

## Appendix 1

### Anticipatory Guidance

**Note:** All of the below topics may not be appropriate for each family. The provider should make a decision based on assessment of needs and observations. However, HFS' recommendations for minimal area(s) to be addressed are included in the text to follow. There are some areas that should be assessed initially and then visited only periodically or if the family has moved or otherwise changed.

#### Newborn:

- Importance of Healthy Kids (EPSDT) visits and immunizations and developmental screening
- Signs and symptoms of illness, e.g., neonatal jaundice; instruct when and how to contact doctor
- Review the results of the newborn hearing screen with parent/guardian; make referrals, as necessary
- Common questions and concerns of parents
- Sleep position based on current standards of practice
- Co-sleeping current standard of practice
- Diapering, rashes and infant hygiene including circumcision and umbilical care
- Thermometer use, temperature ranges that need to be called to doctor
- Importance of car safety restraints, e.g., placing child in back seat of car facing backward
- Home safety and injury prevention, e.g. crib safety; bath temperature; smoke detectors; carbon monoxide detectors; microwave/bottle temperature, and gun safety, if applicable
- Gratification of infant's need for contact, e.g., holding, rocking, interacting
- Recognizing infant states
- Ways to calm a crying infant, e.g., quiet infant with paroxysmal fussiness or colic
- Infant individuality, e.g., differences in infant temperament
- Prepare for possible sibling reactions
- Recognizing signs infant is hungry
- Breast-feeding or bottle-feeding; stress benefits and resources for breast-feeding support, as appropriate
- Good parenting practices; availability of parenting classes and how to deal with unwanted advice
- Postpartum adjustment; discuss range of postpartum difficulties including "blues" and depression
- Family planning needs of mother
- Risks of parental tobacco, alcohol and drug use to infant
- Shaken Baby Syndrome
- Emergency Procedures
- Available resources, e.g., WIC; Family Case Management; Early Intervention
- Sun exposure
- How their infant is developing
- How they are doing as parents

**2 - 4 Weeks:**

- Importance of next EPSDT visit, including immunizations
- Review the results of the newborn hearing screen with parent/guardian; make referrals, as necessary
- When and how to call doctor - recognizing early signs of illness
- Injury prevention for age, e.g., never leave baby alone in tub of water, high places or with siblings; proper infant restraint/car seat use; sun exposure; setting hot water thermostat lower than 120 °F
- Crib safety
- Diapering, rashes and infant hygiene
- Sleep patterns and positions
- Bladder and bowel habits
- Infant development and milestones
- Encourage infection prevention
- Guidance about crying
- Gratification of infant's basic needs
- Types of infant stimulation and its importance
- Development of baby's cognitive abilities
- Child care providers, e.g., what to look for in "good" child care
- Nutrition and fluoride needs
- Discuss breastfeeding support, as appropriate
- Burping techniques and spitting up
- Encourage parents to spend time together
- Family planning needs of mother
- Parental tobacco, alcohol and drug use - risks to infant
- Infant cardiopulmonary resuscitation (Infant CPR)
- Choking prevention and first aid
- Shaken Baby Syndrome
- Emergency Procedures
- Available resources, e.g., WIC; Family Case Management; Emergency Resources; Early Intervention
- Returning to work
- Signs of postpartum depression
- How their infant is developing
- How they are doing as parents

**2 months:**

- Importance of next EPSDT visit, including immunizations
- Injury prevention, e.g., never leave baby alone with young siblings; proper infant restraint/ car seat use; sun exposure;
- Diapering, rashes and infant hygiene
- Sleep patterns and positions
- Early signs of illness
- Outline what to do in an emergency
- Developmental issues and milestones
- Age-appropriate stimulation
- Age-appropriate toys
- Importance of infant-parent interaction
- Playing with toys, parents, siblings, others
- Childcare issues

- Discuss breastfeeding support, as appropriate
- Feeding instructions, e.g., delaying solids
- Family relationships
- Family planning needs of mother
- Risks of parental tobacco, alcohol and drug use to infant
- Available resources, e.g., WIC; Family Case Management; Emergency Resources; Early Intervention
- Signs of Postpartum Depression
- How their infant is developing
- How they are doing as parents

**4 months:**

- Importance of next EPSDT visit, including immunizations
- Injury prevention for age, e.g., infant rolling and falling; bath and bottle temperature; never leave baby alone with young siblings; proper infant restraint/car seat use; sun exposure
- Diapering, rashes and infant hygiene
- Sleep position
- Promoting healthy sleep habits, bedtime routines
- Development issues and milestones
- Discuss “spoiling”
- Good and appropriate childcare
- Emphasize family strengths
- Good parenting practices, e.g., holding and rocking infant; responding to infant; reading to infant; providing same transitional object at bedtime or in new situation to teach self-consoling behavior
- Discuss breastfeeding support, as appropriate
- Nutrition and oral hygiene; early childhood caries
- Teething
- Introduction of solid food when developmentally ready
- Risks of parental tobacco, alcohol and drug use to infant
- Shaken Baby Syndrome
- Maintaining religious, cultural, recreational, and social community ties
- Family planning needs of mother
- Available resources, e.g., WIC; Family Case Management; Early Intervention
- TV time
- Important baby routines and infant temperament
- Baby walkers
- How their infant is developing
- How they are doing as parents

**6 months:**

- Importance of next EPSDT visit, including immunizations
- Injury Prevention for age, e.g., never leave baby alone with young siblings; proper infant restraint/car seat use; limit sun exposure; avoid giving baby food that may be inhaled or may cause choking; keep number of local poison control near telephone
- Toy safety
- Diapering, rashes and infant hygiene
- Sleep patterns and position
- Need for shoes

- Discuss care of URI's, diarrhea, dehydration, and irritability
- Developmental issues and milestones, refer as necessary
- Need for answering all cries within a reasonable amount of time
- Stranger anxiety
- Age-appropriate stimulation, e.g., encouraging play with age appropriate toys
- Discuss parent-child relationships, e.g., reading to baby; social games and exploration
- Discuss breastfeeding support, as appropriate
- Nutrition and early childhood caries
- Teething/drooling/oral hygiene
- Good parenting practices, e.g., need for consistency and age appropriate discipline
- Family planning needs of mother
- Risks of parental tobacco, alcohol and drug use to infant
- Available resources, e.g., WIC; Family Case Management; Early Intervention; Emergency Resources
- TV time
- Introducing solid foods
- Family meals
- Basic Discipline
- How their infant is developing
- How they are doing as parents

**9 months:**

- Importance of next EPSDT visit, including immunizations
- Injury prevention, e.g., car safety; poisons; sun exposure; use of infant safety gate; upgrading to a toddler car restraint seat when the infant weighs 20 pounds
- Child Safety, e.g., lowering mattress in baby's crib; emptying buckets, tubs or small pools immediately after use
- Home safety, fire and burn prevention
- Discuss learning infant/child CPR
- Diapering, rashes and infant hygiene
- Sleep practices
- Shoe types and fit
- Developmental issues and milestones
- Signs and symptoms of illness
- Separation protests/stranger anxiety
- Childcare providers/issues
- Discuss breastfeeding support, as appropriate
- Nutrition and oral hygiene, e.g., table foods; family meals; open vs. sippy cup; early childhood caries; encourage baby to feed self as much as possible
- Good parenting practices, e.g., setting routines
- Emphasize family strengths, explore range of parental supports
- Family planning needs of mother
- Risks of parental tobacco, alcohol and drug use to infant
- Available resources, e.g., WIC; Family Case Management; Early Intervention; Emergency Resources
- TV time
- Reading to baby daily
- Readiness for weaning
- Separation anxiety

- Limit setting
- How their baby is developing
- How they are doing as parents

**12 months:**

- Importance of next EPSDT visit, including immunizations
- Diapering, rashes, infant hygiene, delaying toilet training
- Accident prevention, e.g., child proofing home; climbing; car seat use; sun exposure; safety gates; safety plugs; firearm safety
- Child Safety e.g., confining toddler's outside play to areas within fences and gates; turning panhandles toward back of stove; keeping toddler away from stoves, fireplaces, irons, curling irons and space heaters; checking home for lead poisoning hazards; keeping toddler away from lawn mower and other moving machineries
- Bedtime ritual
- Developmental milestones, refer as necessary
- Signs of illness and what to do in emergency situation
- Speech development
- Age appropriate stimulation, e.g., reading to child daily; playing games; singing and talking
- Child's need for autonomy and expression of curiosity
- Handling the "Nos" of being a toddler
- Temper tantrums
- Childcare and caregiver issues
- Consistency in discipline, e.g., use of praise and reassurance
- Discuss breastfeeding support, as appropriate
- Nutrition, e.g., table foods; plans to discontinue bottle feeding; choking hazards; anticipate decrease in appetite
- Dental hygiene and early childhood caries; visit to dentist and fluoride as necessary
- Emphasize family strengths, explore range of parental supports
- Family planning needs of mother and spacing of children
- Risks of parental tobacco, alcohol and drug use to risks to child
- Available resource, e.g., WIC; Early Intervention; Emergency Resources
- TV and computer time
- Fears in early childhood
- How their baby is developing
- How they are doing as parents

**15 months:**

- Importance of next EPSDT visit
- Injury prevention, e.g., poisons; falls; stoves; electrical outlets; car seat use; sun exposure/sunscreen; safety gates; safety plugs; firearm safety
- Child Safety, e.g., keeping cigarettes, lighters, matches and alcohol out of toddler's sight and reach; wearing helmet when riding on a seat on adult's bicycle
- Water safety
- Sleep practices; regular bedtime routines; sleep resistance
- Early morning riser
- Night awakening; nighttime feeder; crier
- Toilet training readiness
- Developmental milestones
- Child's language

- Developmental issues, e.g., curiosity; interest in peers; intellectual development
- Separation protest
- Bedtime fears
- Transitional objects
- Moving from a crib to a big bed
- Discipline, limit setting and the use of positive reinforcement; discipline as a means of teaching and protecting-not punishing; develop strategies to manage power struggle resulting from toddler's need to control environment
- Handling behavior problems in public places
- Temper tantrums
- Choosing and evaluating day care options
- Nutrition and oral hygiene; early childhood caries; fluoride; appropriate snacks; self-feeding
- Good parenting practices, e.g., talking, singing and reading with toddler; appropriate television watching
- Emphasize family strengths; explore range of parental supports
- Family planning for teenage parents
- Risk of parental or caregiver's use of tobacco, alcohol and drugs to child
- Available resources, e.g., WIC; Early Intervention; Emergency Resources
- Oral hygiene
- TV and computer time
- How their baby is developing
- How they are doing as parents

**18 months:**

- Importance of next EPSDT visit, immunizations
- Injury prevention, e.g., firearm safety; balloons; plastic bags; car seat use; safety gates; safety plugs
- Water safety
- Sleep practices, discuss night fears
- Toilet training readiness
- Development issues and milestones
- Discipline - positive reinforcement and praise
- Self-comforting behaviors
- Temper tantrums
- Choosing and evaluating day care or preschool
- Nutrition, e.g., choking hazards
- Oral care, e.g., early childhood caries; fluoride; brushing teeth
- Emphasize family strengths; explore range of parental supports
- Good parenting practice, e.g. limiting child use of TV time; encouraging family communication; modeling appropriate language; promoting a sense of competence and control by encouraging toddler to make choices whenever possible
- Reading to child daily
- Language
- Fear of strangers
- Limit setting
- Adjusting to a new baby; sibling rivalry
- Parental educational opportunities, e.g., participating in parent-toddler play group
- Risks of parental/caregiver's use of tobacco, alcohol and drugs to child
- Available resource, e.g., WIC; Early Intervention; Emergency Resources

- TV and computer time
- How their baby is developing
- How they are doing as parents

**24 months:**

- Importance of EPSDT visits and follow-up visits if needed
- Injury prevention, e.g., streets; falls; matches; guns; knives; keeping hot liquids out of reach; car seat use; safety gates; safety plugs
- Water safety
- Toilet training readiness
- Sleep issues, e.g., night fears and nightmares
- Developmental issues; autonomy; dependency and conflict
- Normal body curiosity
- Mild speech dysfluency
- Childcare providers
- Age appropriate stimulation; reading; telling stories; pretend activity; television supervision and limits; singing; parallel play; self-expression
- Using time out appropriately
- Help child express feelings like joy, anger, sorrow, fear and frustration
- Nutrition, e.g., family meals; snacks
- Dental care, e.g., dental visit every 6 months
- If mother is pregnant, talk about the impact of pregnancy on a two-year-old
- Emphasize family strengths; explore range of parental supports
- Good parenting practices, e.g., reading to child daily; singing; allowing parallel play with other children
- Risks of parental/caregiver's use of tobacco, alcohol, and drugs to child
- Available resources, e.g., WIC; Early Intervention; Emergency Resources
- Conduct fire drills at home
- TV, computer time and family time
- How their toddler is developing
- How they are doing as parents

**3 years:**

- Importance of EPSDT visits and any follow-up
- Injury prevention, e.g., appropriate car seat; water supervision; sunscreen; hot liquids; matches
- Toilet training, e.g., lapses in control, especially at night
- Developmental issues, e.g., sexual curiosity; onset of fears; rivalry
- Interest in language; encourage discussion of activities with child
- Discipline
- Nursery school/day care
- Hurting another child
- Handling anger
- Nutrition, e.g., three meals/day; avoid small hard food; healthy snacks
- Anticipate child's normal curiosity about genital differences in boys and girls
- Introduce notion that all parts of the body are not to be touched without permission
- Dental care; dental visit every 6 months
- Emphasize family strengths; explore range of parental supports
- Teach about "stranger danger"
- Importance of routines

- Child pedestrian safety skills
- Risks of parental/caregiver's use of tobacco, alcohol and drugs to child
- Available resources, e.g., WIC; Emergency Resources; Preschool programs including referral of children with special health care needs to the school district
- Preschool readiness
- Making friends
- Sibling rivalry
- TV and computer time
- How their preschooler is developing
- How they are doing as parents

#### **4 - 5 year olds:**

- Importance of EPSDT visits and immunizations
- Teach child how to swim
- Safety, e.g., guns; playground; neighborhood and water safety; strangers
- Allow child to cultivate problem solving attitude
- Do not allow violent behavior
- Encourage assertiveness without aggression
- Toilet training and night accidents
- Age appropriate sex education
- Discipline; limit setting
- Teach child all emergency numbers
- Developmental issues
- Environmental Stimulation, e.g., nursery school; increased excursions (zoos, museums, fire and police stations, amusement parks)
- Building self confidence
- Assign age appropriate chores
- Nutrition, e.g., meals; nutritious foods; snacks
- Dental care and dental emergencies; dental visit every 6 months
- Limit and supervise television watching
- TV violence and computer time
- Emphasize family strengths; explore range of parental supports
- Encourage development of good sibling relationships
- Available resources, e.g., WIC; Preschool programs including referral of children with special needs to the school district
- Home playground
- School readiness
- How their preschooler is developing
- How they are doing as parents

#### **SCHOOL AGED CHILDREN**

- Safety: bicycles; seat belts; matches; fires; poison; water safety; skateboards; playing in the street; awareness of strangers; how to find help; sunscreen; staying smoke/drug free; guns; peer pressure; sport safety; supervision after school
- *Developmental needs:*
  - Talking out problems with family members by expressing thoughts and feelings
  - Child needs secure home environment to develop a sense of belonging
  - Needs parent reinforcement to develop self-confidence
  - Needs freedom to explore new skill areas

- Recognize children's need for approval of others to develop personal assessment of how they fit into their world
- Friends are important
- Develop sense of right and wrong; set consistent limits that are reasonable; provide healthy role models; punishment/discipline that fits the wrong-doing (reassuring of parental love following correction; anger/conflict and resolution; authority respect
- Fostering interest in school, e.g., peer interaction; peer pressure; foster reading; team play; group activities
- TV and computer time
- How their child is developing
- How they are doing as parents

**6 years:**

- Importance of EPSDT visits
- Good health habits and self-care
- Developmental issues
- Social interaction; encourage parents to know child's friends
- Dental care and sealants; dental visit every 6 months
- Good parenting practices, e.g., discipline; promote responsibility; discuss peer pressure and appropriate decision-making skills; self-respect and respect for authority
- Provide personal space for child at home
- Communicating with child
- Bullying is not okay
- Handling anger
- Problem solving strategies
- Teach child about sports and protective gear; bicycle safety; correct size helmets
- How their child is developing
- How they are doing as parents

**8 years:**

- Importance of EPSDT visits
- Good health habits; self-care and personal hygiene
- Prepare girls for menstruation
- Teach the child how to handle dental emergencies
- Dental care, e.g., brushing; sealant and daily flossing; dental visit every 6 months
- Family/social interactions, e.g., community programs; scouts; sports; praise success
- Promote school/teacher interaction
- Know child's friends; teach child not to smoke, use drugs or alcohol
- Good parenting practices, e.g., discipline; promote responsibility; discuss peer pressure and appropriate decision-making skills; self respect and respect for authority
- Do not allow child to use power tools
- Handling anger
- Listening strategies for diffusing anger
- Bullying is not okay
- How their child is developing
- How they are doing as parents

**10 years:**

- Importance of EPSDT visits
- Good health habits and self-care
- Teach child to avoid high noise levels especially using ear phones
- Danger of drugs; smoking; alcohol and guns
- Protection from abuse
- Explore child's understanding on HIV/AIDS and hepatitis diseases
- Sex education, e.g., preparation for menstruation; wet dreams and abstinence
- Encourage parents to know friends and social activities
- Give child space to do homework
- Road safety rules for biking and in-line skating
- Educational activities
- Good parenting practices, e.g., discipline; promote responsibility; discuss peer pressure; appropriate decision-making skills; conflict management skills
- Internet and the family
- Dangers of alcohol; drugs; inhalant use
- How their child is developing
- How they are doing as parents

**12 years:**

- Importance of EPSDT visits
- Good health and self-care including oral care
- Sex education; body changes; discuss abstinence
- Protection from abuse
- Encourage social interaction; religious and spiritual needs
- Importance of academic activities
- Importance of parental communications
- Making wise and healthy choices, e.g., peer pressure; drugs; alcohol; steroids; diet pills; sexual activity
- Importance of a healthy diet and healthy snacks, including fruits and vegetables
- Educate child not to carry any weapons
- Good parenting practices, e.g., discipline; promote responsibility; decision-making skills; conflict management skills
- How their pre-teenager is developing
- How they are doing as parents, including spending time with their pre-adolescent

**ADOLESCENT**

- *Nutrition:*
  - Needed for growth; hormonal changes; stress; pregnancy; healthy diet practices including intake of calcium and folic acid; fruits and vegetables; discussion of eating disorders
- *Safety*
  - Aggressive behavior; safe driving, seatbelts and helmets; drinking and driving; firearms; crime/victim prevention
- *Behavior:*
  - Alcohol and substance abuse prevention; marijuana; cocaine; steroids; avoidance of smoking or smokeless tobacco use; risk taking; self esteem and respect; sexual behavior; TV watching; social actions; sports; study habits; making wise choices; positive self-image; teens and depression;

teen suicide and guns; homework tips; acne treatment; eating disorders; handling the anxious child; teen dating and violence

- *Development:*
  - Establish identity and body image; ability to think abstractly; increased peer interaction/wise choices; increased emancipation from family, e.g., challenges to parental authority; onset of idealistic/altruistic thoughts; career goals; relationships and sexuality
- *Advise/Counseling:*
  - Major events of puberty (including need for testicular self exam, breast self exam and information on menstruation); success in school; school activities; family relationships; peer relationships; outside interests; attitudes and religious beliefs; contraception/abstinence; conflict resolution; unhealthy habits; community service and employment; medical, dental and behavioral health resources; HIV and AIDS
  - How their teenager is developing
  - How they are doing as parents
  - Spending time with their child/adolescent

#### **14 years:**

- Safety issues, e.g., seat belts/helmets; mouth guards; body piercing; weapons
- Take on new challenges in life that will increase confidence
- Good health habits and self care, e.g., eating habits; healthy diet including healthy snacks, such as fruits and vegetables; exercise; injury prevention and substance abuse
- Sexual activity, e.g., STI/HIV transmission; abstinence; sexual orientation; contraception
- Protection from physical, emotional, sexual abuse; date rape
- Social interaction, e.g., community services; team sports
- Importance of educational activities
- Making healthy choices; peer pressure; positive goal setting, e.g., plans for the future
- How their teenager is developing
- How they are doing as parents, including spending time with their adolescent

#### **16 years:**

- Good health habits and self-care, e.g., eating habits; healthy diet, including healthy snacks, such as fruits and vegetables; sleeping habits; exercise; injury prevention and substance abuse
- Sexual activity, e.g., STI/HIV transmission; abstinence; sexual orientation
- Continue to develop sense of identity by clarifying values and beliefs
- Discuss peer pressure and handling negative peer pressure
- Social interaction
- Importance of educational activities
- Good parenting practices
- Discuss plans for the future, education
- Follow the speed limit and drive responsibly
- How their teenager is developing
- How they are doing as parents, including spending time with their adolescent

**18 years:**

- Good health habits and self-care
- Sexual activity
- Peer pressure
- Social interaction
- Importance of educational activities
- How to access health care
- Plan for future
- Trusting own feelings and following feedback given by trusted friends and adults
- How their young adult is developing
- How they are doing as parents, including spending time with their adolescent

