

UNIVERSITY OF ILLINOIS  
COLLEGE OF MEDICINE  
AT ROCKFORD

Health Systems Research  
1601 Parkview Avenue · Rockford, IL 61107-1897  
Phone (815) 395-5639 · Fax (815) 395-5602

**RECEIVED**

JUL 20 2011

HEALTH FACILITIES &  
SERVICES REVIEW BOARD

July 18, 2011

Ms. Courtney R. Avery, Administrator  
Illinois Health Facilities and Services Review Board  
525 West Jefferson, 2<sup>nd</sup> Floor  
Springfield, Illinois 62761

Re: CON for Centegra-Huntley Hospital  
CON for Mercy- Crystal Lake Hospital

10-090  
10-089

Dear Ms. Avery,

In reference to the Certificate of Need applications for the proposed Centegra-Huntley and Mercy-Crystal Lake Hospitals, I understand that findings from the 2010 McHenry County Healthy Community Study were discussed. Health Systems Research (HSR) of the University of Illinois College of Medicine at Rockford was hired by the study partners to carry out that four-part study. As lead researcher, I would like to provide information on the methodology, credentials of study's researchers, and summary of key findings.

**Overview**

The year-long study was led and directed by nineteen partner organizations which served as steering committee members including Advocate Good Shepherd, Centegra Health System, McHenry County Department of Health, Leadership Greater McHenry County, League of United Latin American Citizens, and Sherman Hospital (full list attached). The 2010 study replicated the 2006 McHenry County study, also conducted by HSR. Our knowledge about McHenry County is extensive and deep, having assisted McHenry County Department of Health and other local organizations on a half-dozen projects in the past few years. HSR which specializes in community needs assessments for health and human services organizations has conducted more than two dozen projects of a similar nature and scope over the decade. Our staff has a great deal of education and experience in the arena of community health assessment. Resumes of the 2010 McHenry County Study's researchers are attached.

**Methodology**

Similar to 2006, the purpose of the 2010 McHenry County Healthy Community Study was to assess and address the health needs of the McHenry County residents. That began with a thorough analysis of the county's "health" using four assessments, each from a different perspective, including residents, specific populations needing services, community leaders, and an overview of population descriptors using secondary data sources. Through the assessments, we learned about the current health status of county residents, demographic trends, social and economic indicators, health behaviors, and utilization of health services. The assessments also attempted to measure the perceptions of community strengths and weaknesses as well as answer questions about the health and humans services delivery system, unmet needs, gaps, and barriers to care.

**Household survey of McHenry County residents.** Surveys about perception of needs and experiences were sent to 8,000 randomly selected households; 1,128 completed surveys were returned for a 14% response rate.

**Focus groups (102 participants).** Eleven focus groups were held with key target groups, especially those least likely to complete a mail survey. The groups included (1) homeless persons, (2) Latino adults, (3) low income adults, (4) unemployed and dislocated workers, (5) at risk youth, (6) parents of children with mental illness, (7) persons with developmental disabilities, (8) persons with mental illness, (9) veterans, (10) young adults ages 18-25, and (11) seniors.

**Key informants (34 interviews).** Interviews were conducted with community leaders, agency directors, and other persons considered experts in their fields.

**Community analysis.** A description of McHenry County using secondary sources of information concluded in a 214 page report. Major data sources included U.S. Census Bureau's American Community Survey, decennial data, and annual estimates; Illinois Department of Public Health vital statistics and behavioral health risk factors; and Illinois Department of Employment Security.

**Key Findings**

Using results of the four assessments, priorities were identified based on their prominence as community needs. The four primary priorities are:

- Information and referral system
- Access to dental care for low income population
- Access to mental health and substance abuse services
- Obesity and nutrition

Survey respondents also indicated a number of community assets including health care. Specifically, respondents rated the current availability of health care services to be the third highest among 19 characteristics of life in McHenry County. Key informants and focus groups also mentioned availability and access to quality health care to be among the best aspects of living in McHenry County.

