



## PRESS RELEASE

FOR IMMEDIATE RELEASE

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(in advance of the August 12)

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### Dept on Aging Hosts Activities for Seniors & Their Families at the Illinois State Fair

*“Senior Day” is August 12 when admission is free for guests 60 years & older*

**SPRINGFIELD - August 9, 2013.** Illinois Department on Aging (IDoA) will again host activities for seniors and their families during the Illinois State Fair, August 8 - 18, in Springfield. IDoA will offer a special lineup of events in the senior center, which is the air conditioned setting of the Illinois Building located near the main gate of the fairgrounds. Attendees 60 years of age and older will be admitted free to the fair on *Senior Day* which is Monday August 12.

“Each year our staff and partners do a great job hosting activities and entertainment. I look forward to having fun while offering information about programs and services to benefit older adults and their families,” said IDoA Director John K. Holton, Ph.D.

Some department programs include home and community assistance and services for reported cases of abuse through the newly created Office of Adult Protective Services.

(The full line up of IDoA activities follows this release). Some department favorites are scheduled on August 12 *Senior Day*, including the “NOT SO Newlywed Game” where couples, ages 50 years and older, test how much they really know about their spouse. Afterward, a seminar “Understanding Medicare” will be presented by Blue Cross/Blue Shield. Then IDoA will host the Illinois Senior Spelling Bee State Finals. Winners from the regional competitions will attempt correctly spell words until judges crown a senior spelling bee champion. Families are encouraged to pre-register for the “Grandparent Grandchild Contest”, when (on August 15) participants are judged on resemblance, costumes, talent and interviews. To pre-register, call (217) 785-3390.

Each day St. John's Hospital, Blue Cross/Blue Shield, and the Lion's Club offer free health screenings, including:

- Body Composition
- Blood Pressure/Stroke
- Blood Sugar/Glucose
- Cholesterol Diabetic Eye Testing
- Health/Weight
- Hearing
- Heart Risk Assessments
- Mental Health
- Overactive Bladder
- Pulmonary Function
- Rheumatoid Arthritis
- Skin Cancer (Derma Scan)

The Illinois Department on Aging thanks representatives from the state agencies and private companies who will be on hand during the entire fair to provide information about services to help older adults. They include:

- AARP
- Blue Cross and Blue Shield of Illinois
- Illinois Assistive Technology Project and Battery Specialists
- Illinois Bee Keepers
- Illinois Department of Employment Security
- Illinois Department of Public Health
- Illinois Department of Veterans' Affairs
- Illinois Heart Rescue
- Illinois Historic Preservation
- Illinois Lion's Club
- Illinois State Employees Retirees Association
- Illinois State Treasurer's Office
- Logan County Senior Center Bingo
- Prairie Heart Institute
- The Office of the Attorney General
- The Office of the Secretary of State
- St. John's Hospital
- Susan G. Komen for the Cure
- United Access
- United States Social Security Administration
- Watkins Home Products

For more information about the Department on Aging, call the Senior HelpLine at (800) 252-8966 or (or TTY for the hearing impaired at 888-206-1327), or log on to the website at [www.state.il.us/aging](http://www.state.il.us/aging).

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## 2013 Illinois Building Auditorium Schedule

*\*activities presented by the IL Department on Aging*

### Friday, August 9

#### **MC - Debbie Deopere (AAA for Lincolnland)**

- 8:30 a.m. 4-H Public Presentation Contests
- 1:00 p.m. 4-H Fashion Revue & Clover Celebration
- 2:15 p.m. Jan's Dance Studio Dazzlers (Springfield)
- 3:30 p.m. Marshal-Putnam-Stark Show Choir
- 5:00 p.m. Female Vocal Solo Contest**

### Saturday, August 10

#### **MC - Cathy Houghtby (IL Department on Aging)**

- 9:30 a.m. Marshal-Putnam-Start Show Choir
- 11:00 a.m. Springfield Ballet Company
- 11:40 a.m. Zumba Dance by Rebecca Romberger – Certified Zumba & Zumba Toning Instructor
- 12:15 p.m. Monica Hay (Auburn)
- 1:00 p.m. 4-H Fashion Revue and Clover Celebration
- 2:20 p.m. Kohl's Gotta Dance sponsored by St. John's Children's Hospital and Kohl's Cares
- 3:45 p.m. Kyla Cox – Hula Hoop Demonstrations (Springfield)
- 4:30 p.m. Catholic Mass
- 6:00 p.m. Male Vocal; Group Vocal; Keyboard and Instrumental Talent Contest**

### Sunday, August 11

#### **MC's - Kelly Dehlinger & Mary Ann Burge (CHIP)**

- 9:00 a.m. Lutheran Church Services
- 10:30 a.m. Church of Christ Services
- 12:00 p.m. Troupe Zahava - Middle Eastern Dance Company (Springfield)
- 1:00 p.m. Illinois 4-H Fashion Revue and Clover Celebration
- 2:15 p.m. Golden Girls & Guy (Springfield)
- 3:15 p.m. Gymnastics and Cheer Zone (Springfield)
- 4:30 p.m. Kohl's Gotta Dance sponsored by St. John's Children's Hospital and Kohl's Cares
- 6:00 p.m. Dance Solo and Dance Group Talent Contest**

### Monday, August 12 - SENIOR DAY

#### **MC's - Kelly Allen & Chuck Miller (IL Dept on Aging)**

- 8:00 a.m. 4-H Public Presentation Contests
- 11:00 a.m. The NOT SO Newlywed Game – sponsored by Central IL Senior Celebration and IL Dept on Aging**  
*Participants (couples 50 years of age or older) test how much they know about their spouse. Cash prizes awarded to the couple who answers most questions correctly. Register no later than Aug. 12, 10:45 a.m. in the IL Bldg.*
- 12:30 p.m. "Understanding Medicare" presented by Blue Cross/Blue Shield
- 1:00 p.m. IL Senior Spelling Bee State Finals - sponsored by IL Assoc of Senior Centers & IL Dept on Aging**
- 3:30 p.m. 4-H Fashion Revue and Clover Celebration

### Tuesday, August 13 (8:00 a.m.- 5:30 p.m.) IL Farm Bureau Young Leader Agri-Quiz Bowl State Competition

*Teams of County Farm Bureau Young Leaders/Young Farmers compete & test their knowledge in areas such as Ag Safety, Mechanics, Management, Animal Science Horticulture, Natural Resources, & Crop Management*

- 8:00 - 11:00 a.m. Preliminary Rounds
- 11:00 - 11:30 a.m. Announcement of *Achievement Award* and *Excellence in Agriculture* State Winners
- 11:30 a.m. - 4:30 p.m. Preliminary Rounds continue
- 4:30 p.m. Final Round
- 5:00 p.m. Announcement of Championship Team

Wednesday, August 14

**MC - Jennifer Phillips (Senior Services of Central Illinois)**

- 11:15 a.m. "Tax Preparation, Financial Education and Identity Theft" presented by Internal Revenue Service
- 12:00 p.m. Songbird Quartet (Chatham)
- 1:00 p.m. Mob on the Road (Springfield)
- 2:00 p.m. Mary Bryant Home Singers (Springfield)
- 3:00 p.m. Central Illinois Irish Dance (Springfield)
- 4:00 p.m. John Starman - Tai Chi Demonstration (Springfield)

Thursday, August 15

**MC - Rose Lipsky (Senior Services of Central Illinois)**

- 11:00 a.m. "Understanding Medicare" presented by Blue Cross Blue Shield
- 11:45 a.m. Adults in Ministry (AIM) Choir-Westside Christian Church (Springfield)
- 12:45 p.m. Silver Steppers (Springfield)
- 2:00 p.m. Grandparent/Grandchild Contest - hosted by Amie Meneghetti of COOL 101.9 FM  
and sponsored by the IL Dept on Aging and Springfield Supportive Living**  
*Participants are judged on resemblance, costumes, talent and interview. Prizes: 1st Place \$150; 2nd Place \$100;  
3rd Place \$50. Register no later than Aug 15<sup>th</sup> at 1:45 p.m. in the Illinois Bldg at the IL Dept on Aging booth.*
- 3:00 p.m. Fleming Academy of Performing Arts (Springfield)

Friday, August 16

(No Entertainment)

Saturday, August 17

(Entire entertain schedule will be provided by the Illinois Association of Park Districts)

- 10:00 a.m. Peoria Park District POPS Orchestra
- 11:45 a.m. Peoria Park District Summer Band and Orchestra
- 12:45 p.m. Peoria Park District Explosion Cheer and Dance Team
- 1:10 p.m. Hanover Park Park District Allegro Dance Company
- 2:00 p.m. Oak Forest Park District Oak Playhouse presents Peter Pan
- 2:30 p.m. Dolton Park District Stars Dance Troupe
- 3:10 p.m. Rockford Park District Young Eagles Soaring (YES) Club
- 4:30 p.m. Catholic Mass

Sunday, August 18

- 9:00 a.m. Lutheran Church Services
- 10:30 a.m. Church of Christ Services

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