



Thanks to your support

We've made tremendous progress in fighting our nation's No. 1 and No. 4 killers – Heart Disease and Stroke. However many challenges still remain.

Your contributions help support ongoing research, education, and advocacy right here in Illinois. Here are examples of what we're working on and how your donations make a difference.

\$2 Per Pay Period (\$26)

Provide 17 families with information on raising an infant/child with congenital heart disease.

\$5 Per Pay Period (\$130)

Train five volunteer madrinhas to educate their fellow Latinas on heart health through Go Red Por Tu Corazon.

\$8 Per Pay Period (\$208)

Provide stroke patients with volunteer support through their recovery process.

\$10 Per Pay Period (\$260)

Provide eight pediatricians, nurses or emergency healthcare providers with specialized training to recognize and treat cardiovascular diseases in infants and children.

\$15 per pay period (\$390)

Establish cultural health programs for one African-American or Latin/Hispanic community, reaching more than 1,500 people with heart-disease and stroke prevention information.

\$20 Per Pay Period (\$520)

Provide over 500 students with information on nutrition and hands-on learning through physical activity.

\$25 Per Pay Period (\$650)

Train 20 first responders in Illinois in CPR, AED (Defibrillator) use and first aid.

THANK YOU

For supporting the health of your family, friends, neighbors and Co-workers.

Learn more at www.heart.org/missionatwork.