Sincerely,



Deborah Lischwe  
Associate Director

Cc: Julie Mayer

Enclosures: List of Partner Organizations  
Vitae – Lischwe, Cowen, Powers  
HSR Current & Recent Projects

*List of Partner Organizations for 2010 McHenry County Healthy Community Study*

Advocate Good Shepherd  
Centegra Health System  
Crystal Lake Chamber of Commerce  
Environmental Defenders  
1<sup>st</sup> Congregational Church of Crystal Lake  
Leadership Greater McHenry County  
McHenry County College  
McHenry County Community Foundation  
McHenry County Conservation District  
McHenry County Department of Health  
League of United Latin American Citizens  
McHenry County Mental Health Board  
Pioneer Center  
Sherman Hospital  
Senior Services Associates, Inc.  
United Way of Greater McHenry County  
Woodstock Christian Life  
Woodstock Community Unit School District  
Village of Prairie Grove

**DEBORAH GUENTHER LISCHWE**

1696 Hickory Hill  
Freeport, Illinois 61032

815-233-9768 (home)  
815-395-5765 (work)  
815-275-6866 (cell)  
[dlichwe@uic.edu](mailto:dlichwe@uic.edu)  
[deborahlichwe@hotmail.com](mailto:deborahlichwe@hotmail.com)

---

**EDUCATION**

M. S. Community Health Planning, University of Cincinnati, Cincinnati, Ohio  
B. A. Geography, Wittenberg University, Springfield, Ohio

Supplementary coursework in

- Biostatistics, University of Illinois-Chicago and Mayo Foundation, Rochester, Minnesota
  - Market Surveys, University of Wisconsin-Madison
  - Continuous Improvement, Mayo Foundation, Rochester, Minnesota
  - Marketing and Financial Accounting, Luther College, Decorah, Iowa
- 

**PRIMARY EMPLOYMENT**

**Associate Director**, August 2009 – Present. Health Systems Research, Department of Family and Community Medicine, University of Illinois College of Medicine, Rockford, Illinois.

Manage the daily operations and administration of the Health Systems Research unit. Also continue the research and evaluation projects as described below.

**Research Analyst**, 2002 – August 2009. Health Systems Research, University of Illinois College of Medicine, Rockford, Illinois.

Conduct research, demographic and market analyses; community health assessments; health service needs determinations; evaluations for health, education and human service organizations.

*Skills: research methodologies and evaluation design; survey design, administration and analysis; multi-dimensional assessment; design of data collection systems; interpretation and presentation of data/information using SPSS and other computer statistical/quantitative programs; written, oral and visual communication to professionals and general public.*

**Project Manager**, 2001 – 2005. Northwest Illinois Transition to Teaching, Freeport School District #145, Freeport, Illinois.

Administered, implemented, and evaluated outcomes of three-year federal Transition to Teaching grant award serving 16 school districts in northwest Illinois. Partnered with three universities. Also developed and administered a state technology grant project.

*Skills: collaboration, implementation and communication; program development; computer software applications for data collection and presentation; thorough documentation and monitoring of impact; evaluation design and analysis.*

**Director of Planning and Marketing**, 1984 – 1997. Winneshiek Medical Center, Decorah, Iowa.

Directed strategic and institutional planning, grants management, marketing and community relations. Led county-wide health assessment committees and continuous improvement teams. Set up and ran development office.

*Skills: planning processes and market analyses for health care access and service delivery, synthesis of information for report development, grants procurement and administration, customer satisfaction survey design and implementation, committee leadership, fund raising.*

**Senior Planner, 1978 - 1981 and Health Planner II, 1977 - 1978, Eastern Virginia Health Systems Agency, Inc., Norfolk, Virginia.**

Evaluated State Certificate of Need applications for financial feasibility, demonstration of need, impact and alternatives. Analyzed health status indicators and service needs for five-county area.

*Skills: need determination using cost-benefit, market share, demographic, health indicators and other methodologies; evaluation design and implementation; writing; public speaking.*

**Research Associate/Epidemiologist, 1976 - 1977. University of Cincinnati Medical School, Breast Cancer Demonstration Project, Cincinnati, Ohio.**

Collected and interpreted morbidity data, use rates, demographic characteristics and risk factors of screening population using statistical, cartographic and other research methodologies. Designed, conducted and analyzed surveys.

---

### OTHER EMPLOYMENT

**Health Planner, 1999 - 2001. Freeport Health Network, Freeport, Illinois.**

Conducted planning and marketing analyses for physician clinics, hospital and other preventive, primary and specialized services.

**Project Director, 1998 - 1999. Stephenson County 21<sup>st</sup> Century Healthy Communities. Freeport, Illinois.**

Led comprehensive needs assessment jointly funded by Stephenson County Health Department, United Way of Northwest Illinois and Freeport Health Network.

**Project Director, 1994 - 1996. Winneshiek County Board of Health, Decorah, Iowa.**

Community health needs assessment.

**Assistant Professor, 1984 - 1989. Upper Iowa University, Fayette, Iowa.**

Developed and taught external-degree course about health systems and service delivery.

**Project Coordinator, 1983. Northeast Iowa Community College, Calmar, Iowa.**

Refugee Women Training Assessment Project.

