



## ILLINOIS DEPARTMENT OF VETERANS' AFFAIRS

ERICA JEFFRIES • DIRECTOR

# NEWS

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# Media Advisory

*Illinois Department of Veterans Affairs hosts  
Women and the Military Empowerment Symposium*

- WHAT:** Illinois Department of Veterans Affairs will host the Women and Military Empowerment Symposium. Women veterans will learn what benefits are available to all honorably discharged veterans; how to improve their communication and networking skills and how to take care of themselves first. Featured topics include “I Served, now what?” – Available benefits for women who served; “Donning your Civilian Camouflage” – Making a smooth transition from a military to civilian career; and “Put your Oxygen Mask on First!!” – How to take care of self before you support others.
- WHEN:** Thursday, November 3, 2016
- WHERE:** Southwestern Illinois College – Belleville Campus  
Liberal Arts building 1370 (LA Theater)
- TIME:** 9:00 am – 1:00 PM