**20 years:**

- Good health habits and self-care
- Sexual activity
- Peer pressure
- Social interaction
- Respect the rights and needs of others
- Educational activities
- Plans for future
- How their young adult is developing
- How they are doing as parents

## Smoking Cessation Information and Resources

[Illinois Tobacco Quitline](http://www.quityes.org)

<http://www.quityes.org>

[Five Major Steps to Intervention \(The 5A's\)](http://www.surgeongeneral.gov/tobacco/5steps.pdf)

<http://www.surgeongeneral.gov/tobacco/5steps.pdf>

[Illinois Tobacco-Free Communities \(IDPH\)](http://www.idph.state.il.us/TobaccoWeb site/pap.htm)

<http://www.idph.state.il.us/TobaccoWeb site/pap.htm>

[Tobacco \(Illinois Lung Association\)](http://www.lungil.org/tobacco/)

<http://www.lungil.org/tobacco/>

[Smoking Cessation \(NIH\)](http://www.nlm.nih.gov/medlineplus/smokingcessation.html)

<http://www.nlm.nih.gov/medlineplus/smokingcessation.html>

[Questions and Answers About Smoking Cessation](http://www.cancer.gov/cancertopics/factsheet/Tobacco/cessation)

<http://www.cancer.gov/cancertopics/factsheet/Tobacco/cessation>

[Smoking Cessation \(American Heart Association\)](http://www.americanheart.org/presenter.ihtml?identifier=4731)

<http://www.americanheart.org/presenter.ihtml?identifier=4731>

[Smoking Cessation](http://health.nih.gov/result.asp/607)

<http://health.nih.gov/result.asp/607>

[The Health Consequences of Smoking: A Report of the Surgeon General](http://www.cdc.gov/Tobacco/sgr/sgr_2004/index.htm)

[http://www.cdc.gov/Tobacco/sgr/sgr\\_2004/index.htm](http://www.cdc.gov/Tobacco/sgr/sgr_2004/index.htm)

[Women and Smoking: A Report of the Surgeon General](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2001/)

[http://www.cdc.gov/tobacco/data\\_statistics/sgr/sgr\\_2001/](http://www.cdc.gov/tobacco/data_statistics/sgr/sgr_2001/)

[Secondhand Smoke](http://www.cancer.org/docroot/PED/content/PED_10_2X_Secondhand_Smoke-Clean_Indoor_Air.asp?sitearea=PED)

[http://www.cancer.org/docroot/PED/content/PED\\_10\\_2X\\_Secondhand\\_Smoke-Clean\\_Indoor\\_Air.asp?sitearea=PED](http://www.cancer.org/docroot/PED/content/PED_10_2X_Secondhand_Smoke-Clean_Indoor_Air.asp?sitearea=PED)

[Secondhand Smoke and Children Fact Sheet](http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&B=39857)

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&B=39857>

[Guidelines for Smoking Cessation](http://www.guideline.gov/summary/summary.aspx?doc_id=3307&nbr=2533)

[http://www.guideline.gov/summary/summary.aspx?doc\\_id=3307&nbr=2533](http://www.guideline.gov/summary/summary.aspx?doc_id=3307&nbr=2533)

[Tobacco Cessation Guideline](http://www.surgeongeneral.gov/tobacco/default.htm)

<http://www.surgeongeneral.gov/tobacco/default.htm>

[Smoking Information for Health Professionals](http://www.cancer.org/docroot/PED/PED_10_6.asp?sitearea=PED)

[http://www.cancer.org/docroot/PED/PED\\_10\\_6.asp?sitearea=PED](http://www.cancer.org/docroot/PED/PED_10_6.asp?sitearea=PED)

[Fact Sheets: Tobacco/Smoking Cessation](http://www.cancer.gov/cancertopics/factsheet/Tobacco)

<http://www.cancer.gov/cancertopics/factsheet/Tobacco>

[Smoking Cessation: Integration of Behavioral and Drug Therapies](http://www.aafp.org/afp/20020315/1107.html)

<http://www.aafp.org/afp/20020315/1107.html>

[American Academy of Family Physicians](http://www.aafp.org/online/en/home/clinical/publichealth/tobacco/resources.html)

Tobacco Cessation: Resources and Patient Education Materials

<http://www.aafp.org/online/en/home/clinical/publichealth/tobacco/resources.html>

[Counseling to Prevent Tobacco Use and Tobacco-Caused Diseases](http://www.ahrq.gov/clinic/3rduspstf/tobaccoun/tobcounrs.htm#ref4)

<http://www.ahrq.gov/clinic/3rduspstf/tobaccoun/tobcounrs.htm#ref4>

[Smoking Cessation – You Can Quit Smoking Now!](http://www.surgeongeneral.gov/tobacco/)

<http://www.surgeongeneral.gov/tobacco/>

[Quit Smoking](http://www.cdc.gov/tobacco/quit_smoking/index.htm)

[http://www.cdc.gov/tobacco/quit\\_smoking/index.htm](http://www.cdc.gov/tobacco/quit_smoking/index.htm)

[Quit Smoking](http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33484)

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33484>

[Freedom From Smoking Online](http://www.ffsonline.org)

<http://www.ffsonline.org>

[The National Partnership to Help Pregnant Smokers Quit](http://www.smokefreefamilies.org/)

<http://www.smokefreefamilies.org/>

[Smoking and Pregnancy](http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33573)

<http://www.lungusa.org/site/pp.asp?c=dvLUK9O0E&b=33573>

## Appendix 2

### Developmental Milestones

Note: The developmental milestones below are recommended as minimal to be assessed, through surveillance, observation, and inquiry/discussions with parent(s), guardian(s), caretaker. The developmental milestones were developed in conjunction with:

*AAP's Bright Futures: Guidelines for Health Supervision of Infants, Children, and Adolescents, 3rd Edition (2008)*

<http://www.brightfutures.aap.org>

*Caring for Your Baby and Young Child: Birth To Age 5*, Steven Shelov, Robert E Hannermann 2004 American Academy of Pediatrics

*Behavioral and Developmental Pediatrics A Handbook for Primary Care*, Steven Parker, Barry Zuckerman; Little, Brown and Company Boston

<http://www.edopc.org>

*Healthy Steps for Young Children Program Multi Media Training & Resource Kit* Toby Levine Communications, Inc. and the Boston University School of Medicine Department of Pediatrics

<http://www.healthysteps.org>

#### 2- 4 weeks:

##### Physical

- Raises head momentarily when prone
- Fixes on human face or brightly colored toys and follows with eyes
- Has flexed posture; moves all extremities
- Grasps an adult finger

##### Social-Emotional

- Responds to parent's face and voice
- Smiles spontaneously
- Turns head in direction of parent's voice
- Tries to self-comfort by sucking on one or more fingers
- Can sleep for three or four hours at a time; can stay awake for one hour

##### Communication – Hearing and Vision

- Responds to sound by blinking; crying; quieting; changing respiration; or showing startle response
- Can be consoled most of the time by being spoken to or held
- Cry to indicate hunger or discomfort

#### 2 months:

##### Physical

- Grasps rattle placed in hand
- When prone (only when awake due to SIDS precaution), lifts head, neck and upper chest with support of forearms
- Some head control in upright position

**Social-Emotional**

- Makes eye contact
- Social smiles; smiles responsively
- Coos and reciprocal vocalization when spoken to
- Demonstrates social interaction; follows moving person with eyes

**Communication – Hearing, Vision, Language**

- Shows interest in visual and auditory stimuli – will turn toward things that look and/or sound interesting

**4 months:****Physical**

- Holds head high; raises body on hands when prone
- Sits when supported
- Controls head well
- Stands when pulled upright
- Plays with hands; holds rattle; reaches for objects; holds own hands

**Social-Emotional**

- Smiles spontaneously
- Coos; laughs; babbles
- Demonstrates range of emotions
- Initiates social contact; turns to voice
- May sleep at least six hours
- Able to comfort self, e.g., fall asleep by self
- More expressive – communicates more with face and body

**Communication – Hearing, Vision, Language**

- Looks at mobile, arms active
- Follows object 180 degrees
- Uses vowel and consonant sounds such as “dada” and “baba”

**6 months:****Physical**

- Rolls both ways
- Sits with support
- Bears weight; stands with support
- Transfers objects hand-to-hand
- Shakes head
- Points finger
- Creeps or scoots on bottom

**Social-Emotional**

- May show stranger anxiety
- Reacts socially by smiling in response to someone else’s smile
- Shows recognition of parents
- Shows interest in toys
- Starts to self-feed

**Communication – Hearing, Vision, Language**

- Turns to sound and voice
- Vocalizes single consonants (“dada”, “baba”)
- May imitate sounds of speech
- Babbles reciprocally

**Cognitive**

- Raking hand pattern
- Grasps and mouths objects
- Shakes, bangs, and drops a toy

**9 months:****Physical**

- Sits independently
- Reaches for objects with one hand
- Pulls to stand
- Stands holding on
- Inferior pincer grasp; pokes with index finger
- Bangs, throws and drops objects

**Social-Emotional**

- Finger feeds
- Starts to use cup
- Can sleep through the night
- Reaches for a familiar person and responds to others expressions of emotion
- May show stranger anxiety
- Enjoys interactive social games, e.g., peek-a-boo and pat-a-cake
- Interested in mirror images

**Communication – Hearing, Vision, Language**

- Imitates vocalizations; babbles
- May say “dada” and “mama” nonspecifically
- Responds to own name
- Understands a few words, e.g., “no-no”; “bye-bye”
- Turns towards sound with eyes and head movement
- Babbles string of consonant; vowel and “sentences”

**Cognitive**

- Follows a point
- Wave bye-bye
- Finds a hidden object
- Explores with hands and mouth

**12 months:****Physical**

- Gets from sitting to crawling position
- Pulls to stand
- Stands alone
- Cruises
- May take a few steps alone

- Has precise pincer grasp
- Bangs two blocks together
- Tries to scribble with pencil on paper
- Takes objects in and out of container – can let go voluntarily

### **Social-Emotional**

- Recognizes caregiver's voice
- Obeys simple requests; waves "bye-bye"
- Feeds self
- Drinks from a cup
- Shows emotions (fear, anxiety, affection)
- Shy or anxious with strangers
- Cries when mother or father leaves
- Shows preference for certain people or toys
- Prefers mother and/or regular caregiver over all others
- Extends arm or leg when being dressed
- Tests parental response to behavior
- Repeats sounds and gestures for attention
- Imitates – enjoys imitating people in his play

### **Communication – Hearing, Vision, Language**

- Points or gestures to indicates wants or get needs met
- Has vocabulary of one to three words
- Uses "mama" and "dada" correctly
- Full color vision
- Distance vision matures
- Ability to track moving object
- Say 1 – 3 words in addition to "mama" "dada"
- Points with index finger
- Stops eating and starts playing when full
- Responds to simple verbal requests
- Responds to "no"
- Babbles with inflection
- Understands simple command
- Says "oh-oh"

### **Cognitive**

- Actively look for hidden or dropped objects
- Struggles to obtain object out of reach
- Looks at correct picture when image is named
- Imitates household activities
- Stacks two blocks

### **15 months:**

#### **Physical**

- Walks alone; bends over; may run
- Crawls up stairs
- Points to one or more body parts
- Feeds self with fingers; drinks from cup

**Social-Emotional**

- Listens to a story
- Checks parent facial expression
- Begins to show empathy
- Fears new things including new foods
- Responds to encouragement to eat even when full to please adult

**Communication – Hearing, Vision, Language**

- Has vocabulary of three to ten words
- Indicates wants by pointing or grunting
- Points to indicate to another object of interest
- Temper tantrums out of frustration
- Refuses to eat when not hungry

**Cognitive**

- Stacks 2-3 blocks
- Points to one or more body parts
- Can remove some clothing
- Understands cause and effect and problem solves
- Uses symbolic play
- Imitates social games

**18 months:****Physical**

- Likes to climb and run
- Walks quickly or runs stiffly
- Walks backwards
- Climbs into chair
- Sits in chair
- Throws/kicks ball
- Stacks three or four blocks
- Eats with utensils
- Drinks from cup
- Brushes teeth with assistance
- Washes and dries hands with assistance

**Social-Emotional**

- Uses a spoon and cup
- Shows affection by hug and kisses
- Wants comfort item in bed, e.g., doll; blanket
- Attracts parental attention by looks and gestures
- Plays cooperatively for brief sessions
- Plays pretend
- Clinging to parent returns
- Enjoys looking at self in mirror

**Communication – Hearing, Vision, Language**

- Has a vocabulary of 15-20 words; uses two word phrases; imitates words
- Listens to a story; looks at pictures; names objects
- Answers simple questions by pointing

- Follows simple directions/rules
- Names one picture
- Names two colors
- Points to four pictures
- Uses two to three word sentences
- Says 15 – 20 words
- Uses two-word phrases

### **Cognitive**

- Plays with toys appropriately, e.g., pulls a pull toy; cuddles a doll
- Scribbles spontaneously; imitates crayon strokes
- Dumps object from bottle without demonstration
- Helps dress self
- Places circle; square shapes in a puzzle
- Stacks 4 – 6 blocks
- Zips and unzips
- Points to some body parts

### **24 months:**

#### **Physical**

- Up and down steps holding on with one hand; one step at a time
- Climbs onto and down from furniture unassisted
- Jumps; runs
- Throws ball overhand
- Stands on one foot with little support
- Puts on clothing; undress self
- Washes hands
- Strings beads
- Builds a tower of 6 – 8 blocks
- Shows handedness
- Helps prepare food, e.g., scrub; tear; break; dip; snap
- Begins to show signs of toilet training readiness
- Turns pages of book one at a time

#### **Social-Emotional**

- Parallel play dominant
- Possessive with toys
- Separation anxiety from parents
- Cooperative (sometimes)
- Plays with joy
- Spontaneously shows sense of humor
- Enjoys playing next to other children
- Offers a toy
- Responds to encouragement to eat to please adult
- Explores independently with confidence

#### **Communication – Hearing, Vision, Language**

- Vocabulary 20 - 50+ words
- Speaks 2 – 4 word sentences that include verbs, adjectives, and adverbs
- Understands pronouns

- Speech should be intelligible to parents
- Can follow two-step commands
- Can name some body parts
- Dawdles when not hungry

### **Cognitive**

- Makes or imitates horizontal and circular strokes with crayon
- Imitates adults
- Increasing attention span

### **3 years:**

#### **Physical**

- Balances on one foot for 2 seconds
- Rides a tricycle, with or without training wheels
- Alternates feet ascending stairs
- Copies a circle and a cross
- Pours liquid
- Uses a fork
- Serves food from a bowl using child size utensils
- Toilet trained
- Uses a blunt scissors
- Dresses and undresses self (may need help with fastening)

#### **Social-Emotional**

- Can follow directions
- Pretend play well developed (imagines self as a character; uses toys as props)
- Has words for feelings
- Shows empathy
- Approach and play with familiar children
- Plays well with others
- Understands concept of “mine” and “his/hers”
- Begins to share toys
- Takes turns
- Talks for objects
- Responds to encouragement to eat even when full to please adult
- Separates easily from parents
- Objects to major changes in routine

#### **Communication – Hearing, Vision, Language**

- Demonstrates speech that is mostly intelligible
- Plays show and tell
- Uses three word sentences
- Talks clearly and is understandable most of time
- Says at least 250 words
- Knows all pronouns

### **Cognitive**

- Copies circle and cross
- Visually discriminates colors
- Matches colors and sorts by category, shape

- Names colors
- Identifies food by name
- Asks “why” questions
- Has some self care skills, e.g., feeding and dressing self
- Understands concept of “two”
- Count to five
- Talks about the future
- Knows name, age and gender
- Uses own name and others
- Gender identity established
- Names six body parts
- Name missing object
- Makes mechanical toys work
- Completes a 3 – 4 piece puzzle

#### **4 years:**

##### **Physical**

- Hops, jumps forward
- Runs easily
- Alternates feet when climbing stairs
- Balances on each foot for five seconds
- Climbs
- Builds tower of 10 or more blocks
- Throws overhand
- Ability to cut and paste
- Peels, cuts, mashes and rolls food
- Holds pencil in writing position
- Begins to copy some capital letters
- Screws and unscrews jars, nuts and bolts
- Turns rotating handle

##### **Social-Emotional**

- Plays board/card games
- Can talk about daily activities and experiences
- Often cannot distinguish fantasy from reality
- Imagines that many unfamiliar images may be “monsters”
- Make believe play; imaginary playmates
- Puts away own toys
- Dresses and undresses self – buttons
- Brushes teeth without assistance
- Cooperative play with group
- More independent
- Play “mom” or “dad”
- Negotiates solutions to conflicts
- Views self as a whole person involving body, mind, and feelings

##### **Communication – Hearing, Vision, Language**

- Sings a song
- Speaks in sentences of five to six words
- Speaks clearly enough for strangers to understand

- Tells stories
- Talking gets in the way of eating (prefers to talk)
- Has mastered some basic rules of grammar

### **Cognitive**

- Gives first and last name
- Draws a three part person
- Says a poem
- Strong food preferences
- Relates health to own body
- Understands right and wrong based on consequences not intentions
- Copies a square
- Draws circles and squares
- Correctly names some colors
- Begins to have clear sense of time
- Follows a three-part command
- Understands the concept of “same” and “different”
- Engages in fantasy play

### **5 years:**

#### **Physical**

- Dresses and undresses self without assist
- Ties shoelaces
- Heel-to-toe walk
- Walks downstairs, using alternative feet
- Hops on one foot
- Begins to skip alternating feet
- Swings
- Can use scissors to cut a straight line
- Traces within lines
- Draws a person with body
- Prints some letters
- Uses fork, spoon, and sometime table knife
- Copies triangle and other shapes
- Can handle snaps, buckles, buttons, zippers; begins to tie shoes
- Independent toileting

#### **Social-Emotional**

- Plays make believe and dress up
- Plays and shares with others
- Wants to please friends
- More likely to agree on rules
- Likes to sing, dance, and act
- Shows more independence
- Able to function in structured group with rules
- Shows concern and sympathy for others
- Initiates sharing and taking turns
- Aware of gender
- Able to distinguish fantasy from reality
- Sometime demanding; sometimes eagerly cooperative

**Communication – Hearing, Vision, Language**

- Speaks in sentences of more than five words phrases that are understood by others
- Understands opposites
- Recalls parts of stories, tells longer stories
- Asks meaning of words
- Describes pictures and experiences
- Uses appropriate verb tense and grammar
- Recognizes simple jokes, riddles, absurdities (Do cats fly?)

**Cognitive**

- Knows own address and phone number
- Recognizes four colors and common shapes
- Copies simple shapes (e.g., triangle or square)
- Prints a few letters and numbers
- Draws a person with head, body, arm and legs
- Counts on fingers or ten or more objects
- Better understands the concept of time
- Knows about things used in home (money, food, appliances)

**Kindergarten Checklist**

There is no simple method for determining that a child is ready for kindergarten. But this list from a child development specialist may help parents evaluate their children's developmental level. These developmental skills are important for a child if he is to function happily in the kindergarten classroom.

**Speech and language:**

- Asks meaning of words
- Describes pictures and experiences
- Uses appropriate verb tense and grammar
- Recognizes simple jokes, riddles, absurdities (Do cats fly?)

**Gross motor coordination:**

- Walks downstairs, using alternative feet
- Hops on one foot
- Jumps along a 6-foot line with both feet
- Walks scissor steps across a line
- Begins to skip alternating feet

**Fine motor coordination:**

- Can use scissors to cut a straight line
- Copies a circle square and cross
- Draws a person fully with body and four limbs
- Traces within lines

**Social and emotional:**

- Can handle snaps, buckles, buttons, zippers and begins to tie shoes
- Independent toileting; dresses and undresses independently
- Able to function in structured group with rules
- Shows concern and sympathy for others
- Initiates sharing and taking turns

## Appendix 3

### Mental Health Screening and Referral Resources

#### General Information:

Illinois children enrolled in the Department's Medical Programs are eligible for comprehensive mental health services, if medically indicated. The Department and the IDHS, Division of Mental Health, have collaborated to develop a system to ensure that children in need of mental health services will be appropriately referred and assessed for mental health treatment.

This Appendix 3 will assist the provider in completing the *Healthy Kids Mental Health Screen* form, the mental health portion of the Healthy Kids periodic screening. The *Mental Health Screen* is for use with children ages 3 through 20. There are recommended questions that will enable the provider to complete the *Healthy Kids Mental Health Screen*. Each of the questions is general in nature and is offered as an illustrative example of the information sought. It is suggested that the interviewer modify the question as indicated by the age of the child and understanding of the informant.

The questions should assist the evaluator in:

- Determining whether cognitive functioning/mental status is age-appropriate
- Whether behavior is appropriate (such as goal-directed with response to controls)
- Whether affect is appropriate

Previous mental health treatment should be recorded on the *Healthy Kids Mental Health Screen* form. The back of the *Healthy Kids Mental Health Screen* form contains a section relating to the child's medical history, which may impact mental health or emotional development.

Questions regarding maltreatment or possible maltreatment of the child should be addressed. For children over the age of three it is recommended that the maltreatment questions be asked of the child and their parents or caregiver separately.

