

405 Central  
Abbott House Nursing Home  
Highland Park, Ill

1)  
to the Office of the Governor Pat Quinn  
Michael Felder

Task Force Chairman for Nursing Home Investigation

RECEIVED

JAN 22 2010

Dear Mr. Felder,

May, God bless and keep you  
on your journey as you try to understand some  
of the Nursing Homes in Illinois. I have no  
computer to keep up on your wonderful work  
and write to you as a recovering Alcoholic,  
suicide veteran, & very frightened woman. I  
must say, that by staying in these dangerous  
places, I did straighten up my behavior.  
No more drinking and drugging. After residing  
in Burnham, Ill and then moving to a  
better Nursing Home, Frankfort Terrace  
and then to Abbott House in Highland Park,  
I have gathered together a decent life (here at  
Abbott House) and even want to try to get a job  
at McDonalds.

Stopping the violence, thievery and  
sexual predators is ~~so~~ hard because even  
though these people are very bad, they think  
they fooling people by living in a Nursing Home.  
These people need to be weeded out because of  
their bad behavior. One huge recommendation  
I believe that "Smoking" is a big way of

changing people. If they can't smoke or are allowed only 2 or 3 times a day, People would have more time to think about their behavior and concentrate on it. There is no excuse for violence, If we had more security, security would win over violence. At Burnham the security was not strong and many times violence would preceed. Why, I have seen security just leave the room, as people were breaking tables, cursing, threatening everybody and making me feel, is life worth living?

Poor, violent, offenders against phy, pschizophrenic, mental patients, do not mis. Thankyou for seeing that.

1. More clothed police, or well dressed security calms the whole place down
2. Smoking at only designated times should work & can work as a disciplinary measure. Cigarettes are not free. They can be used though to curb anyone from violence and for that brief time can give the advantage over the individual so he can be put on handcuffs and taken to another facility (or jail) where you cannot smoke, even if they claim they "hear voices, see things, or claim that they

51

have psoriasis, that is not an excuse for violence. There are a lot of people out of hand. I was peared to death at Burnham Terrace in Burnham, Ill. Things got better for me at Frankfort, Ill because smoking was a privilege not a "have to". I actually have a life now because they moved me so many times, finally to Abbott House, Highland Park Ill. Come out and visit me I have plenty of stories!

Now these magazines I'm sending, you could say, Euk, they're religious. I am sacrificing them for you. Depression is a very lonely feeling — these people are not violent, not criminals, thieves, or predators.

I felt lonely, even with a lot of people around, I felt different than everybody. Prescription Drug Abuse — just an example of someone who might "end up" in a Nursing Home, And of course Alcohol, One of the most frightening things sold today.

God bless you for your work  
keep it up

Sincerely

PS. write back