**English as Second Language (ESL) Tutor, 1982 - 1983. Luther College, Decorah, Iowa.**

**Instructor, 1978. Department of Geography and Political Science, Old Dominion University, Norfolk, Virginia.**

**Peace Corps Volunteer, 1973 - 1975. Jamaica, West Indies.**

Teacher trainer in secondary and post secondary education. Adult literacy teacher.

---

### ASSOCIATIONS AND HONORS

- Freeport Community Public School Fund, President (2005 - 2007), Vice-President (2003 - 2005), Chair of Allocations (1999 - 2002). Freeport, Illinois.
- Freeport School District Key Communicators, 2006 - Present.
- Freeport Beautification Association, Steering Committee. 2007 - Present.
- American Public Health Association, Member, 1976 - 1979 and 2003 - Present.
- U.S. Public Health Traineeship Scholarship awarded for Ph.D. study at University of Illinois at Chicago, Fall 2001.
- Rotary International Professional Group Study Exchange, January 2000, New Delhi, India.
- Neighborhood Housing Services (NHS) of Freeport, Board of Directors and Officer, 1999 - 2001. Freeport, Illinois.

- Vestry, Grace Episcopal Church, 1999 - 2001. Freeport, Illinois.
  - Decorah Community School District Shareholders (advisory to School Board), Chair, 1996 - 1997 and Member, 1994 - 1995. Decorah, Iowa.
  - Winneshiek County Health Planning Committee (of Winneshiek County Board of Health), Chair. 1991 - 1995.
  - Decorah Parent Teacher Association, President, 1991 - 1993, and Vice-President, 1989 - 1991. Decorah, Iowa.
  - Governor's Award for Volunteerism, 1985.
- 

## PUBLICATIONS

Lischwe, Deborah and Bientema, Craig. *County Health Department and Medical School Research Unit Collaborate to Improve Community Health*. American Public Health Association Annual Meeting, November 10, 2010.

Lischwe, Deborah and Fishburn, Michele. *County Health Department and Local Partners Collaborate with Medical Research Unit for Community Health Improvement*. American Public Health Association Annual Meeting, October 26, 2008.

Lischwe, D., et. al. *County Health Department and Local Partners Integrate Collaborative Planning Models for Community Health Improvement*. American Public Health Association Annual Meeting, November 5, 2007.

Lischwe, Deborah G. *A Comparison of the Demographic Characteristics and Health Indicators for Three Rural Northern Illinois Counties* 12<sup>th</sup> Annual Research Day, University of Illinois College of Medicine - Rockford, March 28, 2007.

Lischwe, Deborah G. and Todd, Jeffrey W. *Medical School Research Unit Collaborates with Six Stephenson County Partners to Use M.A.P.P. for Planning*. American Public Health Association Annual Meeting, December 5, 2005.

Lischwe, D. G.; Todd, J. W.; Konrad, J. *County Health Department Collaborates with Five Local Partners and Medical School Research Unit to Use M.A.P.P. for Planning*. Illinois Public Health Association Annual Meeting, April 20, 2004.

Lischwe, D., et. al. *Medical School Research Unit Partners with Local Health Department for Planning*. American Public Health Association Annual Meeting, November 17, 2003.

Lischwe, Deborah G., *An Analysis of Health and Population in Rural Illinois*. Illinois Rural Health Association Annual Meeting, November 2003.

Moskowitz, M.; Gartside, P; Gardella, L; deGroot, I; Guenther, D. *The Breast Cancer Screening Controversy: A Perspective*. American Journal of Roentgenology 129, no. 9 (September 1977): 527-543.

Gerowitz, Martin and Guenther, Deborah. Health Systems Planning: Acute Care Resources and Need Determination, University of Cincinnati, 1977.

Guenther, Deborah. *An Examination of the Relationship between Geographic Accessibility and the Utilization of an Open Clinic for the Early Detection of Disease* (Master's Thesis). August 1, 1976.