It is important to note that the guidelines regarding maltreatment DO NOT suggest that in the event the provider/evaluator learns of, or suspects current maltreatment, that the provider is removed from professional responsibility for reporting abuse or neglect in lieu of making a referral to the Mental Health provider. **All suspected abuse or neglect should be immediately reported to:**

**1-800-25ABUSE.**

When completing a referral to the Mental Health provider, please keep in mind that the provider's task is to identify behaviors and concerns that will assist the mental health professional in understanding the nature of the child's problem. Whenever the parent/caregiver, child or provider perceive a problem to be in existence and **outside a "normal range" in extent or intensity**, mark all behaviors/symptoms that apply.

Signs or symptoms may vary in severity, frequency, onset or duration; all of which are important issues in determining whether to refer or not.

The *Healthy Kids Mental Health Screen* (HFS 3411B) can be ordered by providers from the HFS Warehouse:

2946 Old Rochester Road  
Springfield, Illinois 62703-5659

All requests must be received on the HFS 1517 (R-9-06). This form may be obtained from HFS' Web site or email address: <http://www.hfs.illinois.gov/forms/>  
The form may be faxed to (217) 557-6800.

Additional information about ordering Department forms can be found in *Chapter 100 - General Policy and Procedures, 112.43 Ordering of Claims Forms and Envelopes*.

## Decision-Making Regarding Mental Health Referrals

### Sorting Out the Levels of Risk

In making a decision regarding referral, many of the symptoms/behaviors are significant enough to trigger an immediate referral. You will find these printed in **bold** on the checklist form. They include:

- Suicidal Behavior or Suicidal Ideation
- Signs of Self Destructive Behavior
- Evidence of Abuse or Neglect Affecting Mental/Emotional Health
- Sexually Victimizes Others or Has Been Sexually Abused
- Victimization
- Evidence of Delusions or Hallucinations
- Appears Depressed or Hyperactive
- Demonstrates Signs of Eating or Sleeping Disorders
- Intentionally hurts other People or Animals
- Engages in fire setting
- Substance Abuse in Conjunction With Other Mental Health Concerns

The presence of any of these symptoms or behaviors may signal that the child is in crisis and are considered potent clinical indicators for possible referral to the appropriate mental health provider so that a mental health assessment, and if appropriate, mental health treatment may be obtained.

Children with other behaviors identified on the *Healthy Kids Mental Health Screen*, which in combination might indicate a mental or emotional disorder should be referred for a mental health assessment.

Referrals under the EPSDT program requires that the provider:

- Obtain written consent of the parent/guardian to release information to the mental health service provider
- Make contact with an approved Mental Health Service Provider and set an appointment
- Communicate with the child and Parent/Guardian, the appointment time and location before they leave your office following the screening
- Send copies of your Mental Health Screen to the referral source
- Receive from the referral source within a reasonable amount of time (e.g. ten days following the appointment date) notification as to the disposition

(show/no show) of the appointment, including any preliminary diagnosis and recommendations

The Mental Health Provider will, with the written permission of the parent/guardian:

- Receive the referral
- Notify physician if the appointment was not kept and has been re-scheduled. If the child has an identified case manager, the case manager should be notified for the purpose of follow-up
- Assess the client
- Provide continuing feedback to the referring physician as indicated (e.g., significant changes in the treatment plans, if hospitalized, referred for residential treatment, medication changes)

### HEALTHY KIDS MENTAL HEALTH SCREEN

Recommended Questions to Assess Checklist Indicators (Ages 3 through 20)

In order to accurately complete the Healthy Kids Mental Health Screening form, the following simplified questions covering the specific areas of concern may be helpful to the screener. Although these are written questions to be asked of the parent/guardian, they can easily be adapted to first person for older children and adolescents. It is helpful to have the parent or child/adolescent provide examples (specific situations). Age appropriateness should be considered for all question asked.

**Introductory Questions:** Do you have concerns about this child? What concerns you most about this child? (These questions might give you an indication of what areas on the Mental Health Screen should be more closely explored.)

#### THINKING:

1. **Delusions** - Does your child: have “unusual” thoughts or behaviors that concern you or tend to be different from what most other children his age believes; believe that he has some unusual ability or power (not related to his age or developmental period)?
2. **Hallucinations** - Does your child hear, see, taste, touch or smell things that are not really there?
3. **Paranoia** - Is your child overly suspicious of others, or does he feel that others are out to get him?
4. **Obsessive Ideation** - Does your child: seem to think about or talk about the same thing most of the time; seem to be preoccupied with things such as death, sex, bodily functions, extreme cleanliness, or other things that are unusual for someone his age.
5. **Frequent Memory Loss** - Does your child often tend to forget things most other children his age would remember that is not related to discipline or punishment?

6. **Confusion** - Does your child often seem to be confused, have difficulty following or understanding simple directions, or seem easily frustrated by instructions/directions?
7. **Easily Distracted** - When your child is working on something, does your child have trouble staying on task? Is she/he bothered or distracted by sounds or things in his/her environment?
8. **Difficulty Concentrating** - Does your child: often begin things and fail to finish them; have difficulty in finishing one thing prior to beginning another; move from activity to activity without apparent purpose?

**FEELING:**

1. **Depressed Mood (Sad)** - Does your child seem to often be irritable, depressed or sad? Has your child lost interest in things he used to enjoy?
2. **Inappropriate Affect** - Does your child seem, without a reason, to often be happier and more energetic than most children his age or, be sad or angry when there seems no reason to be?
3. **Anxiety, Agitation** - Does your child appear to be worried, frightened, nervous or upset easily or often?
4. **Anger** - Is your child often easily angered or seem to often be mad?
5. **Apathy** - Does your child show a lack of interest in things he once enjoyed? Describe onset.
6. **Low Self-Esteem** - Does your child think he is less important, not as pretty or smart as other kids his/her age
7. **Self-Critical** - Does your child say things that “puts himself down”?
8. **Cries Excessively** - Does your child cry often over little things or for no apparent reason?
9. **Cries too little** - Does your child not cry when you think he should?
10. **Emotionless, Flat Affect** - Does your child fail to show feelings such as sadness, happiness or anger as often as other children his age?
11. **Feels Out of Control** - Does your child act as though he is losing control of what he says, does or thinks? Does he say he fears losing control or “going crazy”?

**BEHAVIOR:**

1. **Intentionally Hurts others** - Does your child seem to intentionally hurt others? How often? In what ways?

2. **Self-Destructive** - Does your child intentionally do things to hurt himself? Does he often engage in dangerous or “risky” behaviors that might lead to injury or trouble? Have marks or bruises on herself that you suspect are self-inflicted?
3. **Intentionally Hurts Animals** - Does your child do things to intentionally hurt animals?
4. **Sexually Victimizes Others** - Has your child forced/made others do sexual things?
5. **Sets Fires** - Does your child play with fire or been known to set fires? Explain.
6. **Compulsive Behavior** - Does your child do the same thing repeatedly or not seem able to stop an activity or behavior once it is started?
7. **Destructive Behavior** - Does your child destroy other people’s things on purpose? His own things?
8. **Overreacts** - Do little things bother your child to the point where he responds more strongly than other children?
9. **Overactive** - Does your child appear to often have trouble sitting still when compared to other children his age?
10. **Listless** - Does your child seem to easily lose interest or energy for doing things?
11. **Argumentative** - Does your child often argue or disagree with others?
12. **Refuses to Talk** - Does your child refuse to talk (or ignore people) when spoken to?

**SOCIAL INTERACTION:**

1. **Home Problems:**
  - a. Does your child have relationship problems with parents/guardians?
  - b. Does your child have more problems with siblings than most children?
  - c. Does your child have problems with others living in your house or other relatives?
2. **Community Interaction:**
  - a. Has your child stolen on more than one occasion?
  - b. Does your child lie often?
  - c. Has your child come into contact with the police because of his behavior? Is he on probation, court supervision or parole?
3. **Defies Authority** - Does your child have trouble getting along with people in authority (teachers, police, parents, etc.)?
4. **Friendless, Isolated** - Does your child complain of not having friends, of others “picking on” him or does he play alone most of the time?

5. **Immature** - Does your child often act like children of a much younger age?
6. **Excessive Clinging** - Does your child show excessive fear when strangers are around? Refuse to stay with babysitters? Cling to you often?
7. **Withdrawn/Unresponsive** - Does your child: prefer to play with things rather than people; ignore others even when spoken to? Have there been any recent changes in the way your child interacts with others including less involvement with others? Has your child's ability or willingness to communicate/talk with others changed recently?
8. **Inattentive** - Does your child seem to ignore things taking place around him?
9. **School Problems:**
  - a. Does your child have many fights at school?
  - b. Is (has) your child failing in school? Are your child's grades much lower than he is capable of?
  - c. Has your child been expelled/suspended from school for behavior?
  - d. Is your child absent from school often? Does your child refuse to attend school? Does your child skip school (truancy)?
  - e. Is your child in a special education class for behavioral or emotional problems?
  - f. Does the child's age minus his grade equal 5 or 6? If not, does it indicate the child is below his normal grade level in school? Is so, why?

<u>Age</u>	<u>Minus</u>	<u>Grade</u>
10	-	4 = 6 (age appropriate)
10	-	2 = 8 (not age appropriate)

**PHYSICAL PROBLEMS:** Before checking any of these, the physician should rule out any physical disorders, which could account for the problem.

1. **Eating Disorders** - Does your child do any of the following: a) Refuse to eat often? b) Often overeat? c) Vomit often following a meal? d) Have diarrhea often? e) Complain often of stomachache?
2. **Sleeping Disorders** - Does your child do any of the following?
  - a) Have difficulty falling asleep?
  - b) Have difficulty staying asleep?
  - c) Feel tired most every day?
  - d) Sleep walk?
  - e) Have bad dreams or nightmares frequently?
  - f) Cannot be awakened from a bad dream?
  - g) Snore a lot?
  - h) Move violently, jerk, twitch or grind teeth during the night?
3. **Enuresis** - Does your child wet the bed at night or his clothing during the day?
4. **Encopresis** - Does your child soil his pants in bed or during the day?

5. **Frequent Somatic Complaints** - Does your child often complain of body pains or of being sick?
  6. **Drastic Weight Change** - Has your child gained or lost a lot of weight lately? (more than 10% of his body weight?)
  7. **Lethargic** - Does your child appear to be often tired or have little energy?
- The screener should provide comments for any item checked in this section in the Comment section on the backside of the form.

**The following information may be obtained by interview or observation:**

**LIFE CHANGES:** (Stressors) (Last Year)

**Victimized/Neglect** - physical, sexual, financial (robbery, etc.), emotional, abuse or neglect (provide comments). Examples:

- Death of Family Member or close friend - indicate relationship
- New School - change of school (indicate number of changes in past three years)
- Loss of Relationship - indicate relationship and cause
- Serious Illness/Injury - of self or family member (indicate nature of illness or injury)
- Incarceration of Parent - Parent or guardian placed in jail or prison
- Loss of Job - self or family member (indicate impact on family)
- Economic Loss - fire, accident, repossession, etc.
- Residence - include foster placement, moves (indicate number)
- Witnessed a Violent Crime - personally viewed the commission of a crime of violence or the injuries/death of the victim shortly thereafter or exposure to crime of violence in parent, caregiver or sibling?

**SUICIDE IDEATION:**

1. **Ideation/Plan** - Is your child talking to you about ending his life, or wishing he were never alive or born, or about life being hopeless, of wanting to do serious self-harm? Does he talk about death often? Has your child ever spoken of a plan to kill himself? If so; how, when, and where has he indicated he will do it?
2. **Gestures** - Have there been suicidal gestures (threats, notes, scratches on wrists, etc.) within the past year. Has your child done anything else that makes you think he seriously wants to end his life?
3. **Attempts** - Have there been attempts (overdoses, hanging, etc.) that were unsuccessful anytime during his life? Has your child ever intentionally harmed himself?

The screener should comment on any suicidal indications in the Comment section on the back of the form.

**SUBSTANCE ABUSE:**

Do you suspect your child has experimented with drugs or alcohol? What makes you think that? What drugs and alcohol usage has occurred, if any? Indicates types, amounts and frequency.

**MEDICAL ISSUES:**

Is there a significant illness or injury in the child's medical history that you feel affects his mental/emotional health? (Indicate medical diagnoses, current medications, hospitalizations, major illnesses, surgeries, severe injuries, significant developmental delays, out-of-home placements and significant family crises.)

**ABUSE/NEGLECT:**

Is there anything that causes you to suspect child abuse or neglect? (SPECIFY)  
**Report immediately (1-800-25-ABUSE)**

**Appendix 3**

**Healthy Kids Mental Health Screen  
Ages 3 Through 20  
Illinois Department of Healthcare and Family Services  
Bureau of Maternal and Child Health Promotion**

<u>CHILD</u>	<u>PARENT/CAREGIVER</u>	<u>SCREENER</u>
NAME _____	NAME _____	NAME _____
BIRTH DATE _____ AGE _____	ADDRESS _____	PHYSICIAN/CLINIC _____
GRADE _____ MEDICAID NO. _____	PHONE _____	ADDRESS/PHONE _____

**INSTRUCTIONS:** Question the child, parent/guardian, and check medical records. Based on age appropriateness, mark those that are currently indicated unless otherwise instructed. Make a referral for a Mental Health Assessment when necessary. (Refer to Provider Handbook for instructions.) **STOP! If the child has already been referred or is currently receiving treatment do not continue.**

Do you have any concerns about this child? What about this child concerns you most?

<b><u>THINKING</u></b>	<b><u>FEELING</u></b>	<b><u>PHYSICAL</u></b> (Rule out physical disorder)
<input type="checkbox"/> Delusions	<input type="checkbox"/> Depressed Mood (Sad or irritable)	<input type="checkbox"/> Eating Disorder (Specify)
<input type="checkbox"/> Hallucinations	<input type="checkbox"/> Inappropriate Affect	<input type="checkbox"/> Sleep Disorder (Specify)
<input type="checkbox"/> Paranoia	<input type="checkbox"/> Anxiety, Agitation	<input type="checkbox"/> Enuresis
<input type="checkbox"/> Obsessive Ideation	<input type="checkbox"/> Anger	<input type="checkbox"/> Encopresis
<input type="checkbox"/> Frequent Memory Loss	<input type="checkbox"/> Apathy	<input type="checkbox"/> Frequent Somatic Complaints
<input type="checkbox"/> Confusion	<input type="checkbox"/> Low Self-Esteem	<input type="checkbox"/> Drastic Weight Change
<input type="checkbox"/> Easily Distracted	<input type="checkbox"/> Self-Critical	<input type="checkbox"/> Lethargic
<input type="checkbox"/> Difficulty Concentrating	<input type="checkbox"/> Cries Excessively	<input type="checkbox"/> None of the Above
<input type="checkbox"/> None of the Above	<input type="checkbox"/> Cries Too Little	
	<input type="checkbox"/> Emotionless, Flat Affect	
<b><u>BEHAVIOR</u></b>	<input type="checkbox"/> Feels Out of Control	<b><u>SUICIDE ASSESSMENT</u></b> (N/A)
<input type="checkbox"/> Intentionally Hurts Others	<input type="checkbox"/> None of the Above	<input type="checkbox"/> Ideation/ Plan (current)
<input type="checkbox"/> Self-Destructive		<input type="checkbox"/> Gestures (past year)
		<input type="checkbox"/> Attempts (during lifetime)
<input type="checkbox"/> Intentionally Hurts Animals	<b><u>LIFE CHANGES</u></b> (past year)	<b>Comment on back for any item checked under Physical or Suicide.</b>
<input type="checkbox"/> Sexually Victimizes Others	<input type="checkbox"/> Victimized/Neglect	<b><u>SUBSTANCE ABUSE</u></b> (N/A)
<input type="checkbox"/> Sets Fires	<input type="checkbox"/> Death of Family Member	Drug of Choice:
<input type="checkbox"/> Compulsive Behaviors	<input type="checkbox"/> New School	Amount:
<input type="checkbox"/> Destructive Behaviors	<input type="checkbox"/> Lost Relationship	Frequency:
<input type="checkbox"/> Overreacts	<input type="checkbox"/> Serious Illness/Injury	
<input type="checkbox"/> Overactive	<input type="checkbox"/> Incarceration of a Parent	
<input type="checkbox"/> Listless	<input type="checkbox"/> Loss of Job	
<input type="checkbox"/> Argumentative	<input type="checkbox"/> Economic Loss	
<input type="checkbox"/> Refuses to Talk	<input type="checkbox"/> Residence	
<input type="checkbox"/> None of the Above	<input type="checkbox"/> Witnessed a Violent Crime	
	<input type="checkbox"/> None of the Above	

**SOCIAL**

- Problems at home  
 Parents  
 Siblings  
 Others  
 Community Interaction  
 Stealing  
 Chronic Lying  
 Police Involved  
 Defies Authority  
 Friendless, Isolated  
 Immature  
 Excessive Clinging  
 Withdrawn/Unresponsive  
 Inattentive  
 School Problems  
 Excessive Fighting  
 Failure, Grades  
 Expulsion  
 Truancy  
 Special Ed.  
 (Behavior/Emotional Problems)  
 Child's Age  
 (Minus) Grade = 5 or 6  
 None of the above

**MEDICAL ISSUES:** Mark any of the following that are applicable. Has the child ever or do they currently have any of the following: (Provide narrative under comments)

**CHRONIC CONDITIONS**

- Diabetes  
 Heart Condition  
 Asthma  
 Tuberculosis  
 Urinary Tract Condition  
 Anemia  
 Cancer  
 G.I. Condition  
 Other (specify)

**HEALTH HISTORY**

- Major Surgery (specify)  
 Head Injury (medically evaluated)  
 Other Injury  
 Medical Hospitalization (past 3 years)

**FAMILY SITUATION**

- Out of Home Placement  
 Family History of Mental Illness  
 Family History of Substance Abuse  
 Child or Family Received Counseling (past 3 years)

PSYCHIATRIC HOSPITALIZATION during the past three years  child  family member.

List other **MEDICAL CONDITIONS** that may impact mental or emotional development:

Is the child currently on **MEDICATION**? If so, specify medication and dosages:

**COMMENTS:** (comment on all items checked under "Physical" or "Suicide")

**Note:** Bolded items may require an immediate referral.

CHECK IF PARENT OR GUARDIAN REQUESTS A REFERRAL.

Suspected Child **ABUSE** and **NEGLECT** must be reported to DCFS immediately!  
**1-800-25ABUSE.**

**The PHYSICIAN** conducting the Healthy Kids Mental Health Screen:

1. Makes an appointment with a Mental Health provider when indicated. The appointment should be made while the child is at your office and the information about the appointment should be given to the parent/caregiver.
2. Sends a copy of this form to the Mental Health provider.

REFERRAL TO: \_\_\_\_\_ DATE \_\_\_\_\_ TIME \_\_\_\_\_  
DATE CLIENT NOTIFIED OF APPOINTMENT \_\_\_\_\_  
BY WHOM \_\_\_\_\_

**The MENTAL HEALTH PROVIDER** conducting the mental health assessment, with the signed consent of the parent/guardian:

1. Sends a copy of this form to the referring physician once the assessment has been completed indicating recommended services.
2. Informs the referring physician of the missed or rescheduled appointments.
3. Reports the client's progress, change in treatment plans on a quarterly basis until case closure.

To be completed by the MENTAL HEALTH PROVIDER **ONLY** and returned to the referring physician.

DATE OF ASSESSMENT \_\_\_\_\_ DIAGNOSIS \_\_\_\_\_

RECOMMENDED SERVICES:



**APPENDIX 3****Department of Human Services/Division of Mental Health  
Certified Medicaid Providers by County**

Adams Chaddock 205 South 24 <sup>th</sup> Street Quincy, IL 62301 217-222-0034	Adams Transitions of Western IL 4409 Maine Street, Box 3246 Quincy, IL 62305 217-223-0413
Alexander Delta Center 1400 Commercial Avenue Cairo, IL 62914 618-734-2665	Bond Bond County Health Department/Prairie Counseling Center 503 South Prairie Greenville, IL 62246 618-664-1455
Boone Janet Wattles Center 475 Southtowne Drive Belvidere, IL 61108 815-544-4849	Brown Mental Health Centers of Western IL 700 Southeast Cross Street Mt. Sterling, IL 62353 217-773-3325
Bureau North Central Behavioral Health 526 Bureau Valley Parkway Princeton, IL 61356 815-875-4458	Calhoun Tri County Counseling Center 220 East County Road, P.O. Box 381 Jerseyville, IL 62052 618-498-9587
Carroll Sinnissippi Centers Inc 1122 Healthcare Drive Mt. Carroll, IL 61053 815-244-1376	Cass Cass County Mental Health Association 121 East 2nd Street Beardstown, IL 62618 217-323-2980
Champaign Crosspoint Human Services 501 West Church Champaign, IL 61821 217-351-9744	Champaign Catholic Social Service 1315A Curt Drive Champaign, IL 61821 217-352-5179
Champaign Mental Health Center of Champaign County 1801 Fox Drive Champaign, IL 61820 217-398-8080	Champaign Cunningham Children's Home 1301 North Cunningham Avenue Urbana, IL 61802 217-367-3728

<p>Champaign The Pavilion Foundation 809 West Church Street Champaign, IL 61820 217-373-1700</p>	<p>Christian Christian County Mental Health Association P.O. Box 438 730 North Pawnee Taylorville, IL 62568 217-824-4905</p>
<p>Christian Kemmerer Village RR1 Box 12C Assumption, IL 62510 217-226-4451 217-226-4012</p>	<p>Clark Human Resource Center of Edgar and Clark Counties 1006 South 6<sup>th</sup> Street Marshall, IL 62441 217-826-6212</p>
<p>Clay South East Counseling Centers 118 West North Avenue Flora, IL 62839 618-662-2289</p>	<p>Clinton Community Resource Center 580 8<sup>th</sup> Street Carlyle, IL 62231 618-594-4581</p>
<p>Coles Life Link 750 Broadway Avenue East Mattoon, IL 61938 217-238-5700</p>	<p>Cook Abraham Lincoln Center 3858 South Cottage Grove Chicago, IL 60653 773-285-1390</p>
<p>Cook Ada S McKinley Intervention Services 2715 West 63<sup>rd</sup> Street Chicago, IL 60629 773-434-5577</p>	<p>Cook Advocate IL Masonic Behavioral Health 938 West Nelson Street Chicago, IL 60657 773-296-3220</p>
<p>Cook Alexian Center for Mental Health 3350 Salt Creek Lane #114 Arlington Heights, IL 60005 847-952-7460</p>	<p>Cook Anixter Center 2032 North Clybourn Avenue Chicago, IL 60614 773-929-8200</p>
<p>Cook Asian Human Services of Chicago 4753 North Broadway, Suite 700 Chicago, IL 60640 773-728-2235</p>	<p>Cook Association House 1116 North Kedzie Avenue Chicago, IL 60651 773-772-8009</p>
<p>Cook Aunt Martha's Youth Service Center 233 West Joe Orr Road Chicago Heights, IL 60411 708-754-1044</p>	<p>Cook Beacon Therapeutic Treatment and Diagnostic Center 10650 South Longwood Drive Chicago, IL 60643 773-881-1005</p>

Cook Back of the Yards Mental Health Center 4313 South Ashland Chicago, IL 60609 312-747-3560	Cook Bobby E Wright Behavioral Health Center 9 South Kedzie Chicago, IL 60612 773-722-7900
Cook Catholic Charities of the Archdiocese of Chicago 721 North LaSalle Street, 6 <sup>th</sup> Floor Chicago, IL 60610 312-655-7700	Cook Center for Mental Health and Deafness 614 Anthony Trail Northbrook, IL 60062 847-509-8260
Cook Chicago Department of Public Health Division of Mental Health 333 South State Street, 2 <sup>nd</sup> Floor Chicago, IL 60604 312-747-9387	Cook Children's Home and Aid 125 South Wacker Drive Chicago, IL 60606 312-424-0200
Cook Circle Family Care 5002 West Madison Street Chicago, IL 60644 773-379-1000	Cook Community Counseling Centers Of Chicago 4740 North Clark Street Chicago, IL 60640 773-769-0205
Cook Community Mental Health Center 8704 South Constance Avenue Chicago, IL 60617 773-734-4033	Cook Cook County Adult Probation 2650 California Chicago, IL 60608 773-869-3333
Cook Counseling Center of Lakeview 3225 North Sheffield Chicago, IL 60657 773-549-5886	Cook De Paul University Community Mental Health Center 2219 North Kenmore Avenue Chicago, IL 60614 773-325-7780
Cook Englewood Mental Health Center 641 West 63 <sup>rd</sup> Street Chicago, IL 60621 312-747-7496	Cook ERIC Family Services Inc 6120 West North Avenue, Suite 202 Chicago, IL 60639 773-745-3742
Cook Evanston Northwest Healthcare OP Psychiatric Center 2650 Ridge Avenue Evanston, IL 60201 847-570-2720	Cook Family Services Association 1535 Burgundy Parkway Streamwood, IL 60107 847-695-3680

<p>Cook Family Services and Mental Health Center Oak Park/River Forrest 120 South Marion Street Oak Park, IL 60302 708-383-7500</p>	<p>Cook Family Service and Mental Health Council of Cicero 5341 West Cermak Road Cicero, IL 60804 708-656-6430</p>
<p>Cook Grand Prairie Services 19530 South Kedzie Avenue Flossmoor, IL 60422 708-799-2200</p>	<p>Cook Habilitative Systems, Inc. 415 South Kilpatrick Street Chicago, IL 60644 773-261-2252</p>
<p>Cook Heartland Health Outreach, Inc 4730 North Winthrop Chicago, IL 60640 773-506-2379</p>	<p>Cook Hephzibah Children's Association 946 North Boulevard Oak Park, IL 60301 708-649-7100</p>
<p>Cook HRDI Women's Residential 6701 South Elizabeth Chicago, IL 773-651-2720</p>	<p>Cook HRDI Children's Residential 11352 South State Chicago, IL 60628 773-785-4955</p>
<p>Cook Housing Options for the Mentally Ill in Evanston 1132 Florence Avenue Evanston, IL 60202 847-866-6144</p>	<p>Cook Human Resources Development Institute 340 East 51<sup>st</sup> Street Chicago, IL 60615 773-869-0300</p>
<p>Cook Infant Welfare Society of Chicago 3600 West Fullerton Avenue Chicago, IL 60647 773-782-2800</p>	<p>Cook Jewish Child and Family Services 216 West Jackson Boulevard Chicago, IL 60606 312-357-4800</p>
<p>Cook Josselyn Center for Mental Health 405 Central Northfield, IL 60093 847-441-5600</p>	<p>Cook Juvenile Protective Association 1707 North Halsted Street Chicago, IL 60614 312-440-1203</p>
<p>Cook Kaleidoscope Inc 1340 South Damen Avenue Chicago, IL 60608 773-278-7200</p>	<p>Cook Lawndale Mental Health Center 1201 South Campbell Chicago, IL 60608 312-746-5905</p>

Cook Lawrence Hall Youth Services 4833 North Francisco Avenue Chicago, IL 60625 773-769-3500	Cook Leyden Family Services and Mental Health Center 10001 West Grand Avenue Franklin Park, IL 60131 847-451-0330
Cook Little City Foundation 1760 West Algonquin Road Palatine, IL 60067 847-358-5510	Cook LSSI Mental Health Service 4840 West Byron Street Chicago, IL 60641 773-282-7800
Cook Lutheran Social Services of IL 1001 East Touhy Avenue, Suite 170 Des Plaines, IL 60018 847-390-1468	Cook Lydia Home Association 4300 West Irving Park Road Chicago, IL 60641 773-736-1447
Cook Maine Center for Mental Health 819 Busse Highway Park Ridge, IL 60068 847-696-1570	Cook Maryville Academy 1150 North River Road Des Plaines, IL 60016 847-294-1701
Cook Mercy Hospital and Medical Center 2525 South Michigan Chicago, IL 60616 312-567-2295	Cook Methodist Youth Services, Inc 954 West Washington, 4 <sup>th</sup> Floor East Chicago, IL 60607 312-733-8810
Cook Metropolitan Family Services 1 North Dearborn, Suite1000 Chicago, IL 60602 312-986-4000	Cook Mt. Sinai Hospital and Medical Center 2653 West Ogden Chicago, IL 60608 773-257-6672
Cook New Direction Outreach 6857 South State Street Chicago, IL 60637 773-483-2226	Cook North River Mental Health Center 5801 North Pulaski Road Chicago, IL 60646 312-744-1906
Cook Northwest Mental Health Center 2354 North Milwaukee Chicago, IL 60647 312-744-0993	Cook Northwestern Memorial Hospital 446 East Ontario, Room 7-244 Chicago, IL 60611 312-926-8021

<p>Cook Pillars Community Services 6918 Windsor Avenue Berwyn, IL 60402 708-795-4800</p>	<p>Cook Pilsen- Little Village Community Mental Health Center 2319 South Damen Avenue Chicago, IL 60608 773-579-0832</p>
<p>Cook Proviso Family Services, Inc (Resurrection Behavioral Health) 1820 South 25<sup>th</sup> Avenue Broadview, IL 60155 708-338-3806</p>	<p>Cook Riveredge Hospital 8311 West Roosevelt Road Forest Park, IL 60130 708-209-4181</p>
<p>Cook Sertoma Centre, Inc 4343 West 123rd Street Alsip, IL 60803 708-371- 9700</p>	<p>Cook South Central Community Services, Inc 8316 South Ellis Avenue Chicago, IL 60619 773-483-0900</p>
<p>Cook Southwest Community Services, Inc 6775 Prosperi Drive Tinley Park, IL 60477 708-429-1260</p>	<p>Cook St Mary of Nazareth Hospital 2233 West Division Street Chicago, IL 60622 312-770-2000</p>
<p>Cook Stickney Public Health District 5635 State Road Burbank, IL 60459 847-570-2540</p>	<p>Cook Streamwood Behavioral Health Center 1400 East Irving Park Road Streamwood, IL 60107 630-837-9000</p>
<p>Cook The Camelot Schools 1150 North River Road Suite 300 Quigley Des Plaines, IL 60016 847-391-8000</p>	<p>Cook The Day School 800 West Buena Avenue Chicago, IL 60613 773-327-6000</p>
<p>Cook The Kenneth Young Centers 1001 Rohlwing Road Elk Grove Village, IL 60007 847-524-8800</p>	<p>Cook The Youth Campus 733 North Prospect Avenue Park Ridge, IL 60068 847-823-5161</p>
<p>Cook Thresholds 2700 North Lakeview Chicago, IL 60614 773-537-3215</p>	<p>Cook Trilogy 1400 West Greenleaf Avenue Chicago, IL 60626 773-508-6100</p>

Cook Turning Point 8324 Skokie Boulevard Skokie, IL 60077 847-933-0051	Cook Uhlich Children Advantage Network 3737 North Mozart Chicago, IL 60618 773-588-0180
Cook UIC Department of Psychiatry 912 South Wood Street (MIC 913) Chicago, IL 60612 312-996-2200	Cook Victor C Neumann Association 5547 North Ravenswood Avenue Chicago, IL 60640 773-769-4313
Cook WillPower, Inc 444 Frontage Road Northfield, IL 60093 847-501-4718	Cook Youth Guidance 122 South Michigan Avenue Suite 1510 Chicago, IL 60603 312-253-4900
Crawford SE Illinois Counseling Centers 204 West Highland Robinson, IL 62454 618-546-1021	Cumberland Cumberland Associates 120 Courthouse Square, P.O. Box 385 Toledo, IL 62468 217-849-3803
Dekalb Ben Gordon Community Mental Health Center 12 Health Service Drive DeKalb, IL 60115 815-756-4875	DeWitt DeWitt County Human Resources 1150 Route 54 West Clinton, IL 61727 217-935-9496
Douglas Douglas County Mental Health 114 West Houghton Tuscola, IL 61953 217-253-4731	DuPage DuPage County Health Department Mental Health Division 111 North County Farm Road Wheaton, IL 60187 630-682-7400
Edgar and Clark County Edgar Human Resources Center 753 East Court, P.O. Box 1118 Paris, IL 61944 217-465-4118	Edwards SE Counseling Center 254 South 5 <sup>th</sup> Albion, IL 62806 618-445-3559
Effingham Heartland Human Services and Counseling Center 1200 North 4 <sup>th</sup> Street, P.O. Box 1047 Effingham, IL 62401 217-347-7179	Fayette Community Resource Center 421 West Main Vandalia, IL 62471 618-283-4229

<p>Ford Community Resources and Counseling Center 1510 West Ottawa Road, P.O. Box 162 Paxton, IL 60957 217-379-4302</p>	<p>Franklin Franklin-Williamson Human Services 902 West Main Street West Frankfort, IL 62896 618-937-6483</p>
<p>Fulton North Central Behavioral Health 229 Martin Avenue Canton, IL 61520 309-647-1881</p>	<p>Gallatin Egyptian Public Health Department Box 181 Main Street Ridgeway, IL 62979 618-272-4691</p>
<p>Greene Tri County Counseling Center 220 East County Road P.O. Box 381 Jerseyville, IL 62052 618-498-9587</p>	<p>Grundy Grundy County Health Department 1320 Union Morris, IL 60450 815-941-3138</p>
<p>Hamilton Jefferson County Comprehensive Services Route 14 East McLeansboro, IL 62859 618-643-3103</p>	<p>Hancock Mental Health Center of Western IL 607 Buchanan Street Carthage, IL 62321 217-357-3176</p>
<p>Hardin Family Counseling Center, Inc 212 Main Street Elizabethtown, IL 62931 618-287-7010</p>	<p>Henderson Bridgeway, Inc Hwy 164 West Access Road Oquawka, IL 61469 309-867-2626</p>
<p>Henry Bridgeway, Inc 137 East College Kewanee, IL 61443 309-852-4331</p>	<p>Iroquois Iroquois Mental Health Center 323 West Mulberry Street Watseka, IL 60970 815-432-5241</p>
<p>Jackson Southern Illinois Regional Social Services 604 East College Street Carbondale, IL 62901 618-457-6703</p>	<p>Jasper Jasper County Health Department Division of Counseling Services 106 East Edwards Newton, IL 62448 618-783-4154</p>
<p>Jefferson Jefferson County Comprehensive Service Route 37 North, P.O. Box 428 Mt. Vernon, IL 62864 618-242-1511</p>	<p>Jersey Tri-County Counseling 220 East County Road P.O. Box 381 Jersey ville, IL 62052 618-498-9587</p>

<p>Jo Daviess FHN Family Counseling Center 300 Summit Galena, IL 61036 815-777- 2836</p>	<p>Johnson Family Counseling Center 408 Vine Street Vienna, IL 62995 618-658-2611</p>
<p>Kane Association for Individual Development 309 West New Indian Trail Court Aurora, IL 60506 630-844-5040</p>	<p>Kane Ecker Center 1845 Grandstand Place Elgin, IL 60123 847-695-0484</p>
<p>Kane Family Service Association of Greater Elgin Area 22 South Spring Street Elgin, IL 60120 847-695-3680</p>	<p>Kane Larkin Center 1212 Larkin Avenue Elgin, IL 60123 847-695-5656</p>
<p>Kane TriCity Family Services 1120 Randall Court Geneva, IL 60134 630-232-1070</p>	<p>Kankakee Grow in Illinois 1108 East Court Street Kankakee, IL 60901 815-933-6690</p>
<p>Kankakee Helen Wheeler Center C.M.H. 275 East Court Street, Suite 102 Kankakee, IL 60901 815-939-3543</p>	<p>Kankakee Indian Oaks Academy 101 Bramble Street, Manteno, IL 60950 815-802-3700</p>
<p>Kendall See Kane</p>	<p>Knox Bridgeway 2323 Windish Drive Galesburg, IL 61401 309-344-2323</p>
<p>Lake Independence Center 2025 Washington Street Waukegan, IL 60085 847-360-1020</p>	<p>Lake Lake County Behavioral Health (Adults) 3012 Grand Avenue Waukegan, IL 60085 847-360-6725</p>
<p>Lake Lake County Behavioral Health (Children) 3012 Grand Avenue Waukegan, IL 60085 847-360-3160</p>	<p>Lake Northpointe Resources, Inc 3441 Sheridan Zion, IL 60099 847-872-1700</p>

<p>LaSalle North Central Behavioral Health 2960 Charters Street P.O. Box 1488 LaSalle, IL 61301 815-223-0160</p>	<p>Lawrence Lawrence County Health Department Route #3, Box 414 Lawrenceville, IL 62439 618-943-3754</p>
<p>Lawrence South East Counselling Center 1501 Olive Lawrenceville, IL 62439 618-943-3451</p>	<p>Lee Sinnissippi Centers 325 Illinois, Route 2 Dixon, IL 61021-9162 815-284-6611</p>
<p>Livingston Institute for Human Resources P.O. Box 768 310 East Torrance Avenue Pontiac, IL 61764 815-844-6109</p>	<p>Logan Mental Health Centers of Central IL 304 8<sup>th</sup> Street Lincoln, IL 62656 217-735-2272</p>
<p>Macon Heritage Behavioral Health Center 151 North Main Street Decatur, IL 62525 217-362-6262</p>	<p>Macoupin Locust Street Resource Center 320 South Locust Carlinville, IL 62626 217-854-3166</p>
<p>Madison Behavioral Health Alternatives, Inc 337 East Ferguson Avenue Wood River, IL 62095 618-251-4073</p>	<p>Madison Chestnut Health System 50 Northgate Industrial Drive Granite City, IL 62040 618-877-4420</p>
<p>Madison Community Counseling Center of North Madison County 2615 Edwards Street Alton, IL 62002 618-462-2331</p>	<p>Madison Residential Options, Inc 4452 Industrial Drive Alton, IL 62002 618-466-1803</p>
<p>Marshall (See Bureau)</p>	<p>Mason (See Sangamon)</p>
<p>Marion Community Resource Center 101 South Locust Centralia, IL 62801 618-533-1391</p>	<p>Massac Massac County Mental Health and Family Counseling 206 West 5th Street Metropolis, IL 62960 618-524-9368</p>

McDonough Bridgeway, Inc 900 South Deer Road Macomb, IL 61455 309-837-4876	McDonough North Central Behavioral Health System 301 E Jefferson Macomb, IL 61455 309-833-2191
McHenry Family Alliance, Inc. 2028 North Seminary Avenue Woodstock, IL 60098 815-338-3590	McHenry Family Service and Community Mental Health Center for McHenry County 4100 Veterans Parkway McHenry, IL 60050 815-385-6400
McHenry Pioneer Center for Human Services 4001 Dayton Street McHenry, IL 60050 815-344-1230	McLean McLean County Center for Human Services 108 West Market Bloomington, IL 61701 309-827-5351
Menard (See Sangamon)	Mercer (See Rock Island)
Monroe Human Support Services 988 North Market Waterloo, IL 62298-1000 618-939-8644	Montgomery Montgomery County Health Department 11191 IL RTE 185 Hillsboro, IL 62049 217-532-2001
Morgan Mental Health Centers of Central IL 340 West State, P.O Box 370 Jacksonville, IL 62651 217-245-6126	Moultrie Moultrie County Counseling Center 12 West Harrison Street Sullivan, IL 61951 217-728-4358
Ogle (See Lee)	Peoria Children's Home Association of Illinois 2130 North Knoxville Peoria, IL 61603 309-685-1047
Peoria Community Workshop and Training Center 3215 North University Street Peoria, IL 61604 309-686-3300	Peoria South Side Office of Concern 1316 South West Adams Peoria, IL 61602 309-674-7310

<p>Peoria Human Services Center 228 Northeast Jefferson Peoria, IL 61603 309-671-8000</p>	<p>Piatt Piatt County Mental Health Center 1921 North Market Street Monticello, IL 61856 217-762-5371</p>
<p>Perry Perry County Counseling Center 1016 South Madison Street, Suite A DuQuoin, IL 62832 618-542-4357</p>	<p>Pike Mental Health Centers of Western Illinois of Pike County 121 South Madison Pittsfield, IL 62363 217-285-4436</p>
<p>Pope Family Counseling Center 125 North Market Street Golconda, IL 62938 618-683-2461</p>	<p>Pulaski (See Alexander)</p>
<p>Putnam (See Bureau)</p>	<p>Randolph Human Services Center of Southern Metro East 10257 State Route 3 Red Bud, IL 62278 618-282-6233</p>
<p>Richland Southeastern Illinois Counseling Center, Inc. 504 Micah Drive, Drawer M Olney, IL 62450 618-395-4306</p>	<p>Rock Island Robert Young Center for Community Mental Health 4600 3<sup>rd</sup> Street Moline, IL 61265 309-779-2031</p>
<p>Rock Island Transitions, N.F.P. 805 19<sup>th</sup> Street, P.O. Box 4238 Rock Island, IL 61204 309-793-4993</p>	<p>St. Clair Call for Help, Inc. 9400 Lebanon Road Edgemont, IL 62203 618-397-0968</p>
<p>St. Clair Comprehensive Mental Health Center of St. Clair County 3911 State Street East St. Louis, IL 62205 618-482-7330</p>	<p>Sangamon Mental Health Centers of Central Illinois 710 North 8th Street Springfield, IL 62702 217-525-1064</p>
<p>Sangamon SIU School of Medicine Department of Psychiatry 901 West Jefferson, P.O. Box 19642 Springfield, IL 62794 217-545-8229</p>	<p>Schuyler Schuyler County Mental Health 127 South Liberty Rushville, IL 62681 217-322-4373</p>

Saline Egyptian Public and Mental Health Department 1412 US 45 North Eldorado, IL 62930 618-273-3326	Scott (See Morgan)
Shelby Shelby County Community Services 1810 West South 3rd Street P.O. Box 650 Shelbyville, IL 62565 217-774-2113	Stark (See Bureau)
Stephenson FHN Family Counseling Center. 421 West Exchange Street Freeport, IL 61032 815-599-7300	Tazewell Tazewood Mental Health Center 3248 Vandever Avenue Pekin, IL 61554 309-347-5579
Union Union County Counseling Service 204 South Street, P.O. Box 548 Anna, IL 62906 618-833-8551	Vermilion Center for Children's Services 702 North Logan Avenue Danville, IL 61832 217-446-1300
Vermilion Crosspoint Human Services 210 Avenue C Danville, IL 61832 217-442-3200	Wabash Wabash County Health Department 130 West 7th Street Mt. Carmel, IL 62863 618-263-3873
Wabash SE Illinois Counseling Center 602 East 5 <sup>th</sup> Street Mt Carmel, IL 62863 618-262-7473	Warren Bridgeway, Inc 301 Industry Park Road Monmouth, IL 61462 309-734-9461
Washington Washington County Counseling 781 East Holzhauer Drive, P.O. Box 273 Nashville, IL 62263 618-327-3348	Wayne SE Illinois Counseling Center 407 North Basin, Route 3, Box 770 Fairfield, IL 62837 618-842-2125
White Egyptian Public Mental Health 1705 College Avenue Carmi, IL 62821 618-382-7311	Whiteside Sinnissippi Centers, Inc 2611 Woodlawn Road Sterling, IL 61081 815-625-0013

<p>Will          Cornerstone Services, Inc          777 Joyce Road          Joliet, IL 60436          815-727-6666</p>	<p>Will          Trinity Services, Inc          100 North Cougar Road          Joliet, IL 60432          815-485-6197</p>
<p>Will          Will County Health Department          501 Ella Avenue          Joliet, IL 60433          815-727-8521</p>	<p>Williamson          Illinois Center for Behavioral Health          Franklin- Williamson County Human          Services          3111 Williamson Parkway          Marion, IL 62959          618-997-3647</p>
<p>Winnebago          Janet Wattles Mental Health Center          526 West State Street          Rockford, IL 61101          815-968-9300</p>	<p>Winnebago          Mildred Berry Center          8616 Northern Avenue          Rockford, IL 61107          815-332-8003</p>
<p>Winnebago          Stepping Stones of Rockford          706 North Main Street          Rockford, IL 61103          815-963-0683</p>	<p>Woodford          Tazwood Mental Health Center          109 East Eureka Street          Eureka, IL 61530          309-467-3770</p>

## Appendix 4

### HEALTHY KIDS Substance Abuse Screening and Referral Resources

#### SUBSTANCE ABUSE SCREEN INSTRUCTIONS

The screen can be administered by virtually anyone who knows the patient, like the parent or another significant person in the patient's life; or a person who has a professional relationship with the patient, such as a nurse or other physician's office personnel. The screen is **NOT a diagnostic tool. Rather it provides a way to capture some vital information that can be used to either confirm, or dispel, the possibility of a substance abuse problem with the young person under consideration.**

With the exception of the items in **bold print**, no single response has much meaning in, and of, itself. It is a series of responses that present a pattern, no matter how slight, of attitudes and behaviors, which lead the screener to feel that more information is needed. The screening process will not confirm the existence of a substance abuse problem, but it will give sufficient support for a recommendation that the client see a substance abuse professional for a formal, clinical evaluation.

It is important for the screener to remember that the earlier a problem is identified, the earlier a serious intervention can begin. Substance abuse that is caught early is very treatable. Like most diseases, however, if left untreated, the costs, both personal and financial, grow considerably.

#### Guidelines to Each Section

**Thinking:** How the patient processes information is the focus of this section. Everyone will get confused at times and at times, forget things. That is normal. What is being assessed is a pattern of thought processes that are significantly different from other young people. In other words, does the patient usually process information normally, or is he/she usually confused, distracted, and disoriented?

**Life Style Changes:** No single item means a problem in isolation. If a pattern of responses is noted however, the screener should begin to consider the possibility of dysfunctional living. Combinations of these elements present a set of characteristics that are common to many youthful substance abusers.

**Temperament:** There is no need to be concerned with the occasional or sporadic flash of temper. All young people get frustrated from time to time and that frustration often takes the form of anger or a negative attitude. In this section, the screener is trying to find out if the young person shows these negative behaviors or attitudes represent a change from the way the patient used to be. Many times this will be noted when a parent says something like "I just don't know what's the matter with him/her anymore. He/She used to be such a nice boy/girl."

**Social:** This is the area that the patient and the family often have the hardest time talking about. Many things influence the environment in which the patient lives. If those environmental factors reflect negatively on the parents, they do not surface easily. For example, if the parents are problem drinkers, or if they do drugs themselves, it will be difficult for them to admit that their behavior has a negative impact on the rest of the

family. Also, as young people mature, their peer relationships change. This is normal. However, if the young patient now rejects, or is rejected by the friends he/she once had and if the new friends tend to be secretive or reluctant to share what they do with others, especially with adults, it might indicate that the patient's new constellation of friends belong to the marginal sub-culture associated with drug use. With young people, the old adage that, "you are known by the friends you keep," is very accurate. Again, in this section, the screener is looking for abrupt change and for patterns of signs and symptoms. Any one of the items by itself has little, if any, significance.

**Behavior:** This section deals with elements that are the most obvious, and the behaviors noted here are the ones most commonly associated with a young person who is attempting to deal with a problem of some type. Those attempts may, or may not, involve drug use. Or, drug use itself may be the problem. Finding out, which came first is not important at this point. The important thing is to note that all of these behaviors tend to be negative and a pattern of even a couple of them is an excellent indicator that some kind of professional involvement is called for. If drug use can be ruled out early, other appropriate help can be provided. If the professional finds substance abuse at this early stage, however, a lot of critical time has been saved and the appropriate treatment can begin sooner, rather than later.

**Substance Abuse:** Any checked item in this section is an automatic "trigger" to make a referral for a formal, clinical assessment by a substance abuse professional. If the screener notes even one of these examples, the case should be referred for professional interventions. In conclusion, the screener can either write up a brief summary for the physician, or the completed screen can simply be given, without comment, to the doctor for evaluation. In any event, the physician will determine the next step in the patient's care. If a referral is made, the Primary Care Provider, or case manager, if the patient has been assigned one, should see to it that the patient keeps the appointment for a clinical assessment by the substance abuse professional.

## **SUBSTANCE ABUSE PRE-ASSESSMENT SCREEN**

### Use and Referral Process

### **INSTRUCTIONS**

To make a referral for clinical assessment of a suspected problem with alcohol or other drug abuse, please administer the attached pre-assessment screen to the patient. The screen is in a simple checklist format and it can be administered by virtually anyone.

When the screen has been completed, review the results. If, in the provider's professional opinion, there is reason to SUSPECT the presence of a substance abuse problem, refer that patient to a substance abuse professional for a clinical assessment. Once completed, that assessment will be returned to the provider for inclusion in the provider's comprehensive evaluation of the patient and patient's confidential medical record.

**DECISION-MAKING REGARDING SUBSTANCE ABUSE REFERRALS**

## Sorting Out the Levels of Risk

Referrals under the EPSDT program requires that the physician/provider:

- Obtain written consent of the patient to release information to the substance abuse treatment provider
- Make contact with an approved substance abuse treatment services provider to arrange an appointment
- Communicate with the patient and parent, the appointment time and location before they leave the provider's office following the screening
- Send copies of your Substance Abuse Treatment Screen to the referral source
- Receive from the referral source within a reasonable amount of time (e.g. ten days following the appointment date) notification as to the disposition (show/no show) of the appointment, including any diagnosis and recommendations

The substance abuse treatment provider will, with the written permission of the parent:

- Receive the referral
- Notify the physician if the appointment was not kept and has been re-scheduled. If the patient has an identified case manager, the case manager should be notified for the purpose of follow-up.
- Assess the patient
- Provide continuing feedback to the referring physician as indicated (e.g. significant changes in the treatment plans)

**CONTACT POINTS FOR SUBSTANCE ABUSE TREATMENT SERVICES**

To arrange for a pre-assessment screening to identify the presence of a substance abuse problem, or to schedule a formal, clinical assessment of your patient by a certified substance abuse professional, please contact an appropriate agency or program.

The Substance Abuse Screening Instrument (HFS 3411D) can be ordered by providers from the HFS Warehouse:

2946 Old Rochester Road  
Springfield, IL 62703-5659

All requests must be received on the HFS 1517 (R-9-06). This form may be obtained from HFS' Web site or email address: <http://www.hfs.illinois.gov/forms/>  
The form may be faxed to (217) 557-6800.

Additional information about ordering Department forms can be found in *Chapter 100 - General Policy and Procedures, 112.43 Ordering of Claims Forms and Envelopes*.



**Appendix 4**

**HEALTHY KIDS SUBSTANCE ABUSE SCREEN**  
**Illinois Department of Healthcare and Family Services**  
**Bureau of Maternal and Child Health Promotion**

I. PATIENT

NAME: \_\_\_\_\_ MEDICAID NUMBER \_\_\_\_\_  
BIRTH DATE: \_\_\_\_\_ AGE \_\_\_\_\_ GRADE \_\_\_\_\_

II. PARENT

NAME: \_\_\_\_\_  
ADDRESS \_\_\_\_\_  
PHONE \_\_\_\_\_  
ADDRESS/PHONE \_\_\_\_\_

III. SCREENER

NAME: \_\_\_\_\_  
PHYSICIAN/CLINIC \_\_\_\_\_

INSTRUCTIONS: Question the patient and parent. Check any items listed below which pertain to the patient. Make a referral for a Substance Abuse Assessment when necessary. **ANY BOLDED ITEMS CHECKED BELOW REQUIRE AN IMMEDIATE REFERRAL.** (Refer to the attached instructions.) **STOP!** If the patient has already been referred or is currently receiving treatment for substance abuse, do not continue.

<p><u>THINKING</u></p> <p><input type="checkbox"/> Frequent Memory Loss</p> <p><input type="checkbox"/> Confusion</p> <p><input type="checkbox"/> Easily Distracted</p> <p><input type="checkbox"/> Difficulty Concentrating</p> <p><u>LIFE STYLE CHANGES</u></p> <p><input type="checkbox"/> Change in Group of Friends</p> <p><input type="checkbox"/> Poor Personal Hygiene</p> <p><input type="checkbox"/> Unkempt Appearance</p> <p><input type="checkbox"/> Drug Oriented Language</p> <p><input type="checkbox"/> Erratic Sleep Patterns</p> <p><input type="checkbox"/> Poor Eating Habits</p> <p><input type="checkbox"/> Unfulfilled Promises</p> <p><input type="checkbox"/> Excessive Interest in “Hard Rock” Music (Heavy Metal, Acid)</p> <p><input type="checkbox"/> Cult Activities</p> <p><input type="checkbox"/> Involvement in Gang or Gang Activity</p> <p><u>TEMPERAMENT</u></p> <p><input type="checkbox"/> Overly Defensive</p> <p><input type="checkbox"/> Quick to anger</p> <p><input type="checkbox"/> Listless, Uninterested</p> <p><input type="checkbox"/> Argumentative</p> <p><input type="checkbox"/> Cocky, Arrogant</p> <p><input type="checkbox"/> “Spaced Out” Much of the Time</p>	<p><u>SOCIAL</u></p> <p><input type="checkbox"/> Problems at Home</p> <p><input type="checkbox"/> Substance Abuse at Home</p> <p><input type="checkbox"/> Problems with Neighbors</p> <p><input type="checkbox"/> Loss of Former Friends</p> <p><input type="checkbox"/> School Problems</p> <p><input type="checkbox"/> Disliked by Significant Other</p> <p><input type="checkbox"/> Evidence Peers are Drug Involved</p> <p><input type="checkbox"/> Evidence of Low Self-Esteem</p> <p><u>BEHAVIOR</u></p> <p><input type="checkbox"/> Increase in Secretive Behavior</p> <p><input type="checkbox"/> Cruel (Hurts Others)</p> <p><input type="checkbox"/> Self Hurt (Mutilation, Tattoos)</p> <p><input type="checkbox"/> Hurts Animals</p> <p><input type="checkbox"/> Over Reacts/Under Reacts</p> <p><input type="checkbox"/> Defiant of Authority</p> <p><input type="checkbox"/> Excuses, Lies</p> <p><input type="checkbox"/> Suicidal, Ideation of Attempt</p> <p><input type="checkbox"/> Avoidance of Parents, Family Members, Authority Figures, Adults</p> <p><input type="checkbox"/> Severe Mood Swings</p> <p><u>SUBSTANCE ABUSE</u></p> <p><input type="checkbox"/> <b>Obviously Intoxicated at Times</b></p> <p><input type="checkbox"/> <b>Possession of Drug Paraphernalia</b></p> <p><input type="checkbox"/> <b>“Glassy” Eyes</b></p> <p><input type="checkbox"/> <b>Blackouts</b></p> <p><input type="checkbox"/> <b>Signs of IV Drug Use</b></p> <p><input type="checkbox"/> <b>Signs of Nasal Damage from Inhalation, Sniffing or “Snorting”</b></p> <p><input type="checkbox"/> <b>Other Evidence of Drug Use</b></p>
<p>HFS 3411D (N-5-93)</p>	

**PSYCHIATRIC HOSPITALIZATION** during the past three years \_\_\_patient\_\_\_ family member

**SUBSTANCE ABUSE TREATMENT** during the past three years \_\_\_ patient \_\_\_ family member.

List other **MEDICAL CONDITIONS** that may impact social or emotional development.

Is the patient currently on **MEDICATION**? If so, specify medications and dosages:

COMMENTS (Substance Abuse):

\_\_\_\_\_CHECK IF **PARENT** REQUESTS A REFERRAL.

Suspected Child **ABUSE** and **NEGLECT** must be reported to DCFS immediately!  
**1-800-25ABUSE.**

The **PHYSICIAN** conducting the Healthy Kids Substance Abuse Screen:

- Makes an appointment with a substance abuse treatment provider when indicated while the patient is at your office and the information about the appointment should be given to the parent
- Sends a copy of this form to the substance abuse treatment provider

REFERRAL TO \_\_\_\_\_

DATE \_\_\_\_\_ TIME \_\_\_\_\_

DATE CLIENT NOTIFIED OF APPOINTMENT \_\_\_\_\_

BY WHOM \_\_\_\_\_

The **SUBSTANCE ABUSE PROVIDER** conducting the substance abuse assessment, with the signed consent of the parent:

- Sends a copy of this form to the referring physician once the assessment has been completed indicating recommended services
- Informs the referring physician of the missed or rescheduled appointments
- Reports the patient’s progress or change in treatment plans on a quarterly basis until case closure

To be completed by the **SUBSTANCE ABUSE PROVIDER ONLY** and returned to the referring physician.

DATE OF ASSESSMENT \_\_\_\_\_

DIAGNOSIS \_\_\_\_\_

RECOMMENDED SERVICES:

**Appendix 4**

**Illinois Department of Human Services  
Division of Alcoholism and Substance Abuse  
Certified Medicaid Providers by County**

Adams Adams County Juvenile Detention Center/Great River Recovery Resources 200 North 52nd Street Quincy, IL 62305 217-277-2233	Adams Great River Recovery Resources, Inc 428 South 36th Street Quincy, IL 62301 217-224-6300
Alexander Community Health and Emergency Services, Inc (CHESI) 13245 Kessler Road, P.O. Box 233 Cairo, IL 62914 618-734-4400	Alexander Delta Center, Inc 1400 Commercial Avenue Cairo, IL 62914 618-734-2665
Alexander Delta Center, Inc. 1701 Washington Avenue Cairo, IL 62914 618-734-9770	Bond Bond County Health Department 503 South Prairie Street Greenville, IL 62246 618-664-1442
Boone P.H.A.S.E., Inc. 2028 North State Street, Suite 200 Belvidere, IL 61008 815-547-4502	Bureau North Central Behavioral Health Systems, Inc 526 Bureau Valley Parkway, Perry Plaza Princeton, IL 62356 815-875-4458
Carroll Sinnissippi Centers, Inc. 1122 Healthcare Drive Mount Carroll, IL 61053 815-244-1376	Cass Cass County Mental Health Association 121 East Second Street Beardstown, IL 62618 217-323-2980
Champaign Prairie Center - Champaign 122 West Hill Street, P.O. Box 1397 Champaign, IL 61820 217-356-7576	Champaign Alcohol / Chemical Evaluation Services, Dba A.C.E.S., Ltd. 217 North Broadway Avenue Urbana, IL 61801 217-352-9122
Champaign Prairie Center Health Systems, Inc. Urbana 718 Killarney Street Urbana, IL 61802 217-328-4500	Christian Triangle Center 320 Northwestern Avenue Taylorville, IL 62568 217-824-7330

<p>Clark Human Resources Center of Edgar and Clark Counties 1006 South 6<sup>th</sup> Sreet Marshall, IL 62441 217-826-6212</p>	<p>Clay Clay Family Counselling Center 901 West 3<sup>rd</sup> Street Flora, IL 62839 618-662-2871</p>
<p>Clay Southeastern/ Clay Family Counseling Center 901 West 3<sup>rd</sup> Street Flora, IL 62839 618-662-2871</p>	<p>Clinton Community Resource Center 580 8<sup>th</sup> Sreet Carlyle, IL 62231 618-594-4581</p>
<p>Coles C.E.A.D. Council 1501 1/2 18th Street Charleston, IL 61920 217-348-5444</p>	<p>Coles C.E.A.D. Council 635 Division Street, P.O. Box 532 Charleston, IL 61920 217-348-8108</p>
<p>Coles C.E.A.D. Council/DASA-DCFS Initiative Program 726 4th Street Charleston, IL 61920 217-348-8591</p>	<p>Coles C.E.A.D. Council 8500 East County Road 150N Lerna, IL 62440 217-235-1303</p>
<p>Coles C.E.A.D. Council 416 North 19th Street Mattoon, IL 61938 217-258-2968</p>	<p>Coles C.E.A.D. Council Adolescent Outpatient 513 North 13th Street Mattoon, IL 61938 217-258-6018</p>
<p>Cook (Chicago) Addiction Counseling Educational Services (ACES) Catholic Charities 651 West Lake Street, Suite 100 Chicago, IL 60661 312-655-7453</p>	<p>Cook (Chicago) Alcohol And Drug Assessment Services 651 West Lake Street, Rm. 100A Chicago, IL 60661 312-655-7530</p>
<p>Cook (Chicago) Alternatives, Inc. 4730 North Sheridan Road Chicago, IL 60640 773-506-7474</p>	<p>Cook (Chicago) Anixter Center - Outpatient Services 2001 North Clybourn, Suite 402 Chicago, IL 60614 773-549-0208</p>
<p>Cook (Chicago) Anixter Center/Schwab Rehabilitation Center 1414 South Fairfield Avenue Chicago, IL 60608 773-522-2010</p>	<p>Cook (Chicago) Anixter Center-Inpatient Services 1706 North Kedzie Chicago, IL 60647 773-227-8530</p>

Cook (Chicago) Association House Of Chicago 1116 North Kedzie Avenue Chicago, IL 60651 773-772-8009	Cook (Chicago) Bobby E. Wright Comprehensive Community Mental Health Center, Inc. 9 South Kedzie Avenue Chicago, IL 60612 773-722-7900
Cook (Chicago) Brass II 8000 South Racine Avenue Chicago, IL 60620 773-994-2708	Cook (Chicago) Caritas - Central Intake 140 North Ashland Avenue, Suite 100 Chicago, IL 60607 312-850-9411
Cook (Chicago) Cathedral Shelter Of Chicago Adult Outpatient Program 1668 West Ogden Avenue Chicago, IL 60612 312-997-2222	Cook (Chicago) Community Counseling Centers of Chicago - Recovery Point 4007 North Broadway Avenue Chicago, IL 60613 773-305-1101
Cook (Chicago) Community Counseling Centers of Chicago 4740 North Clark Street Chicago, IL 60640 773-769-0205	Cook (Chicago) Cornell Interventions Southwood 5701 South Wood Street, 3rd Fl. North Chicago, IL 60636 773-737-4600
Cook (Chicago) Counseling Center of Lake View 3225 North Sheffield Avenue Chicago, IL 60657 773-549-5886	Cook (Chicago) El Rincon Clinic 1874 North Milwaukee Avenue Chicago, IL 60647 773-276-0200
Cook (Chicago) ERIE Family Health Center/West Town 1701 West Superior Avenue Chicago, IL 60622 312-666-3488	Cook (Chicago) Family Guidance Centers, Inc. 310 West Chicago Avenue Chicago, IL 60610 312-943-6545
Cook (Chicago) Family Guidance Centers, Inc. 3800 West Madison Avenue Chicago, IL 60624 773-638-2849	Cook (Chicago) Fola Community Action Services, Inc. 8014 South Ashland Avenue Chicago, IL 60620 773-487-4310
Cook (Chicago) Garfield Counseling Center Full Service Program 4132 West Madison Street Chicago, IL 60624 773-533-0433	Cook (Chicago) Gateway Foundation Chicago Outpatient Northwest 4301 West Grand Avenue Chicago, IL 60651 773-862-2279

<p>Cook (Chicago) Gateway Foundation Westside Treatment Center 3828 West Taylor Street, 1<sup>st</sup> Floor Main Center Chicago, IL 60624 773-826-1916</p>	<p>Cook (Chicago) H.R.D.I. - Harriet Tubman Women and Children Residential 11352 South State Street Chicago, IL 60628 773-785-4955</p>
<p>Cook (Chicago) H.R.D.I. Adolescent and Family Life Program 2311 East 98th Street Chicago, IL 60617 773-933-5570</p>	<p>Cook (Chicago) H.R.D.I. West Pullman Professional Counseling Services 33 East 114th Chicago, IL 60628 773-660-4630</p>
<p>Cook (Chicago) Habilitative Systems - Alcoholism and Chemical Abuse South Outpatient Services 6857 South Halsted Street Chicago, IL 60621 773-854-1812</p>	<p>Cook (Chicago) Habilitative Systems, Inc. 415 South Kilpatrick Street Chicago, IL 60644 773-261-2252</p>
<p>Cook (Chicago) Harbor Light Alcoholism and Drug Dependence Services 1515 West Monroe Street Chicago, IL 60607 312-421-5753</p>	<p>Cook (Chicago) Haymarket Center 108 North Sangamon Street Chicago, IL 60607 312-226-7984</p>
<p>Cook (Chicago) Haymarket Center - O'hare Outreach O'hare International Airport P.O. Box 66243 Chicago, IL 60666 773-686-6480</p>	<p>Cook (Chicago) Healthcare Alternative Systems, Inc. 2755 West Armitage Avenue Chicago, IL 60647 773-252-3100</p>
<p>Cook (Chicago) Healthcare Alternative Systems, Inc. 5005 West Fullerton Avenue Chicago, IL 60639 773-745-7107</p>	<p>Cook (Chicago) Healthcare Alternative Systems, Inc. Adult Residence 1949 North Humboldt Boulevard Chicago, IL 60647 773-252-2666</p>
<p>Cook (Chicago) Heartland Health Outreach Pathways Home Outpatient 4750 North Sheridan Road, Suite 500 Chicago, IL 60640 773-334-7117</p>	<p>Cook (Chicago) Heartland Human Care Services, Inc. Rafael Center 4411 North Ravenswood Avenue, 3rd Fl. Chicago, IL 60640 773-751-4000</p>

