



# Older Adult Services Advisory Committee Meeting

**Date:** March 12, 2007

**Location:** Illinois State Library, Springfield, Illinois

## IN ATTENDANCE:

### Committee Members:

- Darby Anderson – Addus HeathCare
- Carol Aronson – Shawnee Alliance for Seniors
- Pat Stacy Cohen – Illinois Adult Day Service Association
- Pat Comstock - Illinois Health Care Association
- Thomas Cornwell, MD – HomeCare Physicians
- Frank Daigh – family caregiver
- Donna Ginther – AARP
- Joyce Gusewelle – Eden United Church of Christ
- Flora Johnson – family caregiver and SEIU Local 880
- Michael Koronkowski – University of Illinois at Chicago
- Jonathan Lavin –Age Options
- Phyllis Mitzen – citizen member over 60
- Margaret Rudnik - Illinois Hospice and Palliative Care Organization
- Karen Schainker – Association of Illinois Senior Centers
- Tim Thomas – SEIU Local #4
- Cathy Weightman-Moore – Catholic Charities Long Term Care Ombudsman Program

### Committee Members not in attendance:

- Stephanie Altman – Health and Disability Advocates
- Dennis Bozzi – Life Services Network
- Ann M. Cooper – Illinois Association of Nutrition Programs
- Jerry Crabtree – The Township Officials of Illinois
- Myrtle Klauer – Illinois Council on Long Term Care
- Jonathan Lackland – Alzheimer’s Association
- David Lindeman – Mather LifeWays Institute on Aging
- Jean McCain – Livingston Manor
- Patricia O’Dea-Evans – Northwest Community Hospital
- Steven K. Rothschild, M.D. – Rush University Medical Center
- Carmen Velasquez – Alivio Medical Center
- Cheryl Woodson, M.D. – Woodson Center for Adult HealthCare

**Ex-officio – non voting Committee Members in attendance:**

- Charles D. Johnson – Illinois Department on Aging
- Kelly Cunningham for Theresa Wyatt – Illinois Department of Healthcare and Family Services
- Sally Petrone – Illinois Department on Aging, Long Term Care Ombudsman
- Jennifer Novak – Illinois Housing Development Authority
- Gwen Diehl – Illinois Department of Veterans Affairs
- Rob Kilbury for Teri Dederer – Illinois Department of Human Services
- Yvonne Clearwater – Illinois Department of Financial and Professional Regulation

**Ex-officio – non voting Committee Members not in attendance:**

- Enrique Unanue – Illinois Department of Public Health
- Jared Thornley – Office of the Governor

**OBSERVERS:**

- Jeremy Schroeder – SEIU 880
- Wesley Tower – East Central Illinois Area Agency on Aging
- Jason Speaks – Life Services Network
- Brigit Dyer Reynolds – ICARE Long Term Care Ombudsman Program
- Denise Cusack – ICARE Long Term Care Ombudsman Program
- Margaret Niederer – Illinois Citizens Action
- Marianne Brennan – Health and Medicine Policy Research Group

**Illinois Department on Aging:**

- Michael Gelder
- Shelly Ebbert
- Ross Grove
- Robin Morgan
- Leann Dolan
- Courtney Michel
- Andrea Mansfield
- John Eckert
- Elton Arrindell

**SUMMARY****Welcome and Introductory Remarks:**

Director Johnson welcomed members to the meeting. Members and guests introduced themselves. Pat Comstock moved to approve the minutes. Carol Aronson seconded. The minutes passed.

Frank Daigh moved to approve the agenda. Pat Comstock seconded. The agenda was approved.

**Executive Committee Report**

Deputy Gelder reported Cathy Weightman-Moore is the new co chair for the Coordinated Point of Entry workgroup. The new co chairs for the Nursing Home Conversion workgroup are Myrtle Klauer and Phyllis Mitzen.

The OASAC has vacancies in the following categories:

- County Officials
- Municipalities
- Health care facilities licensed under the Hospital Licensing Act
- Over 60
- Advanced practice nurse with experience in gerontological nursing
- Home health agencies
- Nursing homes or assisted living establishments

Please send any recommendations to the Department. The Department will then seek approval from the appropriate association.

The Operations Manual became effective January 1<sup>st</sup>. The workgroup open enrollment period resulted in 132 people signing up to be a member of a workgroup. The workgroup chairs have been given the new list of members. As a reminder, the workgroup meetings are open to the public. The meetings are scheduled and agendas developed based on the member list.

Department staff now has a more defined role according to the Operations Manual including maintaining the member roster, developing a meeting summary, posting meeting dates on the Department's website and working with the chair to produce and distribute the agenda and materials for meetings. The Operations Manual also requires the chairs and co chairs of workgroups to be voting members of the committee.

### **State Agency Reports**

Illinois Department of Healthcare and Family Services – Kelly Cunningham reported on the Money Follows the Person demonstration grant. HFS applied for the grant in concert with IDOA, DHS and IHDA. The first round of states were funded in late January. Illinois was not selected for the first round but did have the opportunity to submit clarification and resubmit the application which was completed in late February. HFS is still waiting on a response from CMS which is expected in the next month.

HFS is participating with the Iowa Foundation for Medicare and conducting a nursing home time study on Medicare rates. The Foundation is developing their own monitoring tool. HFS anticipates another statewide training in May with additional information.

Deputy Gelder suggested the OASAC have a longer presentation on the MDS as it is an important part of long term care.

Deputy Gelder added the Department is conducting time studies to establish rates for the Community Care Program and Comprehensive Care Coordination. This would also be something the finance workgroup could look at.

Illinois Housing Development Authority – Jennifer Novak reported the Office of Housing Coordination Services at IHDA is responsible for two state housing plans. The state Consolidated Plan is required by HUD which is submitted twice a year. There will be a public hearing tomorrow at the Illinois Municipal League offices on the 2006 performance report to discuss how well the money was spent.

The other plan is the Comprehensive Plan. It is completed and IHDA has permission to release it next week. The Rental Housing Support Program, released March 1 has a nine month application process. IHDA will be traveling around the state to promote the program. Applications are due December 1.

This is a unit based residential assistance program. It is different than what you see at the federal level. This program is for individual units within a building that would go toward very low income people.

IHDA is also working on a supportive housing focus to get more supportive housing developed in the state. The goal is develop a common definition of what supportive housing is, what the barriers are and get more supportive housing developed.

IHDA is linking other state services programs to those IHDA has to get more supportive housing. IHDA is working with OASAC, DSAC, ex offenders, people with HIV/AIDS, veterans and the division of mental health. IHDA will be working with each group's service reforms and their new plans. This information will be on IHDA's website.

The money used for home modification will be doubled this year to \$2 million. This will require another round of applications.

Illinois Department of Human Services - Rob Kilbury reported the home services program was funded at \$518 million. This is a \$42 million increase over last year to accommodate the personal assistant wage increase of \$1 per hour effective August 1. IDHS also received funding from IHDA to help people transition out of nursing homes.

Illinois Department on Aging - Director Johnson reported the Department held budget presentations in Springfield and Chicago. The Department proposed an overall increase of \$52.3 million. The majority of that increase goes to the homemaker program. A rate increase was not included. The Department is budgeting for a 3% case load growth of approximately 46,600. The Department's entire budget presentation is on the Department's website.

Committee members discussed the Governor's proposed budget.

Director Johnson added certain line items were combined to provide for greater flexibility as we near the end of the next fiscal year. The goal is to allow for the client to have more services to choose from and to have the funding available to pay for those services.

Shelly Ebbert reported Comprehensive Care Coordination (CCC) is scheduled to begin April 1 with new activities defined for the case manager and new rates. By the end of this fiscal year, all case managers will have been trained on holistic case management. The Department is in the process of developing a time study and cost study and will figure out how other programs are related to CCC including deinstitutionalization, enhanced transition and others. All of the programs will be meshed with CCC in the upcoming year.

Shelly Ebbert reported on Flexible Senior Services (FSS). Two million dollars was awarded to the Area Agencies on Aging (AAA) by formula and is being distributed as needed as needs are identified. The goal is to look at what services people need in terms of flexible services and look at the Medicaid waiver and maximize federal participation and broaden services on a flexible basis.

The Department will continue the partnership with IHDA in FY 08. Part of the funds will be used for assistive technology and the rest will support the Enhanced Transition/Home Again Program.

Cash and Counseling, the Department's consumer directed initiative, is scheduled to start services April 1. The Department is involved in discussions with IDHS, worker's compensation board and other agencies to discuss workers compensation for workers hired under Cash and Counseling using the

personal assistant type of option. We are trying to determine what is required for these workers, define how many hours they need to work to be covered, and how a client who is the employer will be accountable to workers compensation. The Department is taking the lead on this issue.