VITA  
**Joel Barry Cowen**

**Business Address:**

Health Systems Research  
University of Illinois College of Medicine  
1601 Parkview Avenue  
Rockford, Illinois 61107  
Phone: 815/395-5639  
Fax: 815/395-5602  
E-Mail: joelc@uic.edu

**Home Address:**

1003 Westchester Drive  
Rockford, Illinois 61107  
815/229-5780

**ACADEMIC DEGREES AND CREDENTIALS**

---

B.A. Ed. (1966)  
University of Akron  
Major: Social Studies

Ph.D. requirements except dissertation (ABD)  
University of Cincinnati  
Major: Urban Geography

M.A. (1968)  
University of Cincinnati  
Major: Urban Geography

**PRIMARY INTERESTS**

---

- Community Needs Assessment
- Demography-Population
- Educational Evaluation
- Epidemiology
- Health Care Research
- Health Planning
- Mental Health
- Public Policy
- Social Research
- Survey Research

**MEMBERSHIPS AND OFFICES HELD**

---

- President, Illinois Association of Health Systems Agencies, January 1983 - 1985
- Chairman, Maria Linden Retirement Home Board of Directors, 1992 - 1996
- Vice-Chair, Illinois Human Rights Authority, NW Region, 1999 - 2003
- Greater Rockford League of Women Voters, Board of Directors, 1992 - 1995
- Acting Chair, Research Committee, U of IL College of Medicine-Rockford, 2000 - 2001
- Blackhawk School Linked Health Center, Advisory Committee, 2002 to present
- Winnebago County Childhood Immunization Council, 1998 to present
- Voices for Illinois Children, Data Advisory Committee 2004 to present

**RELATED EXPERIENCE**

---

Planning/Research

Assistant Dean for  
Health Systems Research

University of Illinois College of Medicine at Rockford, 1992 to present.

Coordinator  
Health Systems Research

University of Illinois College of Medicine at Rockford,  
January 1990 to 1992

President

Northern Illinois Human Services Consultants, February  
1982 to December 1989.

Executive Director                      Comprehensive Health Planning of Northwest Illinois,  
February 1977 to December 1988.

### Teaching

Assistant Professor                      Northern Illinois University, School of Allied Health, Public  
and Community Health (MPH). Program, 1986 to 1991.

Assistant Professor                      University of Illinois Medical Center, School of Public Health,  
September 1972 to February 1977.

Instructor                                      Beloit College, September 1970 to August 1972.

### **HONORS**

---

Distinguished Service                      University of Illinois College of Medicine at Rockford, 2008.  
Faculty Award

### **RECENT PUBLICATIONS**

---

Bacon, Maichle B., Galassie, Dale and Cowen, J. A consortium approach to local behavioral risk factor assessments: Illinois Morbidity and Mortality Review, 1994; 1-3.

Salafsky, B., Cowen, J. and Bunyer, M. Developing a community consortium for health. The Meducator, 2001; 1,3.

Cowen, J., Objective setting, indicators and outcome: measurement for good management. Managing a successful TUFH field project. Monograph. Geneva: WHO, 2003.

Cowen, J., Sjostrom, Barbara F., Doughty, Andrea S. And Schiffer, Randolph B. Cass Finding for MS Prevalence Studies in Small Communities Requires a Community-Base Approach. Neuroepidemiology September 2007.

### **RESEARCH SUPPORT - PRINCIPAL INVESTIGATOR**

---

Program Announcement 02154 Cowen (PI) 10/01/2002-09/30/2005  
Agency For Toxic Substances and Disease Registry/CDC  
Study of individuals with MS and ALS in five communities.

### **CURRENT AND RECENT EVALUATION**

---

Rockford (IL) Public Schools (Federal/State Grants)

21<sup>st</sup> Century CCLC (After-School) Program

Smaller Learning Communities

Woodstock (IL) School District (Federal/State Grants)

Drug-Free Communities

Smaller Learning Communities

Meridian (Stillman Valley, IL) School District

Konnections for Kids (Counseling)

Illinois Department of Human Services - McHenry County Mental Health Board

Family CARE child and adolescent System of Care Grant

Oak Park Mental Health Board

Community Needs Assessment

DeKalb County Mental Health Board

Community Needs Assessment

Winnebago County Housing Authority

Hope VI Evaluation

**JAMES A. POWERS, JR.**

**2211 Silverthorn Drive  
Rockford, Illinois 61107**

**(815) 229-5018**

**PROFESSIONAL EXPERIENCE:**

**Easter Seals of Metropolitan Chicago Chicago, Illinois  
Vice President/Consultant Rockford Region May 2006 to October 2007**

**Administrative, public relations, and program development responsibilities for the northwest Illinois regional office of Easter Seals of Metropolitan Chicago, a large multi-service agency for children with disabilities and special needs and their families.**

**Easter Seals Children's Development Center Rockford, Illinois  
President & CEO January 2005 to May 2006**

**Executive, administrative, and supervisory responsibilities for a child and family agency serving children with disabilities and special needs and their families and offering medical rehabilitation services, family support services, teen family support services, and an inclusive childcare. Maintained or increased funding from diverse sources including the State of Illinois, the Ounce of Prevention and other grant makers, 708 Board, United Way, insurance companies, as well as corporate and individual donors.**