Cook (Chicago) HRDI - Grand Boulevard Professional Counseling Center 340 East 51st Street Chicago, IL 60615 773-869-0300	Cook(Chicago) Intervention Instruction, Inc 2001 West Addison Street Chicago, IL 60618 773-248-6628
Cook (Chicago) Komed/Holman Health Center 4259 South Berkeley Chicago, IL 60653 773-268-7600	Cook (Chicago) Latino Treatment Center 2608 West Peterson Avenue, 5 <sup>th</sup> Fl Suite 505 Chicago, IL 60659 773-465-1161
Cook (Chicago) Loretto Hospital Addictions Center 645 South Central Avenue, 8th Fl Chicago, IL 60644 773-626-9250	Cook (Chicago) Louise Landau Health Center Near North Health Services, Inc. 3645 West Chicago Avenue Chicago, IL 60651 773-826-3450
Cook (Chicago) LSSI - Belmont 5825 West Belmont Avenue Chicago, IL 60634 773-637-0487	Cook (Chicago) LSSI - Devon I 1758 West Devon Avenue Chicago, IL 60660 773-764-4350
Cook (Chicago) LSSI - Devon II 1764 West Devon Avenue Chicago, IL 60660 773-764-4512	Cook (Chicago) LSSI - Kenmore Outpatient 5517 North Kenmore Avenue, 1st Floor Chicago, IL 60640 773-275-7962
Cook (Chicago) LSSI - Mt. Greenwood 3220 West 115th Street Chicago, IL 60655 773-881-1900	Cook (Chicago) Mercy Hospital and Medical Center 2525 South Michigan Avenue, 4 <sup>th</sup> Floor Chicago, IL 60616 312-567-2295
Cook (Chicago) Near North Health Services Corporation 1276 North Clybourn Chicago, IL 60610 312-337-1073	Cook (Chicago) New Age Services Corporation 1330 South Kostner Avenue Chicago, IL 60623 773-542-1150
Cook (Chicago) Nuway Community Services, Inc. 659 East 75th Street Chicago, IL 60619 773-723-2790	Cook (Chicago) PDSSC - Chicago, Inc. 2260 North Elston Avenue Chicago, IL 60614 773-772-2450

<p>Cook (Chicago) Pilsen-Little Village Methadone Substance Abuse Division 3113 West Cermak Road Chicago, IL 60623 773-277-3413</p>	<p>Cook (Chicago) Procure Centers in Our Lady of Resurrection Medical Center 5645 West Addison Chicago, IL 60634 773-282-7000</p>
<p>Cook (Chicago) South East Alcohol and Drug Abuse Center 8640 South Chicago Avenue Chicago, IL 60617 773-731-9100</p>	<p>Cook (Chicago) Substance Abuse Services, Inc. Outpatient Unit 2101 South Indiana Avenue Chicago, IL 60616 312-808-3210</p>
<p>Cook (Chicago) The Mcdermott/Haymarket Center Haymarket Grand Boulevard 4910 South King Drive Chicago, IL 60615 773-548-7598</p>	<p>Cook (Chicago) The Mcdermott Center/ Haymarket Center North 4753 North Broadway, Suite 612 Chicago, IL 60640 773-506-2839</p>
<p>Cook (Chicago) The Women's Treatment Center 140 North Ashland Avenue 3rd Fl. East Chicago, IL 60607 312-633-4951</p>	<p>Cook (Chicago) The Women's Treatment Center 140 North Ashland Avenue, 1st Floor Chicago, IL 60607 312-850-0050</p>
<p>Cook (Chicago) Woodlawn Organization Entry House 1447 East 65th Street Chicago, IL 60637 773-493-6116</p>	<p>Cook (Chicago) Westside Holistic Family Center/ Ujima House 4909 West Division Street Chicago, IL 60651 773-921-8777</p>
<p>Cook (Chicago) Youth Outreach Services 5910 West Division Chicago, IL 60651 773-379-3600</p>	<p>Cook (Chicago) Youth Outreach Services 5114 South Elizabeth Street Chicago, IL 60609 773-446-6244</p>
<p>Cook (Chicago) Youth Outreach Services 4751 North Kedzie Avenue Chicago, IL 60625 773-478-4500</p>	<p>Cook (Chicago) Youth Outreach Services 6417 West Irving Park Road Chicago, IL 60634 773-777-6377</p>
<p>Cook (Suburb) YMCA of Metropolitan Chicago Southwest YMCA 3801 West 127th Street Alsip, IL 60803 708-385-6700</p>	<p>Cook (Suburb) OMNI Youth Services Arlington Heights Office 1616 North Arlington Heights Road Arlington Heights, IL 60004 847-253-6010</p>

Cook (Suburb) Procure Centers Judicial Treatment/Intake 1820 South 25th Street Broadview, IL 60155 708-681-2324	Cook (Suburb) Resurrection Behavioral Health St. Elizabeth Hospital 1820 South 25 <sup>th</sup> Street Broadview, IL 60155 708-410-0615
Cook (Suburb) OMNI Youth Services Buffalo Grove Office 1111 West Lake Cook Road Buffalo Grove, IL 60089 847-353-1500	Cook (Suburb) Aunt Martha's Outpatient Youth Enhancement 1526 Otto Boulevard Chicago Heights, IL 60411 708-754-1044
Cook (Suburb) Youth Outreach Services 6617 West Cermak Road Cicero, IL 60804 708-652-5370	Cook (Suburb) Family Guidance Center 484 Lee Street Des Plaines, IL 60016 847-827-7517
Cook (Suburb) Maryville Academy/Mulcahey 1150 North River Road 100-300 Mulcahey Bld Des Plaines, IL 60016 847-294-1999	Cook (Suburb) Maryville Academy Scott Nolan Center 555 Wilson Lane Des Plaines, IL 60016 847-768-5430
Cook (Suburb) SSCASA - Addicted Mother's Residential Rehabilitation Program 1909 Checker Square East Hazel Crest, IL 60429 708-647-3333	Cook (Suburb) LSSI - Elgin Center I Residential 675 Varsity Drive Elgin, IL 60120 847-741-2600
Cook (Suburb) Renz Addiction Counseling Center Two American Way Elgin, IL 60120 847-742-3545	Cook (Suburb) Peer Services, Inc. 906 Davis Street Evanston, IL 60201 847-492-1778
Cook (Suburb) Leyden Family Service and Mental Health Center 10001 West Grand Avenue Franklin Park, IL 60131 847-451-0330	Cook (Suburb) Peer Services, Inc. 3633 West Lake Avenue, Suite 305 Glenview, IL 60026 847-657-7337
Cook (Suburb) Family Guidance Centers, Inc. 15400 Page Avenue Harvey, IL 60426 708-333-8960	Cook (Suburb) Pillars Community Services 8020 West 87th Street Hickory Hills, IL 60457 708-741-4500

<p>Cook (Suburb) The Share Program 1776 Moon Lake Blvd. Hoffman Estates, IL 60194 847-882-4181</p>	<p>Cook (Suburb) Pillars Community Services 333 North La Grange Road La Grange Park, IL 60526 708-698-5500</p>
<p>Cook (Suburb) Substance Abuse Operations 308 South 5th Avenue Maywood, IL 60153 708-343-1275</p>	<p>Cook (Suburb) The Way Back Inn 201 South 2nd Avenue Maywood, IL 60153 708-345-8422</p>
<p>Cook (Suburb) Pilsen-Little Village Community Mental Health Center, Inc. 1633 North 37th Avenue Melrose Park, IL 60160 708-343-7860</p>	<p>Cook (Suburb) Resurrection Behavioral Health 1414 Main Street Melrose Park, IL 60160 708-681-0073</p>
<p>Cook (Suburb) Youth Outreach Services 4419 West North Avenue Melrose Park, IL 60160 708-547-1091</p>	<p>Cook (Suburb) Bremen Youth Services 15350 Oak Park Avenue, P.O. Box 627 Oak Forest, IL 60452 708-687-9200</p>
<p>Cook (Suburb) The Way Back Inn 412 South Wesley Oak Park, IL 60302 708-848-2065</p>	<p>Cook (Suburb) Aunt Martha's Youth Service Center, Inc. 440 Forest Blvd. Park Forest, IL 60466 708-679-8000</p>
<p>Cook (Suburb) Comgraph, Inc. 252 Main Street Park Forest, IL 60466 708-481-9570</p>	<p>Cook (Suburb) Intervention Instruction, Inc. 2121 Euclid Street Rolling Meadows, IL 60008 847-818-2885</p>
<p>Cook (Suburb) Haymarket West 1990 East Algonquin Road, Suite 211 Schaumburg, IL 60173 847-397-7291</p>	<p>Cook (Suburb) Pilsen Little Village Community Mental Health Center, Inc. 1546 North Mannheim Road Stone Park, IL 60165 708-410-0856</p>
<p>Cook (Suburb) Renz Addiction Counseling Center 1535 Burgundy Parkway Streamwood, IL 60107 630-837-6445</p>	<p>Cook (Suburb) Streamwood Behavioral Health Center 1400 East Irving Park Road Streamwood, IL 60107 630-837-9000</p>

<p>Cook (Suburb) OMNI Youth Services, Inc. Wheeling Township Program 210 North Wolf Road Wheeling, IL 60090 847-541-0199</p>	<p>Crawford Arbors North 204A West Highland Avenue Robinson, IL 62454 618-546-5232</p>
<p>Crawford Southeastern/ Crawford Family Counseling Centers 204 West Highland Avenue Robinson, IL 62454 618-546-1021</p>	<p>Dekalb Ben Gordon Center 12 Health Services Drive Dekalb, IL 60115 630-620-6616</p>
<p>Dewitt Dewitt County Human Resource Center 1150 Route 54 West Box 616 Clinton, IL 61727 217-935-9496</p>	<p>DuPage Serenity House, Inc. 891 South Route 53 Addison, IL 60101 630-620-6616</p>
<p>DuPage Bensenville Home Society 331 South York Road Bensenville, IL 60106 630-766-3570</p>	<p>DuPage DuPage County Health Department Women's Program 245 South Gary Avenue, Suite 202 Bloomington, IL 60108 630-231-7440</p>
<p>DuPage Elmhurst Memorial Hospital Guidance Services 183 North York Road Elmhurst, IL 60126 630-941-4577</p>	<p>DuPage Healthcare Alternative Systems, Inc. 799 Roosevelt Road Building 6, Suite 312 Glen Ellyn, IL 60137 630-942-9720</p>
<p>DuPage Cornell Interventions DuPage Adolescent Center 11 South 250, Rt. 83 Hinsdale, IL 60521 630-325-5050</p>	<p>DuPage Breaking Free 800 West 5th Avenue, Suite 102B Naperville, IL 60563 630-355-2585</p>
<p>DuPage Behavioral Health Services of Central DuPage Hospital 27 West 350 High Lake Road Winfield, IL 60190 630-653-4000</p>	<p>DuPage Cornell Interventions Woodridge 2221 West 64th Street, 1st Fl., East Wing Woodridge, IL 60517 630-968-6477</p>

<p>Edgar Human Resources Center of Edgar and Clark Counties 118 East Court Street, P.O. Box 1118 Paris, IL 61944 217-465-4118</p>	<p>Edwards Southeastern Edwards Family Counseling Center 254 South 5th Street Albion, IL 62806 618-445-3559</p>
<p>Effingham Heartland Human Services 1200 North 4th Street, P.O. Box 1047 Effingham, IL 62401 217-347-7058</p>	<p>Fayette Community Resource Center 421 West Main Vandalia, IL 62471 618-283-4229</p>
<p>Franklin Franklin-Williamson Human Services, Inc. / West Frankfort Office 902 West Main Street West Frankfort, IL 62896 618-997-6483</p>	<p>Fulton North Central Behavioral Health Systems, Inc. 229 Martin Avenue Canton, IL 61520 309-647-1881</p>
<p>Gallatin Egyptian Public Health Department Box 181 Main Street Ridgeway, IL 62979 618-272-4691</p>	<p>Grundy Grundy County Health Department 1320 Union Street Morris, IL 60450 815-941-3138</p>
<p>Hancock Hancock County Mental Health Center 607 Buchanan Street Carthage, IL 62321 217-357-3176</p>	<p>Henderson Bridgeway, Inc. Access Road, Highway 164W Oquawka, IL 61469 309-867-2626</p>
<p>Henry The Good Shepard Foundation of Henry County, Inc. 4166 South Oakwood Avenue Geneseo, IL 61254 309-944-6205</p>	<p>Henry Bridgeway A.D.A.P.T. Services 137 East College Kewanee, IL 61443 309-852-4331</p>
<p>Iroquois Nexus Adolescent Chemical Health 118 East Lincoln Avenue Onarga, IL 60955 815-268-4274</p>	<p>Iroquois Iroquois Mental Health Center 323 West Mulberry Street P.O. Box 322 Watseka, IL 60970 815-432-5241</p>
<p>Jackson Gateway Foundation 1080 East Park Street Carbondale, IL 62901 618-529-1151</p>	<p>Jackson Recovery and Addiction Program Southern Illinois Regional Social Services, Inc 604 East College Street Carbondale, IL 62901 618-529-5353</p>

<p>Jackson Southern Illinois Regional Social Services, Inc. (SIRSS, Inc) 604 East College Street Carbondale, IL 62901 618-457-6703</p>	<p>Jasper Jasper County Health Department 106 East Edwards Street Newton, IL 62448 618-783-4154</p>
<p>Jasper Southeastern/ Jasper Family Counselling Center 902 West Jourdan Newton, IL 62448 618-783-8615</p>	<p>Jefferson Jefferson County Comprehensive Services - Vantage Point (Outpatient) Route 37 North, P.O.Box 428 Mount Vernon, IL 62864 618-242-1546</p>
<p>Jefferson Jefferson County Comprehensive Services - Vantage Point (Residential) Route 37 North, P.O.Box 428, Unit C Mount Vernon, IL 62864 618-242-5835</p>	<p>Jersey Tri-County Counseling Center 220 East County Road, P.O. Box 381 Jerseyville, IL 62052 618-498-9587</p>
<p>Johnson Family Counseling Center, Inc. 408 East Vine Street Vienna, IL 62995 618-658-2611</p>	<p>Kane Breaking Free, Inc. 120 Gale Street Aurora, IL 60506 630-897-1003</p>
<p>Kane Family Guidance Centers, Inc. 751 Aurora Avenue Aurora, IL 60505 630-801-0017</p>	<p>Kane Gateway - Community Counseling Center of the Fox Valley 400 Mercy Lane Southeast Aurora, IL 60506 630-966-7400</p>
<p>Kane Gateway - Opportunity House 469 North Lake Street Aurora, IL 60506 630-859-1870</p>	<p>Kane Latino Treatment Center 54 South Grove Avenue Elgin, IL 60120 847-695-9155</p>
<p>Kane Renz Addiction Counselling Center 309 Walnut Street St.Charles, IL 60174 630-513-6886</p>	<p>Kankakee Provena St. Mary's Substance Abuse Program 21 Heritage Drive, Suite 102 Bourbonnais, IL 60914 815-937-2081</p>
<p>Kankakee Aunt Martha's Youth Service Center 1777 East Court Street Kankakee, IL 60901 815-937-5413</p>	<p>Kankakee Duane Dean Behavioral Health Center 700 East Court Street Kankakee, IL 60901 815-939-0125</p>

<p>Kankakee          Provena St. Mary's Hospital          500 West Court Street          Kankakee, IL 60901          815-937-2400</p>	<p>Kankakee          Riverside Resolve Center          Oakeside Clinic          1905 West Court Street          Kankakee, IL 60901          815-936-7373</p>
<p>Kankakee          Riverside Medical Center          411 West Division Street          Manteno, IL 60950          815-468-3241</p>	<p>Kendall          Kendall County Health Department          811 West John Street          Yorkville, IL 60560          630-553-9100</p>
<p>Knox          Bridgeway A.D.A.P.T. Services          2323 Windish Drive          Galesburg, IL 61401          309-344-2323</p>	<p>La Salle          North Central Behavioral Health          Systems Inc.          2960 Charters Street, P.O Box 1488          Lasalle, IL 61301          815-223-0160</p>
<p>La Salle          North Central Behavioral Health          Systems, Inc.          727 Etna Road          Ottawa, IL 61350          815-434-4727</p>	<p>La Salle          North Central Behavioral Health          Systems, Inc.          17 Northpoint Drive          Northpoint Shopping Center          Streator, IL 61364          815-673-3388</p>
<p>Lake          OMNI Youth Services          Vernon Program Office          2900 North Main Street          Buffalo Grove, IL 60089          847-634-9360</p>	<p>Lake          Gateway Foundation, Inc.          Lake Villa Women's Program          25480 West Cedar Crest Lane 1087          Building B          Lake Villa, IL 60046          847-356-8205</p>
<p>Lake          Lake County Health Department          Lake Villa Counseling Center          121 East Grand Avenue          Lake Villa, IL 60046          847-356-0058</p>	<p>Lake          OMNI Youth Services          Ela Township Office          1025 Old McHenry Road          Lake Zurich, IL 60047          847-540-0680</p>
<p>Lake          OMNI Youth Services          Greenhouse Program Office          115 North Seymour          Mundelein, IL 60060          847-949-1020</p>	<p>Lake          Nicasa Women's Services          2031 Dugdale Road          North Chicago, IL 60064          847-785-8660</p>

<p>Lake Lake County Health Department Round Lake Park Office 423 East Washington Round Lake Park, IL 60073 847-546-0080</p>	<p>Lake Lake County Health Department Women's Residential Services 24647 North Milwaukee Avenue Vernon Hills, IL 60061 847-377-7835</p>
<p>Lake Cornell Interventions Contact Adolescent Outpatient 26991 Anderson Road Box 341, Central Office Wauconda, IL 60084 847-526-0404</p>	<p>Lake Lake County Health Department 3012 Grand Avenue Waukegan, IL 60085 847-377-8180</p>
<p>Lake Lake County Health Department Addictions Treatment Center 3002 Grand Avenue Waukegan, IL 60085 847-377-8200</p>	<p>Lake Lake County Health Department Alcohol and Substance Abuse Program 3004 Grand Avenue Waukegan, IL 60085 847-377-8205</p>
<p>Lake Northern Illinois Council on Alcoholism and Substance Abuse 1113 Greenwood Avenue Waukegan, IL 60087 847-244-4434</p>	<p>Lawrence Southeastern/Lawrence Family Counseling Center 1501 Olive Lawrenceville, IL 62439 618-943-3451</p>
<p>Lee LSSI - Dixon 1247 North Galena Avenue Dixon, IL 61021 815-288-6655</p>	<p>Lee Sinnissippi Centers, Inc. 325 Illinois Route 2 Dixon, IL 61021 815-284-6611</p>
<p>Lee LSSI - Nachusa Lutheran Home - Phoenix Unit 1261 Illinois Rt. 38, Phoenix Unit, P.O. Box 100 Nachusa, IL 61057 815-284-7796</p>	<p>Livingston Institute for Human Resources 310 East Torraine, P.O. Box 768 Pontiac, IL 61764 815-844-6109</p>
<p>Logan The Wells Center, Inc. (Satellite Office) 626 North Chicago Street Lincoln, IL 62656 217-320-0070</p>	<p>Macon Heritage Behavioral Health Center, Inc. 151 North Main Street, P.O. Box 710 Decatur, IL 62523 217-362-6262</p>

<p>Macon  Saint Mary's Treatment Center  1800 East Lakeshore Drive  Decatur, IL 62521  217-464-2500</p>	<p>Macoupin  Macoupin County Mental Health Center  100 North Side Square  Carlinville, IL 62626  217-854-3166</p>
<p>Madison  Community Counseling Center of  Northern Madison County  2615 Edwards Street  Alton, IL 62002  618-462-2331</p>	<p>Madison  Saint Anthony's Health Center  St Clair's Hospital  915 East 5th Street, P.O. Box 340  Alton, IL 62002  618-463-5600</p>
<p>Madison  Chestnut Health Systems, Inc.  50 Northgate Industrial Drive  Granite City, IL 62040  618-877-4420</p>	<p>Madison  Chestnut Health Systems  2148 Vadalabene Drive, P.O. Box 750  Maryville, IL 62062  618-288-3100</p>
<p>Marion  Community Resource Center  101 South Locust Street  Centralia, IL 62801  618-533-1391</p>	<p>Marion  Community Resource Center  1325 C West Whitaker  Salem, IL 62881  618-548-2181</p>
<p>Mason  Wells Center, Inc.  220 West Main Street, Rear Entrance  Havana, IL 62644  217-248-6678</p>	<p>Massac  Massac County Mental Health and  Family Counseling Center, Inc.  216 West 5th Street,  Metropolis, IL 62960  618-524-9368</p>
<p>McDonough  Bridgeway, Inc.  590 South Deer Road  Macomb, IL 61455  309-836-2334</p>	<p>McDonough  Bridgeway, Inc.  900 South Deer Road  Macomb, IL 61455  309-837-4876</p>
<p>McDonough  North Central Behavioral Health  Systems, Inc.  301 East Jefferson Street  Macomb, IL 61455  309-833-2191</p>	<p>McHenry  The Advantage Group Foundation, Ltd.  422 Tag Way  Crystal Lake, IL 60014  815-444-6400</p>
<p>McHenry  Family Service and Community Mental  Health Center for McHenry County  4100 Veterans Parkway  McHenry, IL 60050  815-385-6400</p>	<p>McLean  Chestnut Health Systems – Adolescents  Chemical Dependency Treatment  1003 Martin Luther King Drive  Bloomington, IL 61701  309-827-6026</p>

<p>McLean Chestnut Health Systems – Adult Chemical Dependency Treatment 702 West Chestnut Street East Bloomington, IL 61701 309-827-6026</p>	<p>McLean Illinois Institute for Addiction Recovery at Bromenn Virginia At Franklin Normal, IL 61761 309-827-4321</p>
<p>Mercer Mercer County Center on Addictions - R.I.C.C.A. 1607 John Deere Rd, East Moline, IL 61244 309-582-5848</p>	<p>Monroe Human Support Services Substance Abuse Alternatives 988 North Illinois Rt. 3, P.O. Box 146 Waterloo, IL 62298 618-939-4444</p>
<p>Montgomery Montgomery County Health Department 11191 Illinois Route 185 Hillsboro, IL 62049 217-532-2001</p>	<p>Montgomery Montgomery County Health Department 317 West Union Avenue Litchfield, IL 62056 217-324-3430</p>
<p>Morgan The Wells Center 1300 Lincoln Avenue Jacksonville, IL 62650 217-243-1871</p>	<p>Ogle Sinnissippi Centers, Inc. 125 South 4th Street Oregon, IL 61061 815-732-3157</p>
<p>Ogle Sinnissippi Centers, Inc. 1321 North 7th Street Rochelle, IL 61068 815-562-3801</p>	<p>Peoria Human Service Center 3300 West New Leaf Lane, 3300 Bldg. Peoria, IL 61615 309-692-6900</p>
<p>Peoria Human Service Center Central Intake Crossroads 3420 North Rochelle Lane Peoria, IL 61604 309-671-8040</p>	<p>Peoria Human Service Center Outpatient Substance Abuse Services 228 Northeast Jefferson, P.O. Box 1346 Peoria, IL 61654 309-671-8000</p>
<p>Peoria Human Service Center Youth and Community Services 1200 Hamilton Boulevard Peoria, IL 61606 309-589-7980</p>	<p>Peoria Illinois Institute for Addiction Recovery 5409 North Knoxville Avenue Peoria, IL 61614 309-691-1055</p>
<p>Peoria New Leaf Retreat for Women Human Service Center 3500 West New Leaf Lane Peoria, IL 61615 309-689-3078</p>	<p>Peoria White Oaks Knolls 2101 Willow Knolls Drive Peoria, IL 61614 309-689-3074</p>

<p>Piatt Piatt County Mental Health Center 1921 North Market Street Monticello, IL 61856 217-762-5371</p>	<p>Randolph Human Service Center of Southern Metro-East/Chester Office 115 East Stacey Street Chester, IL 62233 618-826-4547</p>
<p>Randolph Human Service Center of Southern Metro-East 10257 State Route 3 Red Bud, IL 62278 618-282-6233</p>	<p>Randolph Human Service Center of Southern Metro-East 104 Northtown Drive Sparta, IL 62286 618-443-3045</p>
<p>Richland Southeastern Illinois Family Counseling Centers, Inc. 504 Micah Drive, Drawer M Olney, IL 62450 618-395-4306</p>	<p>Rock Island Robert Young Center Arrowhead Ranch 12200 104th Street Coal Valley, IL 61240 309-799-7044</p>
<p>Rock Island Rock Island County Council on Addictions 1607 John Deere Road East Moline, IL 61244 309-792-0292</p>	<p>Rock Island Center for Alcohol and Drug Services Inc., Rock Island Office 4230 11th Street Rock Island, IL 61201 309-788-4571</p>
<p>Rock Island Robert Young Center - CMHC 2200 3rd Avenue Rock Island, IL 61201 309-779-2094</p>	<p>Rock Island Robert Young Center for Community Mental Health 2701 17th Street Rock Island, IL 61201 309-779-3000</p>
<p>Rock Island Center for Alcohol and Drug Services, Inc./Illini Hospital 801 Illini Drive Silvis, IL 61282 309-792-4899</p>	<p>Saline Egyptian Public and Mental Health Department 1412 U.S. Highway 45 North Eldorado, IL 62930 618-273-3326</p>
<p>Sangamon Gateway Foundation, Inc. Springfield Women's Program 2200 Lake Victoria Drive Springfield, IL 62703 217-529-9266</p>	<p>Sangamon Triangle Center 120 North 11th Street Springfield, IL 62703 217-544-9858</p>

<p>Shelby C.E.A.D. Council 155 South Morgan Street Shelbyville, IL 62565 217-774-5566</p>	<p>Shelby Shelby County Community Services, Inc. 1810 West South 3<sup>rd</sup> Street Shelbyville, IL 62565 217-774-1400</p>
<p>St. Clair Gateway Foundation, Inc./Belleville 7 North High Street Belleville, IL 62220 618-234-9002</p>	<p>St. Clair Gateway Foundation Caseyville 600 Lincoln, P.O. Box 630 Caseyville, IL 62232 618-345-3970</p>
<p>St. Clair Cornell Interventions East St. Louis Methadone Clinic 501 St. Louis Avenue East St. Louis, IL 62201 618-271-4542</p>	<p>St. Clair Center for Addictions Rehabilitation Treatment Services ( Center for Arts) 4601 State Street 3<sup>rd</sup> Fl. East St.Louis, IL 62205 618-482-7373</p>
<p>Stephenson Sojourn House, Inc. 565 North Turner Avenue Freeport, IL 61032 815-232-5121</p>	<p>Tazewell Tazwood Mental Health Center, Inc. 100 North Main Street, Suite L 100 East Peoria, IL 61611 309-694-6462</p>
<p>Tazewell Tazwood Mental Health Center, Inc. 3248 Vandever Avenue Pekin, IL 61554 309-347-5522</p>	<p>Union The Fellowship House 800 North Main Street, P.O. Box 682 Anna, IL 62906 618-833-4456</p>
<p>Union The Fellowship House - Res. Rehab./ Social Setting Detox. Program 800 North Main Street, P.O. Box 682 Anna, IL 62906 618-833-2194</p>	<p>Vermilion Alcohol/Chemical Evaluation Services, Dba A.C.E.S., Ltd. 119 North Vermilion Street Danville, IL 61832 217-841-4616</p>
<p>Vermilion New Directions Treatment Center 153 North Vermilion Street Danville, IL 61832 217-442-9026</p>	<p>Vermilion Prairie Center Health Systems, Inc. 128 North Vermilion Street Danville, IL 61832 217-477-4500</p>
<p>Wabash Southeastern Illinois Counseling Center/ Wabash Family Counseling Center 602 East 5th Street Mt. Carmel, IL 62863 618-262-7473</p>	<p>Warren Bridgeway A.D.A.P.T. Services 219 Euclid Street Monmouth, IL 61462 309-734-9461</p>

Wayne Southeastern/Wayne Family Counseling Center 407 North Basin Fairfield, IL 62837 618-842-2125	White Egyptian Public and Mental Health Department 1705 College Avenue Carmi, IL 62821 618-382-7311
Whiteside LSSI - Sterling 1901 1st Avenue Sterling, IL 61081 815-626-7333	Whiteside Sinnissippi Centers, Inc. 2611 Woodlawn Road Sterling, IL 61081 815-625-0013
Will Cornell Interventions Lifeworks 1611 West Jefferson Street Joliet, IL 60435 815-730-7521	Will Stepping Stones, Inc. 1621 Theodore Street Joliet, IL 60435 815-744-4647
Will Stepping Stones, Inc. Short Term Residential Rehab. Adult 1621 Theodore Street, 1st Floor, West Joliet, IL 60435 815-744-4654	Will Will County Health Department 501 Ella Avenue Joliet, IL 60433 815-727-8521
Will Riverside Resolve Center 25711 South Egyptian Trail Monee, IL 60449 800-435-4635	Williamson Franklin-Williamson Human Services 1307 West Main Street Marion, IL 62959 618-997-5336
Winnebago P.H.A.S.E., Inc. 516 Green Street Rockford, IL 61102 815-966-1285	Winnebago Rosecrance River District Clinic 810 East State Street, Suite 200 Rockford, IL 61104 815-391-0100
Winnebago Rosecrance, Inc. - Monarch Outpatient 1322 East State Street Suite 301 Rockford, IL 61104 815-490-0077	Winnebago Rosecrance, Inc. Eastrock Outpatient Clinic 5279 28th Avenue Rockford, IL 61109 815-226-2720
Winnebago Rosecrance, Inc. Griffin-Williamson Campus 1601 University Drive Rockford, IL 61107 815-391-1000	Woodford Tazwood Mental Health Center, Inc. 109 East Eureka Street Eureka, IL 61530 309-467-3770

**Appendix 5**

**Child and Family Connections Listing of Illinois  
Illinois Department of Human Services  
Division of Community Health and Prevention  
Bureau of Early Intervention**

For further [address information](http://www.dhs.state.il.us/page.aspx?module=11&OfficeType=4&County), see the DHS Web site:  
<http://www.dhs.state.il.us/page.aspx?module=11&OfficeType=4&County>

<b>County</b>	<b>Agency Name /Number</b>	<b>County</b>	<b>Agency Name/Number</b>
Adams	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Christian	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Alexander	Archway, Inc. 618-529-3147 888-340-6702	Clark	Macon County Community Mental Health Board 217-423-6199 800-758-2705
Bond	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104	Clay	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Boone	Access Services of Northern Illinois 815-654-6170 800-921-0094	Clinton	Regional Office of Education #13 618-532-4919 800-661-0900
Brown	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Coles	Macon County Community Mental Health Board 217-423-6199 800-758-2705
Bureau	Access Services of Northern Illinois 815-654-6170 800-921-0094	Cook North Suburban	Clearbrook Center 847-385-5070 800-585-1953
Calhoun	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Cook Central Suburban	Suburban Access, Inc. 708-449-0625 888-566-8228
Carroll	Regional Office of Education for Carroll, Jo Daviess, and Stephenson Co. 815-297-1041 888-297-1041	Cook Southwest Chicago	Easter Seals Society Metro Chicago 773-233-1799 888-266-7167
Cass	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Cook Central/West Chicago	Hektoen Institute for Medical Research, Cook County Children's Hospital 312-864-6575 888-283-2329

Champaign	Crosspoint Human Services 217-442-8097 800-877-1152	Cook Southeast Chicago	La Rabida Children's Hospital 773-324-7434 800-862-1912
Cook North Chicago	Child and Family Connections # 11 312-942-7800 800-289-7990	Fayette	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Cook South Suburban	Easter Seals Society of Metro Chicago 708-429-8231 800-597-7798	Ford	Crosspoint Human Services 217-442-8097 800-877-1152
Crawford	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104	Franklin	Regional Office of Education #13 618-532-4919 800-661-0900
Cumberland	Macon County Community Mental Health Board 217-423-6199 800-758-2705	Fulton	Education Service Region #26 309-734-3336 866-426-2160
DeKalb	Regional Office of Education for Carroll, Jo Daviess, and Stephenson Co. 815-297-1041 888-297-1041	Gallatin	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759
DeWitt	Macon County Community Mental Health Board 217-423-6199 800-758-2705	Greene	ROE of Adams/Pike Counties 217-222-9592 888-222-9592
Douglas	Macon County Community Mental Health Board 217-423-6199 800-758-2705	Grundy	Services of Will, Grundy and Kankakee Counties, Inc. 815-730-2617 888-329-0633
DuPage	PACT, Inc. 630-493-0400 800-637-7181	Hamilton	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759
Edgar	Macon County Community Mental Health Board 217-423-6199 800-758-2705	Hancock	Education Service Region #26 309-734-3336 866-426-2160
Edwards	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759	Hardin	Archway, Inc. 618-529-3147 888-340-6702
Effingham	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104	Henderson	Education Service Region #26 309-734-3336 866-426-2160

Henry	Peoria County Board for the Care and Treatment of Persons with a Developmental Disability c/o Allied Agencies 309-672-6360 888-482-4300	Knox	Education Service Region #26 309-734-3336 866-426-2160
Iroquois	Crosspoint Human Services 217-442-8097 800-877-1152	LaSalle	Services of Will, Grundy and Kankakee Counties, Inc. 815-730-2617 888-329-0633
Jackson	Archway, Inc. 618-529-3147 888-340-6702	Lake	Lake County Health Department 847-360-7353 888-539-3033
Jasper	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104	Lawrence	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Jefferson	Regional Office of Education #13 618-532-4919 800-661-0900	Lee	Regional Office of Education for Carroll, Jo Daviess and Stephenson Co. 815-297-1041 888-297-1041
Jersey	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Livingston	Crosspoint Human Services 217-442-8097 800-877-1152
Jo Daviess	Regional Office of Education for Carroll, Jo Daviess and Stephenson Co. 815-297-1041 888-297-1041	Logan	Sangamon County Health Department 217-793-3990 888-217-3505
Johnson	Archway, Inc. 618-529-3147 888-340-6702	Macon	Macon County Community Mental Health Board 217-423-6199 800-758-2705
Kane	DayOne Network 630-493-0400 888-282-0997	Macoupin	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Kankakee	Services of Will, Grundy and Kankakee Counties, Inc. 815-730-2617 888-329-0633	Madison	Special Children, Inc. 618-624-3309 888-594-8364

Kendall	Day One Network 630-493-0400 888-282-0997	Marion	Regional Office of Education #13 618-532-4919 800-661-0900
Marshall	Access Services of Northern Illinois 815-654-6170 800-921-0094	Moultrie	Macon County Community Mental Health Board 217-423-6199 800-758-2705
Mason	Sangamon County Health Department 217-793-3990 888-217-3505	Ogle	Access Services of Northern Illinois 815-654-6170 800-921-0094
Massac	Archway, Inc. 618-529-3147 888-340-6702	Peoria	Peoria County Board for the Care and Treatment of Persons with a Developmental Disability c/o Allied Agencies 309-672-6360 888-482-4300
McDonough	Education Service Region #26 309-734-3336 866-426-2160	Perry	Archway, Inc. 618-529-3147 888-340-6702
McHenry	Options and Advocacy for McHenry County 815-477-4720 888-376-8828	Piatt	Macon County Community Mental Health Board 217-423-6199 800-758-2705
McLean	Crosspoint Human Services 217-442-8097 800-877-1152	Pike	ROE of Adams/Pike Counties 217-222-9592 888-222-9592
Menard	Sangamon County Health Department 217-793-3990 888-217-3505	Pope	Archway, Inc. 618-529-3147 888-340-6702
Mercer	Education Service Region #26 309-734-3336 866-426-2160	Pulaski	Archway, Inc. 618-529-3147 888-340-6702
Monroe	Special Children, Inc. 618-624-3309 888-594-8364	Putnam	Access Services of Northern Illinois 815-654-6170 800-921-0094
Montgomery	Montgomery ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104	Randolph	Special Children, Inc. 618-624-3309 888-594-8364

Morgan	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	Richland	ARC Community Support Systems 217-347-5601 888-459-5437 ext. 104
Rock Island	Education Service Region #26 309-734-3336 866-426-2160	Vermillion	Crosspoint Human Services 217-442-8097 800-877-1152
St. Clair	Special Children, Inc. 618-624-3309 888-594-8364	Wabash	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759
Saline	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759	Warren	Education Service Region #26 309-734-3336 866-426-2160
Sangamon	Sangamon County Health Department 217-793-3990 888-217-3505	Washington	Regional Office of Education #13 618-532-4919 800-661-0900
Schuyler	Education Service Region #26 309-426-2160 866-426-2160	Wayne	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759
Scott	ROE of Adams/Pike Counties 217-222-9592 888-222-9592	White	Wabash and Ohio Valley Special Ed. Dist. 618-378-2131 800-463-2759
Shelby	Macon County Community Mental Health Board 217-423-6199 800-758-2705	Whiteside	Regional Office of Education for Carroll, Jo Daviess and Stephenson Co. 815-297-1041 888-297-1041
Stark	Peoria County Board for the Care and Treatment of Persons with a Developmental Disability c/o Allied Agencies 309-672-6360 888-482-4300	Will	Services of Will, Grundy and Kankakee Counties, Inc. 815-730-2617 888-329-0633
Stephenson	Regional Office of Education for Carroll, Jo Daviess and Stephenson Co. 815-297-1041 888-297-1041	Williamson	Regional Office of Education #13 618-532-4919 800-661-0900

Tazewell	Peoria County Board for the Care and Treatment of Persons with a Developmental Disability c/o Allied Agencies 309-672-6360 888-482-4300	Winnebago	Access Services of Northern Illinois 815-654-6170 800-921-0094
Union	Archway, Inc. 618-529-3147 888-340-6702	Woodford	Peoria County Board for the Care and Treatment of Persons with a Developmental Disability c/o Allied Agencies 309-672-6360 888-482-4300

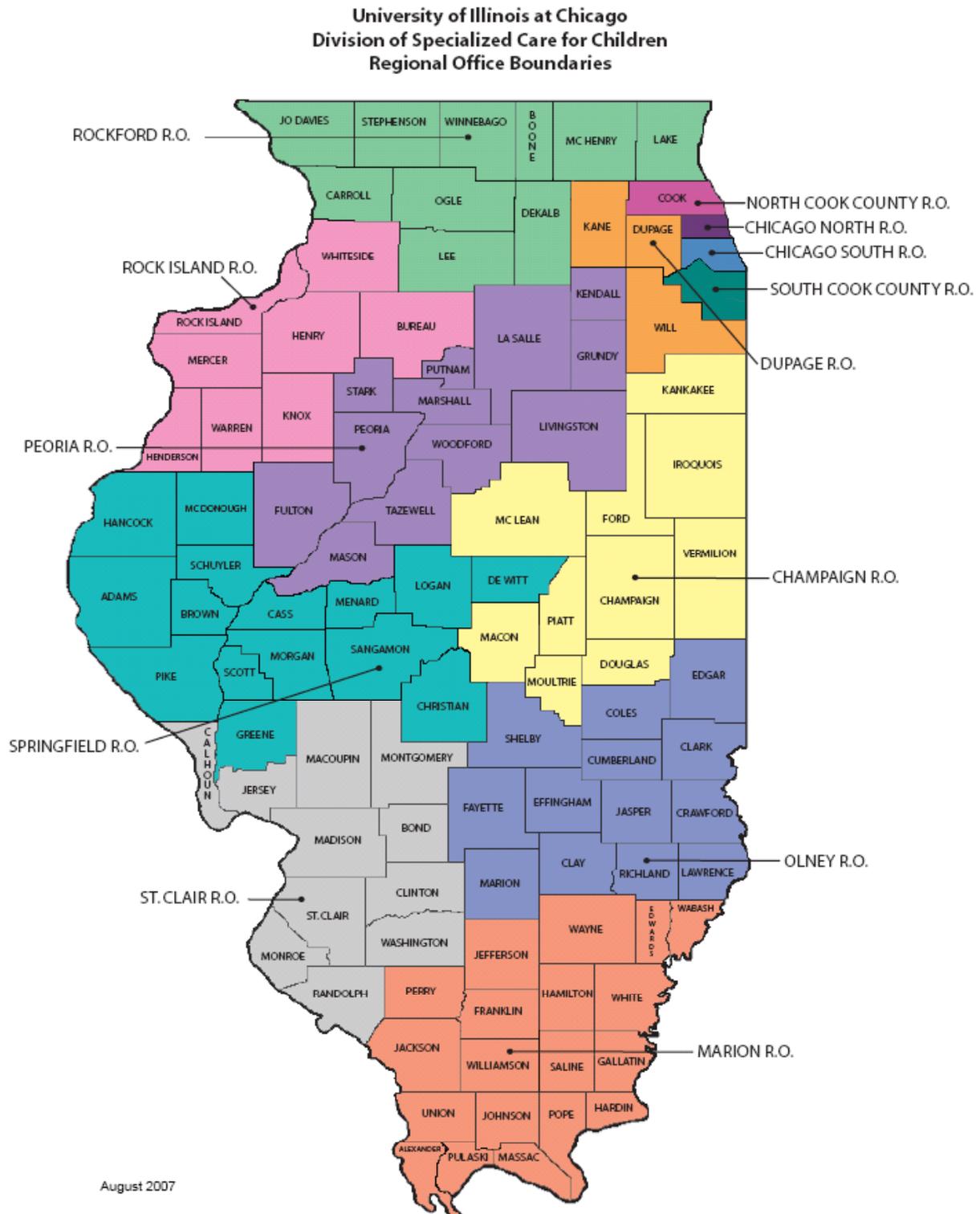
**Appendix 6****Rehabilitation Referral Resources  
Illinois Department of Human Services****Referral Information**

Bureau of Disability Determination Services	800-225-3607- voice 217-782-8283- voice 800-362-7754 - TTY
Bureau of Home Services (Respite and HIV Programs) Centers for Independent Living	217-782-2722 - voice/TTY 217-782-9689 - voice/TTY 312-814-4037 - voice
Community Resources - Transition and STEP	312-814-4920 - voice 312-814-5000 - TTY
Educational Services	217-524-4089 - voice/TTY
Illinois School for the Deaf (ISD)	217-479-4200 - voice/TTY
Illinois School for the Visually Impaired (ISVI)	217-479-4400 - voice/TTY
Illinois Center for Rehabilitation and Education-Roosevelt (ICRE-R)	312-433-3120- voice/TTY
Next Steps and Lekotec	312-814-4042
Services for Persons who are Deaf or Hard of Hearing	217-785-9304 - voice 312-814-2939 - voice/TTY



### Appendix 7

## Division of Specialized Care For Children (DSCC) Referral Resources Regional Office Boundaries





**Appendix 7****DSCC Regional Offices and Contact Persons (PSM)**

<p>Champaign Regional Office Debra Taylor, PSM 510 Devonshire, Suite A Champaign, IL 61820-7306 (217) 333 6528 (Voice) (217) 244 8390 (TTY) (217) 244 4212 (FAX) (800) 779 0889 (Toll Free)</p>	<p>Chicago North Regional Office Sharla Luken, PSM 722 W. Maxwell, 3rd Fl, Suite 350 M/C 418 Chicago, IL 60617-5017 (312) 433 4114 (Voice) (312) 433 4122 (TTY) (312) 433 4121 (FAX) (800) 425 1068 (Toll Free)</p>
<p>Chicago South Regional Office Christine Griffith, PSM 1309 S.Halsted, 3rd Fl, Suite 307 M/C 418 Chicago, IL 60607-5021 (312) 433 4100 (Voice) (312) 433 4108 (TTY) (312) 433 4107 (FAX) (800) 905 9995 (Toll Free)</p>	<p>DuPage Regional Office Christine Lomax, PSM 8205 South Cass Avenue, Suite #110 Darien, IL 60561-5319 (630) 964 9887 (Voice) (630) 964 9603 (TTY) (630) 964 7640 (FAX) (800) 455 2639 (Toll Free)</p>
<p>Marion Regional Office Janice Wieland, PSM State Regional Office Building 2309 West Main Street, Suite # 119 Marion, IL 62959-1195 (618) 997 4396 (Voice) (618) 993 2481 (TTY) (618) 993 8929 (FAX) (800) 451 0464 (Toll Free)</p>	<p>North Cook County Regional Office August Nall, PSM 8609 W. Bryn Mawr, Suite 202 Chicago, IL 60631-3524 (773) 444 0043 (Voice) (773) 444 0178 (TTY) (773) 444 0178 (FAX) (800) 924 0623 (Toll Free)</p>
<p>Olney Regional Office Sherry Brauer, PSM 1102A South West Street P.O Box 159 Olney, IL 62450-0150 (618) 395 8461 (Voice) (618) 392 3869 (TTY) (618) 395 2902 (FAX) (888) 841 3232 (Toll Free)</p>	<p>Peoria Regional Office Kristine Simmons, PSM State Regional Office Building 5415 North University Avenue Room # 106 Peoria, IL 61614-4779 (309) 693 5250 (Voice) (309) 693 5345 (TTY) (309) 693 5306 (FAX) (800) 382 8569 (Toll Free)</p>

<p>Rockford Regional Office  Vickie Lund, PSM  State Regional Office Building  4302 North Main Street  Room # 106  Rockford, IL 61103-1209  (815) 987 7571 (Voice)  (815) 987 7995 (TTY)  (815) 987 7891 (FAX)  (800) 651 9319 (Toll Free)</p>	<p>Rock Island Regional Office  Jill Gehbauer, PSM  Rock Valley Office Park  4711 – 44th Street, Suite # 1  Rock Island, IL 61201-7169  (309) 788 4300 (Voice)  (309) 788 6443 (TTY)  (309) 788 7780 (FAX)  (800) 651 9526 (Toll Free)</p>
<p>St Clair Regional Office  Jack Schurk, PSM  1734 Corporate Crossing, Suite 1  O’Fallon, IL 62269-3734  (618) 624 0508 (Voice)  (618) 624 0544 (TTY)  (618) 624 0538 (FAX)  (800) 842 7204 (Toll Free)</p>	<p>South Cook County Regional Office  Mary Ellen O’Brien, PSM  6160 S. East Avenue, Suite 400  Hodgins, IL 60525-4125  (708) 482 0633 (Voice)  (708) 482 1103 (TTY)  (708) 482 2629 (FAX)  (800) 425 5454 (Toll Free)</p>
<p>Springfield Regional Office  Deb Anderson, PSM  Quantum Centre  421 South Grand West  2<sup>nd</sup> Floor  Springfield, IL 62704-3769  (217) 524 2000(Voice)  (217) 524 2011 (TTY)  (217) 524 2020 (FAX)  (800) 946 8468 (Toll Free)</p>	

**Appendix 7****DSCC County Listing - Regional Office Assigned**

Adams .....	Springfield	Livingston .....	Peoria
Alexander .....	Marion	Logan .....	Springfield
Bond .....	St.Clair	Macon .....	Champaign
Boone .....	Rockford	Macoupin .....	St.Clair
Brown .....	Springfield	Marion .....	St.Clair
Bureau .....	Rock Island	Marshall .....	Olney
Calhoun .....	St.Clair	Mason .....	Peoria
Caroll .....	Rockford	Massac .....	Peoria
Cass .....	Springfield	McDonough .....	Marion
Champaign .....	Champaign	McHenry .....	Springfield
Christian .....	Springfield	McLean .....	Rockford
Clark .....	Olney	Menard .....	Champaign
Cook .....	See Page 2 and 3	Mercer .....	Springfield
Crawford .....	Olney	Monroe .....	St.Clair
Cumberland .....	Olney	Montgomery .....	St.Clair
Dekalb .....	Rockford	Morgan .....	Springfield
DeWitt .....	Springfield	Moultrie .....	Champaign
Douglas .....	Champaign	Ogle .....	Rockford
DuPage .....	DuPage	Peoria .....	Peoria
Edgar .....	Olney	Perry .....	Marion
Edwards .....	Marion	Piatt .....	Champaign
Effingham .....	Olney	Pike .....	Springfield
Fayette .....	Olney	Pope .....	Marion
Ford .....	Champaign	Pulaski .....	Marion
Franklin .....	Marion	Putnam .....	Peoria
Fulton .....	Peoria	Randolph .....	St.Clair
Gallatin .....	Marion	Richland .....	Olney
Greene .....	Springfield	Rock Island .....	Rock Island
Grundy .....	Peoria	St.Clair .....	St.Clair
Hamilton .....	Marion	Saline .....	Marion
Hancock .....	Springfield	Sangamon .....	Springfield
Hardin .....	Marion	Schuyler .....	Springfield
Henderson .....	Rock Island	Scott .....	Springfield
Henry .....	Rock Island	Shelby .....	Olney
Iroquis .....	Champaign	Stark .....	Peoria
Jackson .....	Marion	Stephenson .....	Rockford
Jasper .....	Olney	Tazewell .....	Peoria
Jefferson .....	Marion	Union .....	Marion
Jersey .....	St.Clair	Vermillion .....	Champaign
JoDaviess .....	Rockford	Wabash .....	Marion
Johnson .....	Marion	Warren .....	Rock Island
Kane .....	DuPage	Washington .....	St.Clair
Kankakee .....	Champaign	Wayne .....	Marion
Kendall .....	Peoria	White .....	Marion
Knox .....	Rock Island	Whiteside .....	Rock Island
Lake .....	Rockford	Will .....	DuPage
LaSalle .....	Peoria	Williamson .....	Marion
Lawrence .....	Olney	Winnebago .....	Rockford
Lee .....	Rockford	Woodford .....	Peoria

**Appendix 7****DSCC Cook County/City of Chicago**

## ZIP REGIONAL OFFICE

60004 ..... North Cook Co.  
 60005 ..... North Cook Co.  
 60006 ..... North Cook Co.  
 60007 ..... North Cook Co.  
 60008 ..... North Cook Co.  
 60009 ..... North Cook Co.  
 60010 ..... North Cook Co.  
 60011 ..... North Cook Co.  
 60016 ..... North Cook Co.  
 60017 ..... North Cook Co.  
 60018 ..... North Cook Co.  
 60022 ..... North Cook Co.  
 60025 ..... North Cook Co.  
 60026 ..... North Cook Co.  
 60029 ..... North Cook Co.  
 60042 ..... North Cook Co.  
 60043 ..... North Cook Co.  
 60053 ..... North Cook Co.  
 60056 ..... North Cook Co.  
 60062 ..... North Cook Co.  
 60065 ..... North Cook Co.  
 60067 ..... North Cook Co.  
 60068 ..... North Cook Co.  
 60070 ..... North Cook Co.  
 60074 ..... North Cook Co.  
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 60078 ..... North Cook Co.  
 60079 ..... North Cook Co.  
 60082 ..... North Cook Co.  
 60089 ..... North Cook Co.  
 60090 ..... North Cook Co.  
 60091 ..... North Cook Co.  
 60093 ..... North Cook Co.  
 60094 ..... North Cook Co.  
 60095 ..... North Cook Co.  
 60103 ..... North Cook Co.  
 60104 ..... Chicago North  
 60107 ..... North Cook Co.  
 60120 ..... North Cook Co.  
 60121 ..... North Cook Co.  
 60122 ..... North Cook Co.  
 60126 ..... Chicago North(CC)  
 60130 ..... Chicago North  
 60131 ..... Chicago North

## ZIP REGIONAL OFFICE

60153 ..... Chicago North  
 60154 ..... Chicago North  
 60159 ..... North Cook Co.  
 60160 ..... Chicago North  
 60161 ..... Chicago North  
 60162 ..... Chicago North  
 60163 ..... Chicago North  
 60164 ..... Chicago North  
 60165 ..... Chicago North  
 60168 ..... North Cook Co.  
 60171 ..... Chicago North  
 60172 ..... North Cook Co.  
 60173 ..... North Cook Co.  
 60176 ..... North Cook Co.  
 60193 ..... North Cook Co.  
 60194 ..... North Cook Co.  
 60195 ..... North Cook Co.  
 60197 ..... Chicago North  
 60198 ..... Chicago North  
 60199 ..... Chicago North  
 60201 ..... North Cook Co.  
 60202 ..... North Cook Co.  
 60203 ..... North Cook Co.  
 60204 ..... North Cook Co.  
 60208 ..... North Cook Co.  
 60301 ..... Chicago North  
 60302 ..... Chicago North  
 60303 ..... Chicago North  
 60304 ..... Chicago North  
 60305 ..... Chicago North  
 60402 ..... Chicago North  
 60406 ..... South Cook Co.  
 60409 ..... South Cook Co.  
 60411 ..... South Cook Co.  
 60415 ..... South Cook Co.  
 60419 ..... South Cook Co.  
 60422 ..... South Cook Co.  
 60425 ..... South Cook Co.  
 60426 ..... South Cook Co.  
 60429 ..... South Cook Co.  
 60430 ..... South Cook Co.  
 60438 ..... South Cook Co.  
 60439 ..... South Cook Co.(CC)  
 60443 ..... South Cook Co.  
 60141 ..... Chicago North

## ZIP REGIONAL OFFICE

60445 ..... South Cook Co.  
60452 ..... South Cook Co.  
60453 ..... South Cook Co.  
60454 ..... South Cook Co. (CC)  
60455 ..... South Cook Co.  
60456 ..... South Cook Co.  
60457 ..... South Cook Co.  
60458 ..... South Cook Co.  
60459 ..... South Cook Co.  
60461 ..... South Cook Co.  
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60473 ..... South Cook Co.  
60475 ..... South Cook Co.  
60476 ..... South Cook Co.  
60477 ..... South Cook Co.  
60478 ..... South Cook Co.  
60480 ..... South Cook Co.  
60482 ..... South Cook Co.  
60501 ..... South Cook Co.  
60513 ..... Chicago North  
60521 ..... Chicago North  
60525 ..... Chicago North  
60534 ..... Chicago North  
60546 ..... Chicago North  
60558 ..... Chicago North  
60601 ..... Chicago North  
60602 ..... Chicago North  
60603 ..... Chicago North  
60604 ..... Chicago North

## ZIP REGIONAL OFFICE

60605 ..... Chicago North  
60606 ..... Chicago North  
60607 ..... Chicago North  
60608 ..... Chicago South  
60609 ..... Chicago South  
60610 ..... Chicago North  
60611 ..... Chicago North  
60612 ..... Chicago North  
60613 ..... North Cook Co.  
60614 ..... Chicago North  
60615 ..... Chicago South  
60616 ..... Chicago South  
60617 ..... South Cook Co.  
60618 ..... North Cook Co.  
60619 ..... Chicago South  
60620 ..... Chicago South  
60621 ..... Chicago South  
60622 ..... Chicago North  
60623 ..... Chicago South  
60624 ..... Chicago North  
60625 ..... North Cook Co.  
60626 ..... North Cook Co.  
60627 ..... South Cook Co.  
60628 ..... South Cook Co.  
60629 ..... Chicago South  
60630 ..... North Cook Co.  
60631 ..... North Cook Co.  
60632 ..... Chicago South  
60633 ..... South Cook Co.  
60634 ..... North Cook Co.  
60635 ..... Chicago North  
60636 ..... Chicago South  
60637 ..... Chicago South  
60638 ..... South Cook Co.  
60639 ..... Chicago North  
60640 ..... North Cook Co.



**Appendix 8****Procedure Codes Common to Healthy Kids Services  
Healthy Kids Program**

<b>Procedure Description</b>	<b>Recommended CPT Code</b>
<b>Well-Child Visit</b>	
EPSDT-Well Child Visit	99381-99385 (new patient) 99391-99395 (established patient) (use appropriate CPT code for the medical service provided)
Make Up Visit	Use appropriate Well Child Visit Code or Evaluation and Management Code
<b>Developmental Assessment</b>	
Early Screening Inventory	96110
Developmental Profile II	96110
Minneapolis Preschool Screening Instrument	96110
Denver DST/Denver II	96110
Project Memphis DST	96110
Early Screening Profiles	96110
Revised Developmental Screening Inventory	96110
Revised Parent Developmental Questionnaire	96110
Dial-R Developmental Assessment	96110
Chicago Early Developmental Screening Inventory	96110
Ages and Stages Questionnaires (ASQ)	96110
Battelle Developmental Screener	96110
Bayley Infant Neurodevelopment Screener	96110
Brigance Early Preschool	96110
Early Language Milestone Scales Screen	96110
Infant-Toddler Symptom Checklist	96110
Parent's Evaluation of Developmental Status (PEDS)	96110
Parent's Evaluation of Developmental Status- Developmental Milestones (PEDS:DM)	96110
Parents' Observation of Infants and Toddlers (POINT)	96110
Temperament and Atypical Behavior Scale Screener	96110
McCarthy Screening Test	96111
Modified Checklist for Autism in Toddlers (M-CHAT)	96111
Battelle Developmental Inventory	96111
Bayley Scales of Infant Development	96111
Vineland Social Maturity Scale	96111
Vineland Adaptive Behavior Domain	96111
Child Behavior Checklist 2-3	96111
Piers-Harris Children's Self-Concept Scale	96111
Otis-Lenon School Ability Test	96111
Caregiver-Teacher Report Form, Ages 2-5	96111
Child Development Inventory	96111
Connor's Rating Scales	96111
Early Coping Inventory	96111

Erhardt Development Prehension Assessment	96111
Hawaii Early Learning Profile	96111
Infant-Toddler Developmental Assessment	96111
Infant-Toddler Social and Emotional Assessment	96111
Temperament and Atypical Behavior Scale Assessment Tool	96111
Vineland Social-Emotional Early Childhood Scales	96111
<b>Hearing</b>	
Screening test, pure tone, air only	92551
Pure tone audiometry (threshold); air only	92552
Audiometry, air and bone	92553
<b>Vision</b>	
Visual function screening, automated or semi-automated, bilateral quantitative determination of visual acuity ocular alignment, color vision by pseudoisochromatic plates and field of vision (may include all or some screening of the determination(s) for contrast sensitivity, vision under glare)	99172
Screening test visual acuity quantitative, bilateral	99173
<b>Risk Assessment</b>	
Risk Assessment, including but is not limited to e.g., GAPS, mental health, substance abuse, chronic conditions)	99420
Administration and interpretation of health risk assessment (Postpartum Depression Screening)	99420 HD
Prenatal care, at risk assessment (Prenatal Depression Screening)	H1000
<b>Lead Screening</b>	
Blood Lead Analysis	83655
Epidemiology (used by health departments only)	T1029
Collection of venous blood (venipuncture)	36415 U1
Collection of capillary blood specimen	36416 U1
Blood Lead Testing System CLIA waived, Blood lead testing system (whole blood)	83655 QW

**Appendix 8****Healthy Kids Program  
Childhood Immunization CPT Codes**

<b>Vaccination</b>	<b>CPT Code</b>	<b>Age Edits</b>
DTaP	90700	6 weeks - 6 years
DTaP-Hib	90721	0 year - 71 months
Dtap-HepB-IPV	90723	6 weeks - 6 years
DtaP-IPV	90696	4 years - 6 years
DPT	90701	6 weeks - 6 years
Tetanus Toxoid	90703	2 months - 99 years
Tdap	90715	10 years - 64 years
Td (preservative free)	90714	7 years - 99 years
Td	90718	7 years - 99 years
IPV	90713	6 weeks - 17 years
Varicella	90716	1 year - 99 years
MMRV	90710	12 months - 12 years
MMR	90707	1 year - 99 years
Measles and Rubella	90708	1 year - 99 years
Measles	90705	1 year - 99 years
Mumps	90704	12 months - 99 years
Rubella	90706	1 year - 99 years
HIB	90645 (HbOC)	6 weeks - 71 months
	90646 (PRP-D)	6 weeks - 71 months
	90647 (PRP-OMP)	6 weeks - 71 months
	90648 (PRP-T)	6 weeks - 71 months
Comvax (Hib and Hep B)	90748	6 weeks - 71 months
Pneumococcal conjugate vaccine, polyvalent	90669	6 weeks to 4 years
Pneumococcal Polysaccharide Vaccine, SQ or IM	90732	* 2 years- 99 years
Meningococcal Polysaccharide Vaccine (MPSV4)	90733	2 years - 10 years and 55 years and over
Meningococcal Polysaccharide Conjugate Vaccine (MCV4)	90734	11 years - 55 years
Hepatitis A, adult dose	90632	19 years - 99 years
Hepatitis A, pediatric/ adolescent dosage (2 dose schedule)	90633	12 months - 18 years
Hepatitis A, pediatric/ adolescent dosage (3 dose schedule)	90634	12 months - 18 years
Hepatitis A and Hepatitis B Vaccine (adult dosage)	90636	18 years - 99 years
Influenza virus vaccine (TIV)	90655	6 months and older
Influenza virus vaccine (TIV)	90656	6 months and older
Influenza virus vaccine (TIV)	90657	6 months and older
Influenza virus vaccine (TIV)	90658	6 months and older
Influenza virus vaccine (LAIV)	90660	2 years - 49 years
Rotavirus vaccine, live, oral (pentavalent)	90680	6 weeks - 8 months

<b>Vaccination</b>	<b>CPT Code</b>	<b>Age Edits</b>
Rotavirus vaccine, human, attenuated, 2 dose schedule, live, for oral use	90681	6 weeks – 32 weeks
Human Papilloma Virus (HPV) types 6,11,16, 18 (3 dose schedule)	90649	9 years - 26 years
Human Papilloma Virus (HPV) types 16 and 18, bivalent, 3 dose schedule, for intramuscular use	90650	9 years – 26 years
Hepatitis B Vaccine, dialysis or immunosuppressed patient dosage (3 dose schedule)	90740	0 year - 99 years
Hepatitis B Vaccine, adolescent (2 dose schedule)	90743	11 years to 15 years
Hepatitis B vaccines, pediatric/ adolescent (3 dose schedule)	90744	0 year to 18 years
Hepatitis B vaccine, adult dosage	90746	19 years - 99 years
Hepatitis B vaccine, dialysis or immunosuppressed patient dosage (4 dose schedule)	90747	0 year - 99 years
Hep B - Hib	90748	6 weeks - 71 months

\* Recommended in (1) immunocompetent persons age 2 years or greater who have various serious chronic diseases such as Chronic Pulmonary Disease, Congestive Heart Failure, Cardiomyopathy, Diabetes Mellitus, Chronic Liver Disease, Functional or Anatomic Asplenia and (2) immunocompromised persons age 2 years or greater including those with HIV infection, Leukemia, Lymphoma, Hodgkin's Disease, Multiple Myeloma, Generalized Malignancy, Chronic Renal Failure or Nephrotic Syndrome, and those who are receiving immunosuppressive chemotherapy (including corticosteroids) and those who have received an organ or bone marrow transplant.