The Department is also working with HFS, home and community based services waiver section, to look at how we identify quality and provide for quality in the waiver program. The Department is meeting with consultants this week.

Shelly Ebbert reported on the OASAC report to the General Assembly which was handed out at the meeting. The draft report includes everything submitted by the workgroups with some edits for consistency. The workgroup chairs have had an opportunity to edit. At the full committee meeting in December, the executive summary was approved. We are working on the final edit. Please double check spelling of names and let the Department know of any corrections of if something is missing. We hope to distribute the report by the end of March.

Shelly Ebbert proposed (after some discussion with executive committee members) to reevaluate the format of the report and start the process sooner in an effort to publish the report in January.

Shelly Ebbert updated members on the success of the Governor's Conference. The session on long term care reform had 75 participants. She distributed a summary of the Town Hall meeting and noted it was successful. The Town Hall meeting included several suggestions that OASAC spend some time on the importance of health promotion. That was not included in the OASAC report.

### **Workgroup Reports**

Written reports were received and distributed from Services Expansion, CPOE, Conversion and Workforce/Caregiver workgroups.

Jon Lavin asked to discuss two issues the Coordinated Point of Entry workgroup is dealing with. CPOE would like direction from the department on how to implement the CPOE legislative intent into our system where we may have different people providing different parts of the system. There are various ways of looking at getting to service. CPOE would like to step back and try to make sure the direction they are going is the most logical.

CPOE's second question is if they may proceed to brand the state as a CPOE at this time. Deputy Gelder responded they should work on branding. The workgroup should vote on a recommendation, share it with the executive committee, and bring it to the full committee as an action item.

Shelly Ebbert clarified the process for getting workgroup action items discussed at the full committee meetings. We have agreed to submit workgroup reports in writing to allow time for the full committee to discuss issues and action items. If the workgroup has an issue that needs to be discussed by the full committee, it would be helpful to discuss with Shelly Ebbert when the agenda is being developed and to also bring it up at the executive committee meetings where the full committee agenda is discussed.

### **Presentations**

Enhanced Transition, Home Again Preliminary Report – Marianne Brennan, Health and Medicine Policy Research Group, presented on the information that was collected in collaboration with the Department on the Enhanced Transition/Home Again program. HMPRG examined data on the program from July 2005 through December 2006 and provided analysis on the 400 people assessed and 133 transitioned. A more comprehensive analysis including key informant interviews will be presented in September.

Disease Management Discussion – Jane Kessler, Illinois Department of Public Health, Bureau of Disease Management and Mike O’Donnell, East Central Illinois Area Agency on Aging, presented on the Disease Management Program.

In June 2006, IDOA PSAs 5, 12, and 13 collaborated on a grant for Evidence Based Prevention with the Administration on Aging. Illinois is implementing two projects. The Chronic Disease Self Management Program is a six week course with 2 ½ hour weekly sessions. Program evaluation in the original states showed those clients that participated in the program spent fewer days in hospital and had a trend toward fewer outpatient visits. For every dollar the state put in, it saved ten. The results persisted for 3 years.

The other program is the home based exercise program through the Area Agencies on Aging. The program targets homebound elders, disabled and non disabled. The exercises target muscles used for every day movement. The program includes exercise video, exercises provided verbally by a trainer and shown on video. PSAs 5, 12, and 13 are participating and being trained by master trainers.

Jon Lavin reported that Age Options, Inc is working with the city of Chicago and has forty people trained. The trainings have been scheduled to bring in people with chronic disease. The training is very rigorous and requires following the curriculum exactly.

Michael O’Donnell reported for East Central Illinois Area Agency on Aging. The theme of the NCOA conference was rethinking aging. As we rethink long term care, empower the individual to manage chronic conditions at home for as long as possible. These programs give the individual the tools to do that. The AAA is partnering the Starting Points on this project and covers 15 counties.

### **Other Business**

Deputy Gelder reported members of the state agencies met before the meeting. They hope to add expertise by having more regular involvement by Jane Kessler at IDPH. There is expertise on disease prevention and chronic disease management and an understanding of conditions of Illinois residents at the IDPH. We need to integrate that as best we can and will try to bring Jane here on a regular basis.

Members were encouraged to pick up Emergency Home Response Brochures. Members were reminded to fill out their ethics timesheets.

The meeting adjourned at 2:10 pm.

These minutes were approved June 11, 2007