**Merged the agency with Easter Seals of Metropolitan Chicago to bring additional programmatic resources to the area to serve children and families living with autism (including a Therapeutic Day School for Children with Autism) and to achieve administrative efficiencies.**

**Family Advocate, Inc. Rockford, Illinois  
Executive Director 2004**

**Executive, administrative, and supervisory responsibilities for a child and family agency offering counseling to sexually abused children, volunteer mentoring services and crisis nursery services.**

**Rebuilt the staff in the counseling program, re-established positive relationships with funding and referring agencies, and significantly increased the level of agency services and billings.**

**In the face of sudden and deep cutbacks in state funding, worked with the Board of Directors to successfully seek out agencies that might acquire the agency's programs, constructively dissolve the agency's administrative structure, and completely fulfill the agency's financial responsibilities.**

**Rockford Health System                      Rockford, Illinois**  
**Director, Employee Assistance Program      1997 to 2004**  
**Administrative, supervisory and marketing responsibilities**  
**for a health system based EAP program offering EAP and**  
**managed behavioral health care services to over 100 companies.**

**Expanded EAP and managed care services to at least ten additional companies including**  
**the largest community employer. Maintained the Rockford Health System EAP's**  
**dominant market position in the community.**

**Partnered with North Carolina-based ResearchTriangle Institute**  
**to bring closure to a joint national grant that developed programming to extend EAP s**  
**services to women and minorities.**

**Manager, Outpatient Mental Health Services    2000-2004**  
**Administrative and supervisory responsibilities for a health system**  
**based mental health practice. Provided administrative support to the**  
**psychiatrists and supervised nurses and office staff.**

**Integrated a new billing system that increased revenue and met compliance guidelines.**

**Enhanced revenue by working with contract department to negotiate insurance**  
**contracts with higher reimbursement rates.**

**Family Counseling Service of Northern Illinois                      Rockford, Illinois**  
**Executive Director                      1982 - 1997**  
**Executive, administrative, and supervisory**  
**responsibilities for a family service agency offering**  
**counseling, family life education, and outreach services.**

**Worked with the Board of Directors to develop funding**  
**sources to serve more families; implement a strategic planning process; and**  
**purchase, rehabilitate, and finance a new facility.**

**Implemented a more effective intake system and computerized the agency's financial**  
**processes.**

**Assistant Executive Director    1980 - 1981**

**Certified Social Worker                      1974 - 1980**

**Field Supervisor for Loyola University, University of**  
**Illinois, and University of Wisconsin, Whitewater, Schools of Social Work.**

**OTHER PROFESSIONAL EXPERIENCE:**

**Rockford College      Rockford, Illinois                      1997-98**  
**Adjunct Faculty Member in Anthropology & Sociology Department.**

**University of Illinois School of Social Work    Champaign/Urbana, Illinois 1997**

**University of Illinois College of Medicine at Rockford  
Adjunct Faculty Member in Social Work**

**EDUCATION:**

**B.A. - University of Illinois 1968  
B.D./M.Div - Andover Newton Theological School 1971  
M.S.W. - Simmons College School of Social Work 1973**

**CERTIFICATION AND PROFESSIONAL MEMBERSHIPS:**

**State of Illinois Licensed Clinical Social Worker  
State of Illinois Certified School Social Worker  
Academy of Certified Social Workers  
Diplomate in Clinical Social Work**

**HONORS:**

**Phi Beta Kappa  
Phi Kappa Phi  
Social Worker of the Year, Jane Addams District, National Assoc. of Social Workers**

**COMMUNITY INVOLVEMENTS:**

**Current Board Member  
Northern Illinois Center for Nonprofit Excellence Advisory Board**

**Recently Completed 10 Year Term as Board Member,  
Department of Financial & Professional Regulation,  
State of Illinois, Social Work Examining and Disciplinary Board**

**Recently Completed 9 Year Term as Trustee and Committee Chair  
Community Foundation of Northern Illinois**

**Former Board Member  
Rotary Club of Rockford**

**Past President  
Agency Executives Advisory Council, United Way Services**

**Former Chairperson, State Board Member, National Delegate,  
Member of State Nominations & Leadership Development Committee  
State of Illinois Chapter, Jane Addams District  
National Association of Social Workers**

**Charter Member/Past Vice-President  
Board Directors, Youth Services Network**

# HEALTH SYSTEMS RESEARCH

Current and Recent Projects  
January 2009 through June 2011

Division of Health Policy and Social Science Research  
Department of Family and Community Medicine  
University of Illinois – Rockford  
1601 Parkview Avenue  
Rockford, Illinois 61107  
815.395.5639

## INFORMATION SERVICE

The Health Systems Research "Information Service" provides subscribers with quarterly publications highlighting recent data about topics of local interest along with ready access to demographic, social, and economic information. As a Census affiliate, HSR can obtain the most up-to-date available U.S. Census Bureau data. HSR also maintains extensive information on social indicators and monitors trends in northwest Illinois and McHenry County.

Clients are able to access databases, literature searches, resource files, and receive assistance with grant preparation. Response to request is nearly immediate, often within hours. In addition to the quarterly publication, an annual summary of hospital data including utilization, personnel and finances of northwest Illinois and McHenry County facilities is sent to all Information Service subscribers.

<b>Hospitals/Health Systems</b>	<b>Other Subscribers</b>
Katherine Shaw Bethea (KSB) Hospital, Dixon	City of Rockford,
Rockford Health System	Community Development Department
SwedishAmerican Health System	Rockford Park District
	Rockford Register Star
<b>Public Health</b>	United Way of Rock River Valley
Crusader Community Health	
McHenry County Department of Health	
Winnebago County Health Department	

For information on the service, contact Health Systems Research at 815.395.5639.

## COMMUNITY STUDIES

**Boone County Health Department**  
***Washington Elementary School Family Health Survey***

Analysis of survey to determine health needs of families in order to develop health education and activities. (Report March 2009)

**City of Rockford**  
***Rockford Alcohol Free Teens (RAFT) Parent Survey***  
Survey sent to all parents of Rockford high school students about underage drinking and related behaviors. (Report June 2010)

**Crusader Community Health**  
***Patient Report Cards***  
Analysis of patient "report cards" handed out at all Crusader Clinic medical and dental facilities. Frequency results and findings presented by facility and unit.

**DeKalb County Mental Health Board**  
***Mental Health Needs Assessment***  
Comprehensive needs assessment of mental health, substance abuse, and developmental disabilities. Study included household survey, key informant interviews, focus groups, and data analysis including prevalence and service use. HSR assisted Mental Health Board in establishing priorities, using study for strategic planning and funding decisions. (Report July 2009)

**Excellence in Academic Medicine (EAM) Grant**  
**University of Illinois Rockford and SwedishAmerican Hospital**  
***An Analysis of the Prevalence of Multiple Sclerosis in Thirteen Northwest Illinois Counties***  
An epidemiological study that identified individuals with MS across northwest Illinois using multiple approaches including on-line participation. 772 individuals with MS registered for the study. Results were analyzed to determine what demographic, socioeconomic, or environmental variables are associated with the presence of MS. Female gender and Northern European ancestry were the strongest predictors. Agricultural areas appeared to exhibit higher prevalence. (Report July 2009)

**Grundy County**  
**Community Analysis**  
Analysis of demographic, social, economic and health indicators drawing heavily on U.S. Census, Illinois Department of Employment Security and Illinois Department of Public Health data. Conducted for Grundy County Health Department and IPLAN Steering Committee members to determine community's most important health problems. (Report May 2010)

**Healthier Barrington Project**  
***Greater Barrington Surveys***  
Household survey to 4,000 homes in Spring 2011, the sixth survey of a series which began in 1996. Survey topics include quality of life, shopping, health and human services quality and gaps, housing, health and mental health status, child and senior care. (Reports July 2008, 2009, August 2011 - anticipated)

## COMMUNITY STUDIES

**Highland Community College - Stephenson County Leadership Institute, Jo Daviess Leadership Forum, and Highland Community College Employee Leadership Group.**

***Population Descriptors***

Annual analysis and presentation of county-specific demographic and socioeconomic data.

**Knox County Health Department**

***Healthy Communities Study 2010/2011***

Comprehensive needs assessment utilizing four components: household survey, key informant interviews, focus groups, and community analysis. Wrap-up synthesizes findings of all studies and presented results in a format suitable for IPLAN (Illinois Project for Local Assessment of Needs) and MAPP (Mobilizing for Action through Planning and Partnership). (Reports May 2010 – April 2011) Follow-up to studies in 1995, 2005 and 2007.

**Knox County Health Department**

***STD Study***

Community study including focus groups, data analysis and literature review to gather ideas for improving the delivery of sexually transmitted disease services. (Report April 2009)

**McHenry County College**

***Health Professions Studies***

Two studies examining the feasibility of establishing training programs, one for occupational therapy assistant (COTA) and the other for respiratory therapist (RRT). The studies incorporated surveys of existing programs, trends in the field, and employment outlook. (Reports March 2008, January 2010)

**McHenry County**

***2010 Healthy Communities***

Community needs and quality of life assessment including household survey, focus groups, and key informant interviews (jointly conducted with Leadership Greater McHenry County) and guidance for community analysis. Findings used for planning efforts of 18 partner organization and McHenry County Department of Health IPLAN process. (Reports November 2010 to March 2011)

**Meridian District 223**

***Enrollment Projections***

Demographic analyses of growth factors for the Stillman Valley-Davis Junction-Monroe Center District with enrollment projections to 2020. Follow-up to 2006 report. (Report February 2009)

**Oak Park Mental Health Board and River Forest Mental Health Committee**

***Mental Health Assessment 2009-2010***

Comprehensive study of mental health, substance abuse, and developmental disabilities needs in Oak Park and River Forest Townships. Includes household survey, key informant interviews, focus groups, and community data analysis. (Reports 2010)

**Rockford Health Council**

***Healthy Communities 2010***

Two studies that examined health and human services needs in Rockford MSA. The studies include a household survey distributed three ways: sent to 8,000 randomly selected homes in Winnebago and Boone Counties, through selected Rockford elementary schools with high low-income student populations, and online to selected Rockford Chamber groups. The second study is a collection of data describing the population and health characteristics in the two-county area. (Reports November 2010)

## COMMUNITY STUDIES

### **Rockford Metropolitan Agency for Planning (RMAP) *NICTI Commuter Rail Survey***

Survey of 10,000 households in Boone and Winnebago Counties regarding possible use of commuter rail to Elgin Metra, organization and funding of the rail service. (Report June 2009)

### **Rockford Park District *Citizen Survey 2010***

Mail survey to a random sample of 4,000 homes in the Rockford Park District. Topics include participation in RPD programs, views on land acquisition, reasonableness of fees, and priority population groups to be served. Follow-up to similar surveys conducted in 2008, 2006, 2004, 2001, and 1999. (Report August 2010)

### **Rock Valley College *District Survey***

Survey about preferences for non-credit and continuing education offerings for Community Education Outreach and Center for Learning in Retirement. Survey topics included experience with RVC; interest in theatre, classes, programs; registration and scheduling preferences, programs and scheduling for children. (Presentation February 2009)

### **Sinnissippi Centers, Inc.**

#### ***Assessment and Evaluation for Children's Mental Health Initiative***

Needs assessment for children's mental health services in four-county area, Carroll, Lee, Ogle and Whiteside. Assessment includes survey of 4,000 randomly selected households with children and community analysis of data from secondary sources. Design of evaluation plan also part of project. Grant awarded to Sinnissippi Centers by Illinois Children's Healthcare Foundation. (Reports April 2011)

### **Stephenson County Healthy Communities *Community Analysis***

Comprehensive analysis of demographic, social, economic, and health indicators for Stephenson County Healthy Communities Partnership. Used to choose priority areas for action. (Reports July 2008 and 2009)

**Stephenson County Health Department  
*Planning Study for a Federally Qualified Health Clinic (FQHC) serving Stephenson & Carroll Counties***  
Study to support FQHC planning under a federal HRSA grant. Included household survey, key informant interviews, focus groups, data analysis, and preparation of application for New Access Point. Follow-up when 2010 application guidance released. (Reports June - December 2009, December 2010)

### **Stephenson County Senior Resource Center *Data***

Compilation of demographic, household, income and poverty data about seniors residing in Jo Daviess and Stephenson Counties. (Report April 2009)

### **Whiteside County Health Department *Healthier Communities Partnership 2010***

Community analysis of demographic, social and economic indicators along with household survey of 4,000 homes about health and human services needs in the county. (Reports May 2010)

### **Winnebago County Housing Authority *Smoking Policy Survey***

Survey administered to residents of three public housing apartment buildings regarding smoking policies and related topics. (Report December 2009)

## EVALUATION ASSISTANCE

### **Boone County Health Department**

#### ***Abstinence Education Program***

Annual analysis of student surveys assessing sexual knowledge, attitudes, and behavior before and after abstinence education in Boone County schools. (Final Report August 2009)

### **Freeport School District**

#### ***21<sup>st</sup> Century Community Learning Center Grant***

Technical assistance for evaluation of after-school programs at two sites. Achievement and behavior outcome data for students are analyzed, as well as parent and student satisfaction. Programs funded by federal grant administered through Illinois State Board of Education. Reports to be generated annually beginning with school year 2010-2011.

