## Illinois' Pathways to Community Living Program:

***We Help Individuals Living in Nursing Homes or Long Term Care Facilities Move Back to the Community.***

# Our Mission

**To promote individual choice and control and increase the use of home and community based services.**

# Services and Supports

Pathways transition coordinators help you with the whole process:

- They give one-on-one support.
- They help with your move.
- They follow up with you for one year after you move.
- They work with you to create a care plan with the supports and services you need.

Pathways has financial support to help you with your move. We also have housing support to help you find the right place for you to live.

## Pathways to Community Living Partner Agencies:

For more information, contact your local transition coordinator or call the Senior Helpline at
1-800-252-8966 [V]
1-888-206-1327 [TTY] which can assist anyone with filling out an online referral.

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In Partnership with the Illinois Department on Aging, Illinois Department of Human Services – Division of Developmental Disabilities, Division of Rehabilitation Services, and Division of Mental Health, Illinois Housing Development Authority, The University of Illinois at Chicago, U.S. Centers for Medicare and Medicaid Services, Centers for Independent Living, Community Mental Health Centers, Care Coordination Units, and service providers for the elderly, people with physical or developmental disabilities, and people with mental health conditions statewide.

The Illinois Department of Healthcare and Family Services does not discriminate in admission to programs or treatment of employment in programs or activities in compliance with appropriate state and federal statutes.

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**State of Illinois**
Department of Healthcare and Family Services

# Pathways

# To Community Living

## *The Illinois Money Follows the Person Demonstration*

**Email us at:**
**HFS.MFP@Illinois.Gov**

**Visit us on the Web:**
**www.MFP.Illinois.Gov**

Pathways

# To Community Living

## What Is It?

Our goal is to help interested people living in a long-term care facility move to an apartment or house in the community, and to make sure they receive quality care after they move.

Illinois' Pathways to Community Living is part of a national project, called Money Follows the Person, and is administered by the Centers for Medicare and Medicaid Services.

## How Does It Work?

We have trained individuals, called Transition Coordinators, to help you. They will meet with you one on one. They will help decide if you are eligible for this program. They will help you before, during, and after you move.

## Contact Us

If you want more information, or if you have questions, please contact us. If you want to make a referral for yourself or someone else, we can help.

**Website – www.MFP.Illinois.Gov**
**Email – HFS.MFP@illinois.Gov**

You can also talk to your local care transition coordinator. That contact information is on the back of this brochure.

# Success Stories

***Since 2008, Pathways to Community Living has helped hundreds of people move from nursing homes back to the community.***

***We want to share some of their success stories with you!***

## Success in the Community

The Pathways program and the Shawnee Alliance for Seniors helped one couple move back to their own home. He has dementia, she is blind, and they spent a lot of time in nursing homes. Pathways provided financial help to make home improvements and accessibility updates they needed to live at home. This couple has done very well. They feel a great deal of comfort living back in their own home.

## Scott Chose Community Living

Scott was 40 years old and he lived in a nursing home. That changed one year ago. Illinois' Pathways to Community Living program and the Chicago-area Heartland Alliance helped Scott move into his own apartment in Rogers Park.

*"Now I am doing very well. I try not to take anything for granted," Scott says. "I don't look at it as a place I have arrived at. I see it as a starting point. I feel like I have found a sanctuary where I can really think about what I want to do."*

## Mary & Brian's Success Story

"Mary and I were the life of the facility," Brian says. Mary has a brain injury and Brian was in an accident that left him paralyzed. They were living in a nursing home where they met and fell in love. Soon after their engagement, a Pathways transition coordinator from the FITE Center for Independent Living in Elgin helped them move into their own apartment.

*"It works out nice," Mary says. "I am his legs; he is my memory."*