turn right onto S Eastwood Dr/IL-47 Then 0.64 miles	9.14 total miles
7.	Turn right onto McHenry Ave/IL-120 Then 0.01 miles	9.15 total miles
8.	309 MCHENRY AVE	

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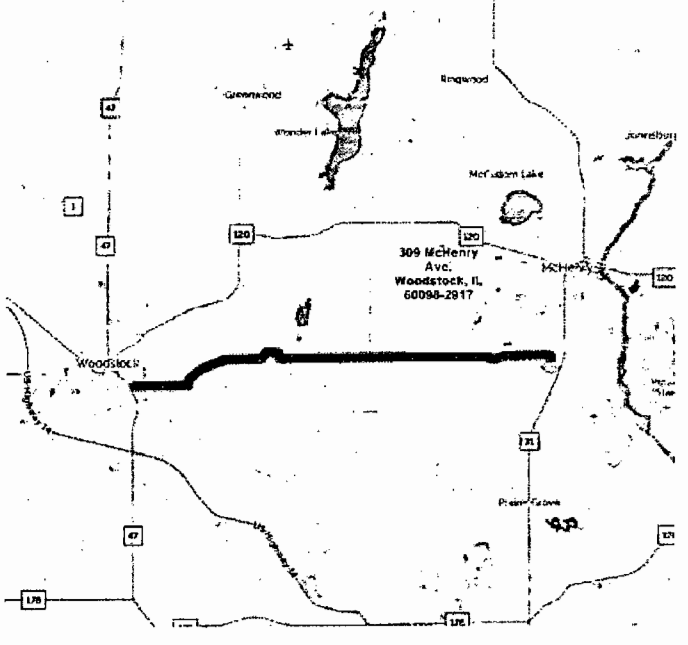

Hearthstone Manor
920 N. Seminary Ave., Woodstock Illinois 60098
www.wclsil.org

YOUR TRIP TO:
920 N Seminary Ave, Woodstock, IL 60098-2998

16 MIN | 9.5 MI

Trip time based on traffic conditions as of 4:30 PM on March 4, 2016. Current Traffic: Light

Hearthstone Manor

1. Start out going east on W Medical Center Dr toward Lawrence Pkwy		
Then 0.00 miles		0.00 total miles
2. Take the 1st left onto Lawrence Pkwy		
Then 0.14 miles		0.14 total miles
3. Turn left onto Bull Valley Rd.		
Then 5.27 miles		5.41 total miles
4. Turn left to stay on Bull Valley Rd		
Then 2.00 miles		7.41 total miles
5. Turn right onto Country Club Rd.		
Then 1.10 miles		8.50 total miles
6. Turn right onto S Eastwood Dr/IL-47. Continue to follow IL-47		
Then 0.96 miles		9.46 total miles
7. 920 N SEMINARY AVE is on the right		

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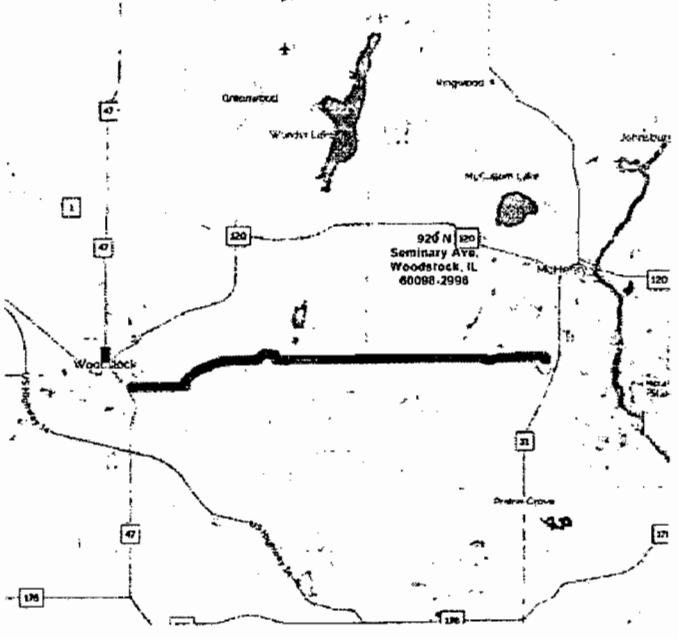
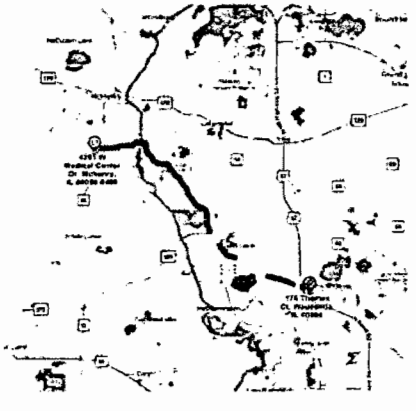