### **Janesville (WI) School District**

#### ***Grant to Reduce Alcohol Abuse***

Technical assistance for evaluation of a U.S. Department of Education grant to reduce alcohol abuse among high school students. (Reports of frequency results, July 2008, 2009 and 2010)

### **Meridian District 223**

#### ***Konnections for Kids***

Annual evaluation of an elementary school counseling program in two elementary schools. Involved community partners and District staff to train other staff. Evaluation included student, parent, teacher, and partner surveys. (Reports 2007, 2008, 2009 and 2010)

### **Rockford MELD**

#### ***Marriage First Initiative***

Evaluation of a federal grant to promote healthy marriages and relationships, primarily through implementation of the Prevention and Relationship Enhancement Program for adults, and student curricula at area middle and high schools. (Reports May 2008, October 2009, and December 2009)

### **Rockford Public Schools**

#### ***21<sup>st</sup> Century Community Learning Center Grants***

Evaluation of after-school programs at 19 sites. Grants received from the Illinois State Board of Education. Achievement and behavior outcome data for students are collected and interpreted, as well as measures of parent and student satisfaction. Progress reports completed at the end of each year, conducted annually since 2000. (Continuing)

### **Rockford Public Schools**

#### ***Grant to Reduce Alcohol Abuse***

Annual evaluation of a U.S. Department of Education grant to implement programs to reduce alcohol use, especially binge drinking, at all Rockford public high schools and Boylan High School. Monitored views and behavior through student and parent surveys. (Final Report April 2009)

### **Violence Prevention Collaborative**

#### ***Bullying Attitude Survey***

Annual evaluation of anti-bullying program at Kennedy and West Middle Schools (Rockford), including analysis of pre- and post-tests to measure changes in bullying and attitudes following initiation of Steps to Respect, Success in Stages, and Second Step programming.

### **Winnebago CUSD #323**

#### ***Safer Today for a Secure Tomorrow***

Evaluation of initiative to improve emergency response and crisis management plans, funded by the federal government. Parent survey monitored whether family improvements occurred. (Report June 2009)

## EVALUATION ASSISTANCE

### **Winnebago County Health Department** ***Weed and Seed***

Annual analysis of resident surveys of two Rockford Police Department sub-beats to determine the perceived impact of Weed and Seed initiatives in the Ellis Heights and Kishwaukee Corridor areas. Funded by the U.S. Department of Justice "Weed and Seed" grants. (Continuing)

### **Woodstock Community Unit School District** ***Drug-Free Communities***

Technical assistance for Woodstock's SAMHSA Drug-Free Communities grant. This project brings together local agencies as the Community Partnership Coalition which seeks to reduce adolescent substance use and abuse. Includes survey of parents/guardians of all Woodstock School District 6th-12th graders about alcohol and drug use among youth, parent beliefs and behaviors. (Continuing)

### **Woodstock Community Unit School District** ***Smaller Learning Communities***

Annual evaluation of U.S. Department of Education Smaller Learning Communities (SLC) grant. Components included data analysis, faculty and student surveys, and project personnel interviews. (Final Report January 2009)

### **Woodstock Community Unit School District** ***Teaching American History***

Annual evaluation of a three-year U.S. Department of Education grant encompassing nine districts in partnership with colleges, historical societies, and museums. Project provided graduate course work, workshops, seminars, tours, historians in residence, and use of a web-based information-sharing tool. Focused on improving teacher American History content knowledge and teaching effectiveness to improve student interest and academic performance. (Final Report October 2009)

### **Woodstock Community Unit School District** ***Grant to Reduce Alcohol Abuse***

Evaluation of U.S. Department of Education grant to implement curriculum and activities designed to reduce underage drinking. Assesses attitudes and behaviors through surveys administered to students and parents. (Continuing)

## **PUBLICATIONS**

Cowen, Joel B. An Introduction to the Patient Protection and Affordable Care Act P.L. 111-148). The League of Women Voters of Jo Daviess County, June 30, 2010, Galena Middle School.

Cowen, Joel B. Series of columns on Health Reform.

Health Reform: 2010 – The Initial Phase

Health Reform: 2010 – The Impact on Employers

Health Reform: 2014 – Covering the Uninsured through Subsidies

Galena Gazette June 23 and June 30, 2010.

Cowen, Joel B. Health Care Access and Quality: Inequalities in Illinois Communities. One Health Illinois Summit – the interconnectiveness of human animal and ecosystem health. University of Illinois at Urbana-Champaign, College of Veterinary Medicine (February 24, 2010).

Lischwe, Deborah G., and Bientema, Craig. County Health Department and Medical School Research Unit Collaborate to Improve Community Health. Accepted for presentation at American Public Health Association 138<sup>th</sup> Annual Meeting (November 2010).