

# Memorial Elementary School

## Breakfast in the Classroom Program



# Benefits of Program

- Number of students eating breakfast at school rose from 39% to 80%.
- Reduced tardies
- Calmer start to the school day
- Far fewer students sent to office in A.M. due to headaches/stomachaches
- Students enjoy communal aspect of eating/conversing in a small group.

- Parents report calmer mornings as they don't have to hurry their children to eat at home.
- Teachers don't need to spend their own money on snacks for their students.
- Students report being more focused and ready to learn.
- Students take responsibility for breakfast procedures in their classrooms.

# Eastern Illinois University's Hunger Action Team

## Wesley Food Pantry

- Started in March 2015
- Averages 30 clients
- Open the second Wednesday of every month 2-6pm
- Available to all EIU faculty, staff, and students

## Charleston Food Pantry

- Open four days a week- Monday, Wednesday, and Friday 1:30-4pm  
Thursday- 5:30-7
- Serves all of Coles County
- Available for clients once every thirty days

# 2016 HUNGER SUMMIT

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Beardstown High School / Middle School

*It is a great day to be a Tiger!*

# Demographics of BHS/BMS

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- 77% Low Income
- 8% Homeless
- 50% Latino
- 8% French African
- 33% English Language Learners
- 18% Students with disabilities



# Beardstown Breakfast Program

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GRAB  
N  
GO



- 526 students on average participate daily (62%)
  - Piloted in 2013 at high school
  - JH/HS joined next year
  - Have implemented different approaches to find best fit
  - Combination of *Get N Sit* & *Grab N Go*

# Issues

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- Facilities not large enough to handle all students at once
- Clean up
- Teacher Buy In
- Impact on educational time



# Benefits

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- Greater focus by our students in class
- Reduction in tardies / absences (= increase in ADA)
- Increased socialization
- Fewer discipline problems
- "Father eats first..."