Wauconda Healthcare & Rehab

176 Thomas Court, Wauconda Illinois 60084

www.waucondacare.com

YOUR TRIP TO:



Valley HI Nursing Home
2406 Hartland Road, Woodstock IL 60098

YOUR TRIP TO:

2406 Hartland Rd, Woodstock, IL 60098-9762

21 MIN | 15.0 MI

Trip time based on traffic conditions as of 4:32 PM on March 4, 2018. Current Traffic: Light

Valley HI Nursing Home

1.	Start out going east on W Medical Center Dr toward Lawrence Pkwy	
	Then 0.00 miles	0.00 total miles
2.	Take the 1st left onto Lawrence Pkwy.	
	Then 0.14 miles	0.14 total miles
3.	Turn left onto Bull Valley Rd	
	Then 3.41 miles	3.55 total miles
4.	Turn right onto S Ridge Rd	
	Then 2.50 miles	6.05 total miles
5.	Turn left onto W State Route 120/IL-120	
	Then 2.56 miles	8.61 total miles
6.	Stay straight to go onto Charles Rd/County Hwy-1	
	Then 4.21 miles	12.83 total miles
7.	Turn left onto Nelson Rd/County Hwy-41	
	Then 2.00 miles	14.83 total miles
8.	Turn left onto Hartland Rd/County Hwy-26	
	Then 0.19 miles	15.02 total miles
9.	2406 HARTLAND RD	

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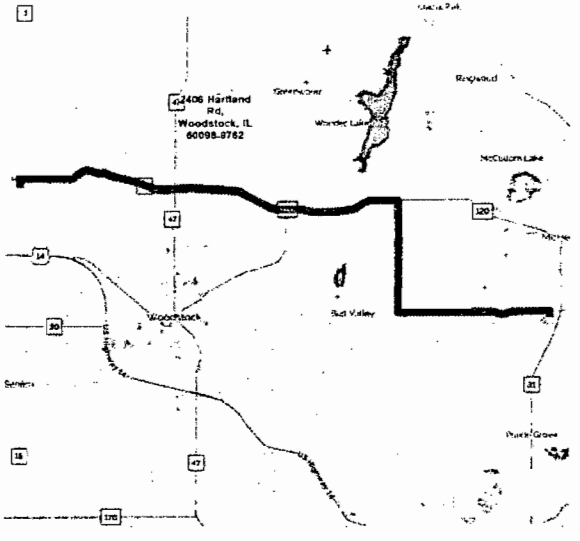
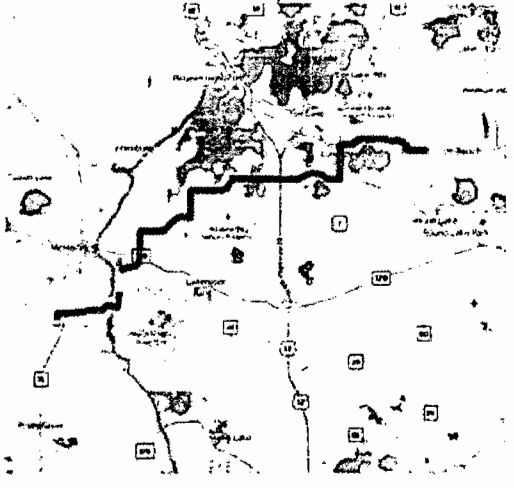


4201 W Medical Center Dr, Mchenry, IL 60050-8409

Hillcrest Retirement Village
1740 N. Circuit Drive, Round Lake Beach, IL 60073

YOUR TRIP TO: