The Future of Care Coordination for Seniors and Persons with Disabilities

July 2012
### Key Facts About Seniors and Persons with Disabilities

- 2.7 million adults and children are currently enrolled in Medicaid and All Kids; of these, 434,492 are Seniors and Persons with Disabilities (SPD) -- used to be called AABD (Aged Blind Disabled)

- SPDs are of two types: Medicaid only or Duals

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<tr>
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<th>Non-dual/Medicaid only:</th>
<th>Duals: Medicaid/Medicare</th>
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<tbody>
<tr>
<td>Under Age 65 Disabled</td>
<td>143,102</td>
<td>116,381</td>
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<tr>
<td>Age 65+</td>
<td>19,587</td>
<td>153,422</td>
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<td>Total</td>
<td>162,689</td>
<td>271,803</td>
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- SPDs are 16% of clients but cost 55% of Medicaid budget (all agencies)
16% of clients who are Seniors and Persons with Disabilities (SPD) cost 55% of Medicaid budget (all agencies) – they have most complex health/behavioral health needs.

**Distribution of FY 2010 full benefit enrollment and costs**

Costs are paid claims for services provided during the fiscal year, including other agency spending and hospital static payments.

**Enrollment Group:**
- Seniors (65+)
- Adults with disabilities (19-64)
- Other adults (19-64)
- Children (0-18)
Current Challenges & Opportunities

1. Fragmented healthcare delivery system
   - Services lack continuity of care for clients, with few linkages among providers or care transitions provided
   - Most expensive SPD clients with complex health/behavioral health needs have to navigate healthcare system alone
   - Medicaid is fee-for-service: pays for quantity, not quality of care or efficiency; does not reward collaboration; does not provide incentives for serving SPD clients in least restrictive environment
   - Payment methodologies for hospitals, nursing homes and provider system in general are outdated -- don’t reflect today’s goals for quality of care and health outcomes
## 2. Outdated Long-Term Care System

- Illinois historically has invested in institutional care; now need to build up home and community infrastructure.

- Consent decrees in 3 federal lawsuits and downsizing of state facilities will require service delivery redesign for most complex and expensive SPD clients.

- Assessment tool needs to be updated to better assess level of care, across disabilities.

- Nursing facility payment reform needs to reflect acuity of clients and level of care provided – new business models are needed to care for high-need clients.

- Concern about oversight/reporting/quality monitoring in long-term care settings – whether in community or in facilities.
3. Precarious Medicaid budget

- HFS faced $2.7 billion budget shortfall in FY 2013 -- Governor and legislature agreed to $1.6 billion in spending reductions plus $1.1 billion in new revenues

- Section 25 for Medicaid will be phased out – ending long-time practice of pushing Medicaid bills into next fiscal year ("pay cycle")

- SMART Act includes 62 specific spending reductions which reflect new policies -- most reductions are utilization controls on optional services
Transforming Medicaid Healthcare Delivery System

- Care coordination is centerpiece of Illinois’ Medicaid reform – aligned with Illinois Medicaid reform law and federal Affordable Care Act
- 2011 Medicaid reform law – 50% of clients must be in care coordination by 1/1/15
- IL among last major states to implement managed care/care coordination for Medicaid clients
- Learning from growing pains of first mandatory managed care program, i.e. provider resistance to managed care
- Transition from fee-for-service will require major changes for provider community and clients
What We Are Doing to Implement Care Coordination

- Initially focus on most complex, expensive clients
- Incentivize innovative program design – integrated approach to primary care/hospital/behavioral, with collaboration among providers
- Measure quality and health outcomes
- Infuse risk and performance into reimbursement
- Reform reimbursement systems for hospitals, nursing homes
- Break down silos of government
- Become more sophisticated in monitoring care coordination entities, MCOs
Currently, Illinois Medicaid has two managed care programs: voluntary and mandatory

**Voluntary:** 200,000 clients have voluntarily enrolled
- Includes only children and their parents
- Operated by 2 managed care companies (MCO) and a Managed Care Community Network (MCCN) in 18 counties

**Mandatory:** called Integrated Care Program
- 40,000 Seniors and Persons with Disabilities (SPD) in Cook County suburbs and 5 collar counties
- Operated by 2 MCOs
- Currently in Phase I including medical service package; Phase II long-term supports and services package (LTTS) – by October, 2012
New Initiatives Underway: Coordinated Care/Managed Care

- Innovations Project
  - Provider-organized networks through Care Coordination Entities (CCEs) and Managed Care Community Networks (MCCN)
  - 20 proposals received to serve adults (and children in their families)
  - Separate solicitation will focus on children with complex health needs – to be issued during summer 2012

- Dual-Eligibles (Medicaid/Medicare)
  - State has applied to federal Medicare-Medicaid Alignment Initiative (MMAI)
  - Likely to enroll up to an estimated 137,000 SPDs in Greater Chicago and Central Illinois regions
  - 12 proposals received by 9 companies
Policy on Care Coordination
Services to SPDs

- SPDs will be served through a “managed care entity” – including different models of CCEs, MCCNs, MCOs

- A managed care entity that is awarded a contract to serve SPDs will be required to offer two service packages, both including care coordination:
  - Medical – including behavioral health
  - Long-term Supports and Services (LTSS)

- For managed care entities:
  - MCO/MCCN: both packages will be paid through full-risk, capitated rates
  - CCE: service package services will be paid fee-for-service; CCE will be paid through risk-based care coordination fees
  - LTSS will incorporate institutional care and services and supports in Home and Community Based Services (HCBS) waivers
  - Not all SPDs will require LTSS, but it must be available
Policy on Care Coordination
Services to SPDs, cont’d.

For Medicaid-only SPD clients:
- Client will be offered a choice of a managed care entity; if no choice is made, then client will be automatically assigned to an entity
- Client will enroll into the managed care entity for both medical and LTSS service packages (if LTSS is required)
- Client will be required to use the network of providers offered by that managed care entity and to stay with that plan for one year (unless the client shows cause for change to another plan)

For Medicaid-Medicare SPD clients (“Duals”):
- For Medicare-Medicaid Alignment Initiative, client will be offered a choice of a managed care entity; if no choice is made, then client will be automatically assigned to an entity
- Medicare does not permit mandatory enrollment for the medical service package, so clients can opt-out of service package for Medicare medical services
- State is seeking a waiver from federal government to mandate enrollment into a managed care entity for Medicaid LTSS service package – THIS IS A CHANGE FROM PAST ANNOUNCEMENT
Policy on Care Coordination Services to SPDs, cont’d.

- For nursing home or home and community-based service providers of LTSS:
  - Will be required to be part of one or more networks of care organized by a CCE, MCCN or MCO
  - Will be part of a multidisciplinary team that focuses on the holistic needs of clients to achieve better health outcomes and quality of life
  - Will create a more cohesive, integrated service delivery system through collaboration and effective care transitions among providers
  - Will promote higher quality healthcare through greater access to preventive and primary healthcare services, reduced use of emergency rooms, reduced hospital readmissions, and support for independent living in the community
**Rollout Schedule of Medicaid Managed Care**

- **Integrated Care Program, Phase II LTSS – SPD adults in suburbs/collar counties**
  - Targeted to begin October 2012
  - Phase III for persons with developmental disabilities delayed until Phase II is operational

- **Innovations Project – SPD adults**
  - Initial CCE/MCCNs targeted for operation beginning January 2013

- **Innovations Project – children with complex health needs**
  - CCEs targeted for operation beginning April 2013

- **Federal Medicare-Medicaid Alignment Initiative (MMAI) for “Duals”**
  - Targeted to phase-in beginning April 2013 in Greater Chicago and Central Illinois regions
Rollout Schedule of Medicaid Managed Care, cont’d.

- Care coordination for persons with chronic mental conditions (under SMART Act)
  - Will be rolled into managed care expansion, beginning with Integrated Care Program, Phase II (October 2012)
- Mandatory Medicaid SPD enrollment in additional regions
  - Targeted to phase-in beginning April 2013
- Mandatory managed care for other populations – children, families, new Medicaid enrollees under ACA
  - Targeted to begin operations by January 2014

All initiatives, combined, will exceed and accelerate state goal of 50% of Medicaid clients in care coordination by January 2015.